



BANGALORE HOSPICE TRUST NEWSLETTER

JANUARY . FEBRUARY . MARCH 2025



Mrs. Kala Devarajan
(Treasurer)

Dear All,

Hope you're having a productive day!

Following our successful financial year, I am reaching out to you today, with a heart full of gratitude. Looking back at more than two decades of my journey as treasurer of BHT-Karunashraya, I am truly humbled by the incredible work and support you have all shown.

To our dedicated employees, your tireless efforts in implementing our programs and ensuring every rupee is utilized effectively are the backbone of our organization. In spite of keeping close control on expenses to ensure the organization has sufficient funds to operate and deliver its services, you've demonstrated not just the professional dedication, but a genuine passion for our mission.

To our generous corporate donors, your contributions have been the lifeblood of our initiatives. Being an NGO, we have been particularly vigilant in ensuring the ethical and transparent use of the donation funds. You've enabled Karunashraya to serve countless lives, provided essential resources and helped us create a lasting change. Your trust in our work is our greatest asset.

And to our invaluable volunteers, your practical assistance to Karunashraya in areas of need, proving that even small acts of kindness can create significant ripples.

However, we know that our mission of reaching out to the wider world in creating awareness for palliative care is far from complete. There are still many challenges to overcome, and countless terminally ill cancer patients who need our support.

Looking ahead, I am filled with optimism. Let us be even more strategic in our resource allocation, even more proactive in finding cost-effective solutions, and even more watchful in maximizing the impact of every rupee spent. Let us remember that every contribution, no matter how small, makes a difference.

Thank you all for being a part of the Karunashraya family and ensuring the financial health and sustainability of our organisation, hence enabling it to provide compassionate care for those in need.

BANGALORE HOSPICE TRUST : PATIENT STATISTICS

BAGCHI KARUNASHRAYA HOME CARE

NEW ADMISSIONS : 49
DEATH : 8
TOTAL HOME CARE VISIT : 488

BHT- KARUNASHRAYA HOME CARE

NEW ADMISSIONS : 70
DEATH : 39
TOTAL HOME CARE VISIT : 755

BAGCHI KARUNASHRAYA IN-PATIENT

NEW ADMISSIONS : 104
RE ADMISSIONS : 32
NO. OF IN-PATIENTS : 136

BHT- KARUNASHRAYA IN-PATIENT

NEW ADMISSIONS : 196
RE ADMISSIONS : 78
NO. OF IN-PATIENTS : 274
NO. OF OPD PATIENTS TREATED : 56

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BAGCHI KARUNASHRAYA PALLIATIVE CARE CENTRE INAUGURATION

Bangalore Hospice Trust (BHT-Karunashraya) was thrilled to announce the inauguration of its state-of-the-art palliative care facility, the Bagchi Karunashraya Palliative Care Centre (BKPCC), in Bhubaneswar on January 21st, 2025. This significant expansion of our mission to provide compassionate care for patients with advanced and terminal cancer was celebrated with a distinguished gathering. The event was graced by the Honorable Chief Minister of Odisha, Shri Mohan Charan Majhi, Union Education Minister Shri Dharmendra Pradhan, State Health and Family Minister Dr. Mukesh Mahaling, Chief Secretary, Govt. of Odisha, Shri Manoj Ahuja, our own Managing Trustee, Shri Gurmeet Singh Randhawa, Medical Director Dr. Srinagesh Simha, and CEO Sri Mathew George Chandy.



This initiative has been made possible through the generous support of Shri Subroto Bagchi and Smt. Susmita Bagchi, whose philanthropy has enabled the establishment of this vital healthcare facility. The Government of Odisha has extended its support by providing 20 acres of land, facilitating the development of a center that will ensure access to free, high-quality palliative care. The inauguration commenced with a graceful invocation dance by Padmashree Iliana Citaristi, marking the beginning of a significant milestone in the advancement of palliative care services in the region.





BHT - KARUNASHRAYA

NEWSLETTER

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EDUCATION & RESEARCH

KARUNASHRAYA INSTITUTE FOR PALLIATIVE CARE EDUCATION AND RESEARCH (KIPCER) - KEY ACHIEVEMENTS & INITIATIVES

KIPCER continues to make remarkable progress in advancing palliative care through innovative training programs, impactful publications, and ongoing research. This quarter has seen significant achievements across Education & Training, academic contributions, and research initiatives, underscoring KIPCER's leadership in providing holistic, compassionate care.

KEY ACHIEVEMENTS

- KIPCER is proud to announce the successful completion of the Enable Quality Improve Patient Care – India (EQUIP-QI) project, an initiative by the National Cancer Grid (NCG) in collaboration with Stanford Medicine, USA.
- Successfully completed the 33rd batch of General Duty Assistant



WORKSHOPS

- Mindful Caregiving- A Workshop to Enhance the Skills in Caring for the Dying: A one-day workshop, attended by 20 participants, featured impactful sessions led by Krittika Sharma and Meenu S. Babu, along with Dr. Seema R. Rao and Michelle Normen, offering a unique blend of self-reflection and mindfulness practices.
- Communication Skills in Neuropalliative Care: KIPCER successfully organized a 2-day workshop on Communication Skills in Neuropalliative Care, in Mumbai with nearly 26 participants engaging in interactive case discussions, roleplays, and enriching experiential learning sessions led by esteemed faculty.
- A Workshop on Spirituality in Palliative Care: KIPCER hosted its second workshop on 'Spirituality in Palliative Care,' with 19 participants from diverse backgrounds. This two-day workshop offered practical insights into understanding and addressing spiritual needs in palli



CONFERENCE

- IAPCON 2025, Jammu: KIPCER along with Karunashraya members had a remarkable experience at the IAPCON conference held at Jammu. The team presented a total of 3 oral presentations, 5 poster presentations and 5 expert speakers and won the 2nd Best Poster Presentation Award and the 2nd Best Oral Presentation Award. The Team also held one pre-conference workshop on "Seeing the Unseen".
- At the 7th Asia Pacific Psycho-Oncology Network (APPON) Pre-conference Workshop, Dr Seema & Michelle Normen conducted a session on "Communication Matters: Enhancing Conversations in Cancer Care" and took part in panel discussions as experts.



ONLINE EDUCATIONAL PROGRAMS

- Dr. Seema R Rao delivered multiple online sessions, including a talk on "Spirituality in Pediatric Palliative Care and the Role of Physicians in Assessment & Support" in collaboration with Two World Cancer Collaboration, attended by 18 paediatricians undergoing a fellowship in pediatric palliative care from across the globe. She also conducted sessions on "Medical Ethics" and "Delirium" for 80 doctors as part of Pallium India's Foundation Course in Palliative Medicine. She also delivered lectures on End-of-Life Care for both IAPC's Foundation Course in Essentials of Palliative Care and the APM Lecture Series for nurses.
- Sangeetha N conducted online classes for IAPC's Foundation Course in Essentials of Palliative Care on "Oral Care and Skin Care" and Pallium India's Foundation Course in Palliative Medicine on "Wound Management."

CME (CONTINUING MEDICAL EDUCATION)

- Dr. Seema and Ms. Sangeetha N were invited as speakers at the two-day workshop titled "Mind Matters in Cancer Care – Psycho-Oncology Workshop" held in Shillong. They delivered insightful sessions on various topics, including an overview of Karunashraya, Home Care Services, Symptom Management in Palliative Care, End-of-Life Care: Prognostication and Management, and Nursing Issues in Palliative Care.
- The Geriatric ELNEC training program, held at Manipal College of Nursing, by Sangeetha N in collaboration with Manipal College of Nursing, Geriatric Nurses Association of India, ELNEC, and Hospice and Palliative Care Nurses Association of India.
- Michelle Normen led a talk on "Grief Counselling: Psychosocial Issues in End-of-Life" at the CME on Organ and Tissue Transplant Program held at Bangalore Medical Services – Rotary Club, Indiranagar.



ADVOCACY

- Michelle Normen conducted several impactful sessions, including "Preparing Families for Loss and Beyond" for Government Medical Officers under Tamil Nadu's Department of Public Health and Preventive Medicine through the Cancer Institute with ECHO India, "Women and Mental Health" at San Engineering, and "Living Beyond: Building Meaningful Legacies in Palliative Care" at the Psycho-Oncology Meet by Bangalore Baptist Hospital's Oncology Department.
- Dr Seema R Rao conducted a session on "Mental Health Issues During Various Age Groups in Women" for nurses at AIIMS Deogarh as part of International Women's Day celebrations and delivered an awareness talk at the HAL Tejas Division, Bengaluru and CISCO.
- Sangeetha N led a session for the Oakridge International School students about awareness of Cancer and its types.





CONFERENCE PRESENTATIONS

IAPCON 2025

Oral Presentations

- Impact of a Spirituality Workshop for Healthcare Providers in a Palliative Care Setting
- Impact of "Seeing the Unseen": A Workshop to Enhance Psychosocial Care Skills in Palliative Care
- Understanding Spirituality in Palliative Care: A Content Analysis of Spirituality Workshop Reflection

Poster Presentations

- Psychiatric Referrals at an Inpatient Hospice for Cancer Patients: A Retrospective Audit
- Bridging Dignity and Care: The Role of the "Final Journey Form" in Streamlining End-of-Life Care
- Physiotherapy in Palliative Care: A Retrospective Study of Characteristics of Physiotherapy Referrals and Interventions at an Urban Indian Hospice
- Psychosocial Evaluation in an Inpatient Hospice for Cancer Patients: A Retrospective Audit
- Evaluating Wound Care Documentation and Practices for Terminally Ill Cancer Patients in a Hospice Setting



APPON 2025

Poster Presentation

- Exploring Dignity Therapy as a Therapeutic Intervention for Terminally Ill Cancer Patients: A Case Study



RESEARCH

Publications:

- Breathlessness in INDIA (BREATHE-INDIA): realist review to develop explanatory programme theory about breathlessness self-management in India

Clark, J., Salins, N., Sherigar, M. et al. BREATHLESSness in INDIA (BREATHE-INDIA): realist review to develop explanatory programme theory about breathlessness self-management in India. npj Prim. Care Respir. Med. 35, 13 (2025). <https://doi.org/10.1038/s41533-025-00420-2>

ONGOING RESEARCH

Active projects focus on key areas such as:

- Caregiver Burden assessment and support strategies.
- Frameworks for enhancing end-of-life care and nursing competencies.
- Communication challenges and solutions in end-of-life care conversations.
- Collusion management in patient-family dynamics.

These research efforts aim to address real-world challenges in delivering holistic and effective palliative care.



TRAINING



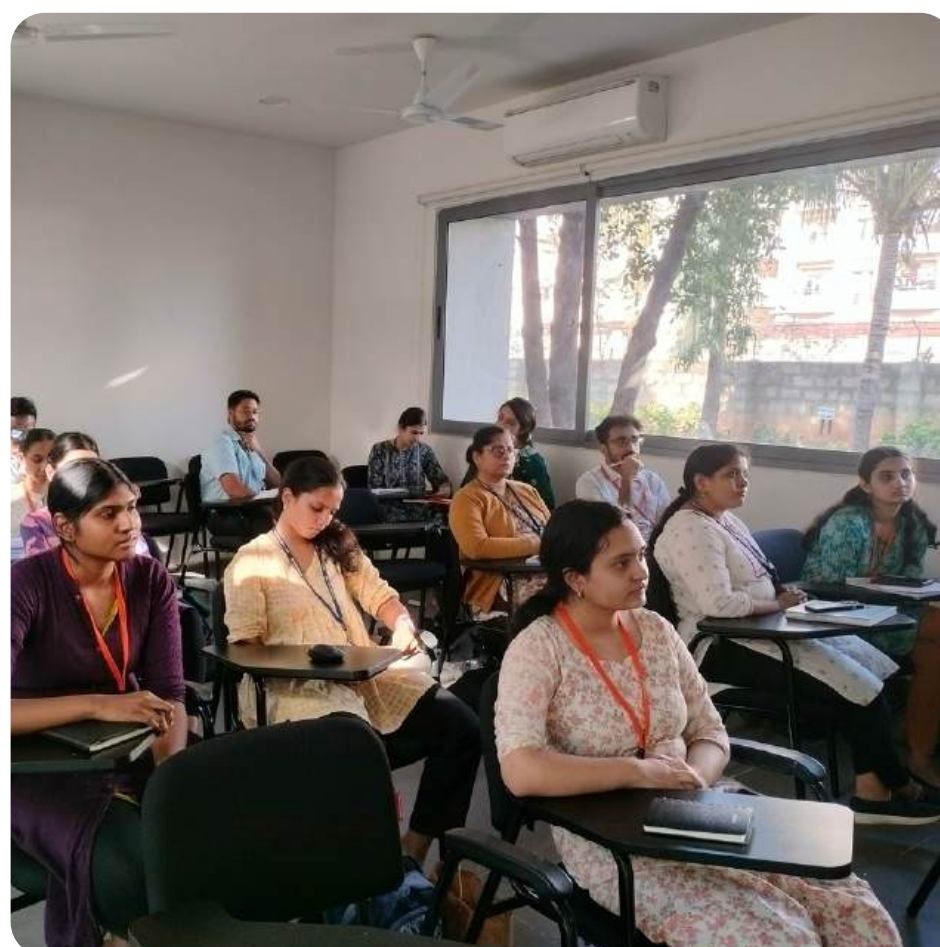
**ASIA -PACIFIC PSYCHO-ONCOLOGY NETWORK
APPON 7
PRE-CONFERENCE WORKSHOP**

Communication Matters: Enhancing Conversations in Cancer Care

Dr Seema R Rao
Director (Education & Research), Bangalore Hospice Trust
Karunashraya Institute for Palliative Care Education and Research (KIPCER)

Ms Michelle Norman, Psycho-Oncologist,
Bangalore Hospice Trust

To Register



Bangalore Baptist Hospital
Invites you to
A Psycho-Oncology Meet on:

GRIEF SUPPORT
Understanding & Responding
to the Needs of Patients and Families

Tuesday, 21st January, 2025
2:30 pm to 4.30 pm
Hellinger Auditorium, Bangalore Baptist Hospital

Speakers:
Dr. Edward Shaw
(Radiation Oncologist and Mental Health Counsellor)
Ms. Michelle Normen
(Psycho-oncologist & Lead -

INTERNSHIPS & CLINICAL POSTINGS:

- Hosted interns from top institutions, including Manipal Academy of Higher Education, NIMHANS, St. Joseph's University and Christ University, providing hands-on learning in physical, psychosocial, and spiritual care.
- Interns actively participated in activities like breaking bad news, counselling, EOLC, Distress management, and patient care, gaining valuable practical experience.

ORIENTATIONS:

KIPCER welcomed over 122 students from esteemed institutions such as Presidency College, Jain University, St Claret College, and Sama Foundation for introductory sessions on Palliative Care.

INHOUSE TRAINING

- External Training Programs: 22
- Internal Training Programs: 12
- Visiting Observers: 197
- Internships / Fieldworkers: 25
- Educational Institution: 4
- Number Of Doctors Trained: 316
- Nurses Trained: 242
- Mental Health Professionals: 88
- Other Healthcare Professionals: 71
- General Public: 204



BHT - KARUNASHRAYA

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MEDICAL AND NURSING CARE

MOU WITH NIMHANS

Bangalore Hospice Trust-Karunashraya renewed a MoU with National Institute of Mental Health and Neuro Sciences (NIMHANS) Bengaluru on 5th March 2025. Dr. Pratima Murthy Director NIMHANS and Dr. Nagesh Simha Medical Director BHT-K signed the document in the presence of Prof Santosh K Chaturvedi, Prof Poornima Bhola and Mr. Mathew George Chandy CEO of BHT.

The longstanding support of NIMHANS, spanning over three decades, is greatly appreciated. We are excited to explore fresh avenues of collaboration and thank Dr. Murthy for his support in this endeavor.

IMPORTANCE OF PAIN MANAGEMENT IN PALLIATIVE CARE

Palliative care is all about managing pain of the patient. According to Dr. Kavita at BHT Karunashraya the most important role of pain management in cancer patients is to improve their quality of life, increase positive outlook, raise hope of living and provide respite to caregivers. She highlights the importance of a detailed patient history and comprehensive assessment for effective pain management. This process involves a collaborative team of doctors, counselors, physiotherapists, and caregivers, who address symptoms from psychological, emotional, and physical perspectives. Dr. Kavita states, "Every bed at Karunashraya has a story to tell." One such story involves a patient who arrived emotionally withdrawn and in severe pain, refusing to communicate. Through consistent counseling and personalized care, the team established a connection, enabling them to address both her physical and emotional pain. This holistic approach ensured a more comfortable and dignified end-of-life journey.

- Dr Kavitha





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COUNSELLING & SUPPORTIVE CARE

This edition explores the comprehensive support services provided at Karunashraya. We will examine the diverse therapeutic approaches available to both patients and staff, underscoring the critical role of emotional well-being. Furthermore, we will emphasize our commitment to honoring patients' wishes and celebrating significant life milestones, such as birthdays, while acknowledging the profound impact they have on our lives.

THE BUBBLE OF STRENGTH

Mrs. D, a retired Lt Colonel in the army, was deeply respected for her work in the nursing department. She and her husband had planned their retirement, and their two daughters, both happily married, were proud of her accomplishments. However, when Mrs. D was diagnosed with cancer, it deeply affected the family. Despite the toll it took, Mrs. D faced her diagnosis with strength, relying on her nursing knowledge and military courage. She chose minimal treatment and opted for palliative care, and her family's respect for her autonomy remained unwavering.

Her daughters took on distinct roles—one managing logistics and the other providing emotional support—while her husband focused on being there for his beloved wife. The family remained united, strong, and unbroken, much like a protective bubble, until Mrs. D's peaceful passing.

To honor her, the family created a legacy project through art, celebrating her life and its precious impact. Mrs. D passed on with dignity, leaving behind a lasting legacy of love, strength, and unity.



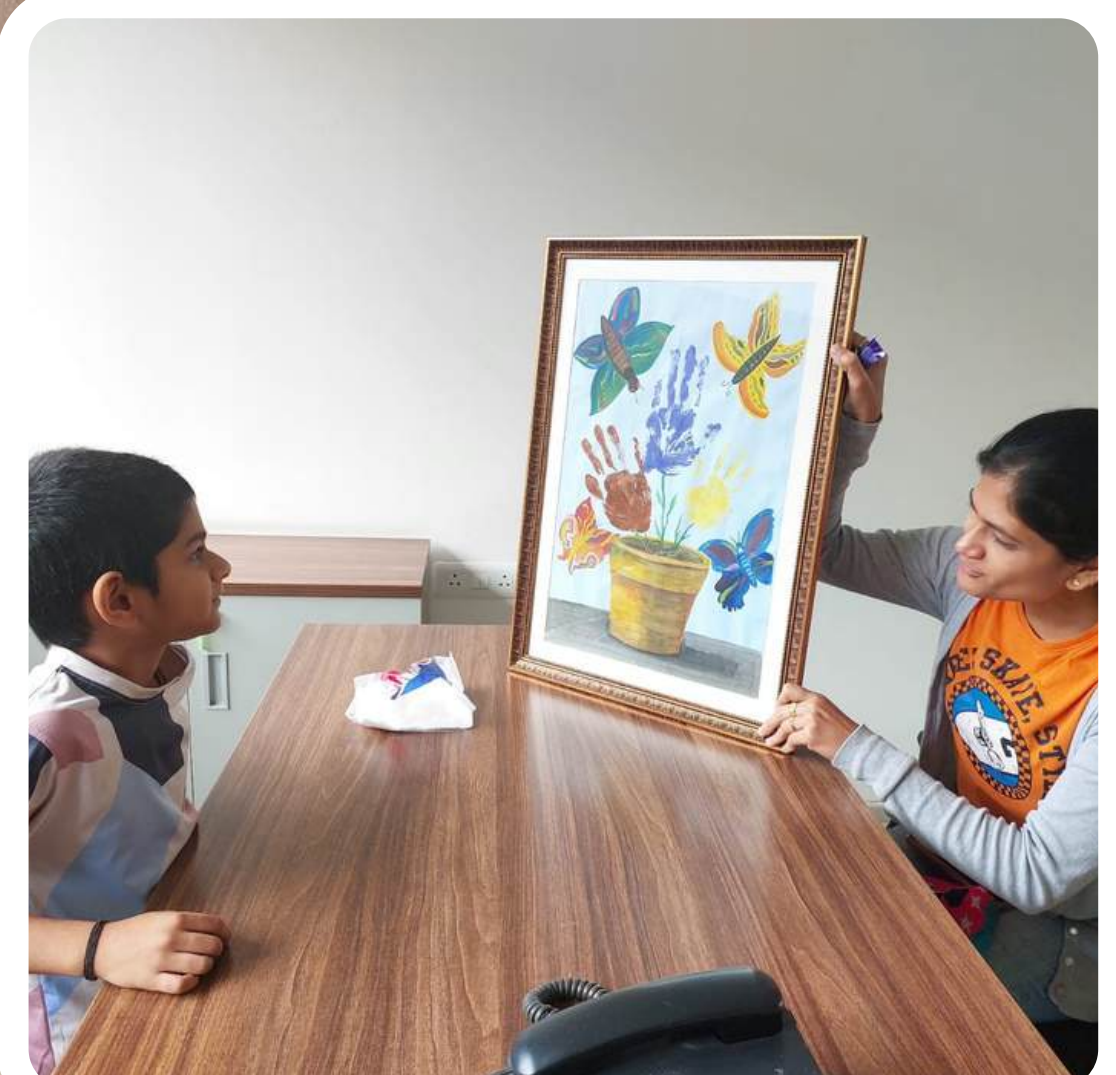
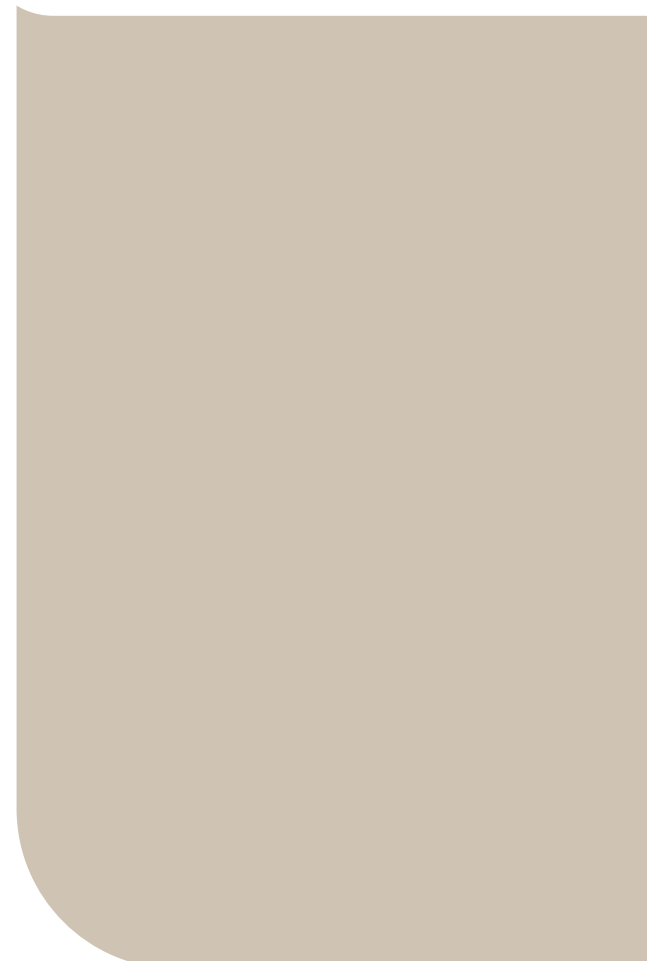
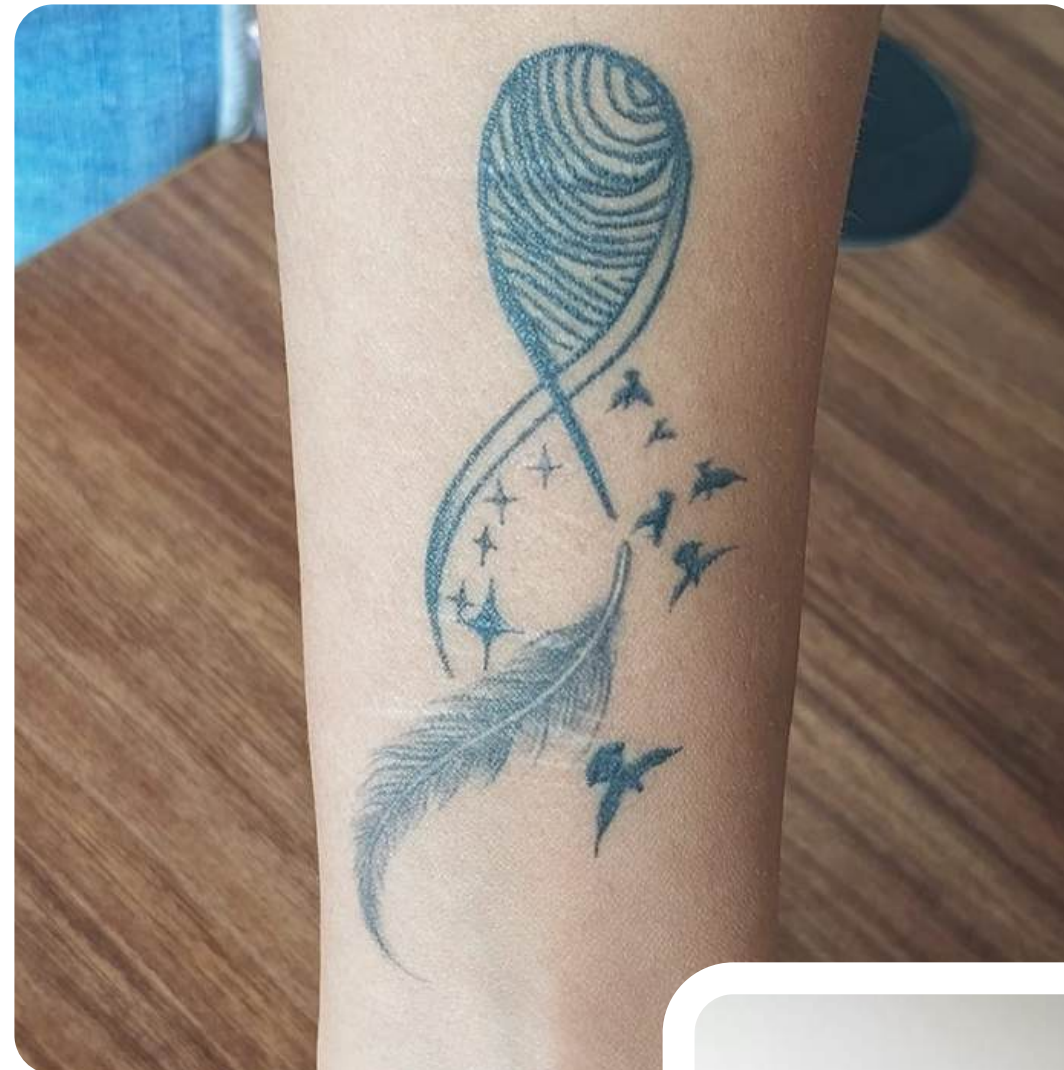
A LASTING MEMORY OF LOVE

In the quiet moments of farewell, a wife wished to keep a part of her husband with her forever. As her husband neared the end of his journey, she expressed her desire to create a memory - something she could hold onto even after he was gone.

In the final moments, we took his palm print, preserving it in a beautiful photo frame - a lasting symbol of his presence in their family. Alongside it, his thumbprint was imprinted, not just on paper, but on his wife's hand, where she turned it into a permanent tattoo.

Her tattoo was more than just ink; it was a story of love and loss. She designed it in the shape of the infinity symbol, with his thumbprint on one side. The other side was embraced by a mother feather - protecting him in heaven, holding stars within it - representing him, now beyond reach. The birds flying outside symbolized those who love him, still searching for his presence in their lives.

This legacy work became more than a keepsake - it became a bridge between what was and what remains, a reminder that love never truly fades.



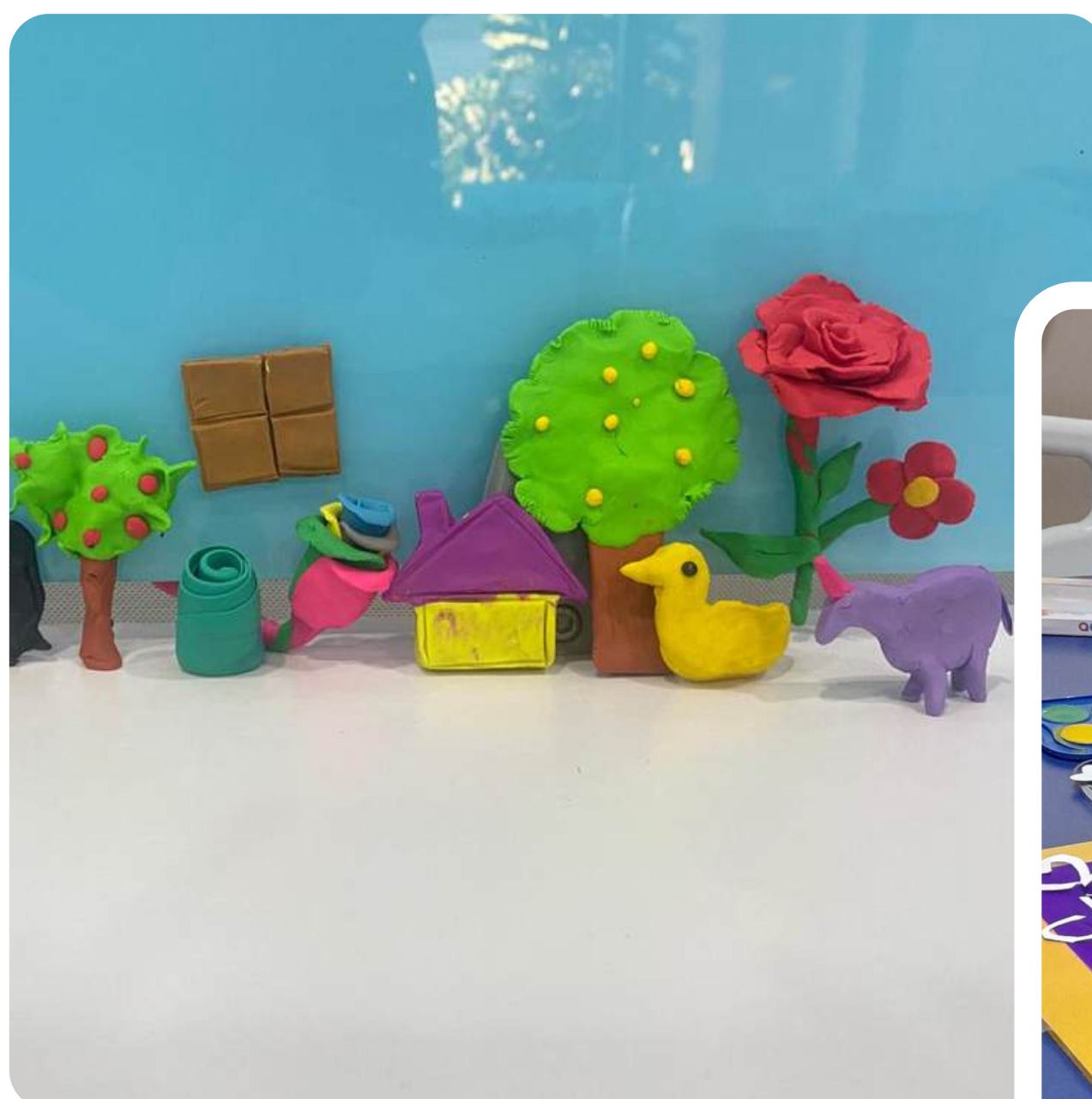
BIRDS LIFE IN THE FOREST

Mr. R, an 80-year-old widower and former teacher from Tamil Nadu, distanced himself from his family after ongoing disagreements with his older daughter. After being diagnosed with prostate cancer, he sought help from Karunashraya, though his family was formally notified, they did not respond. The counselor, seeking insight into his family dynamics, planned an art therapy session through the art therapy intern. The initial plan was to conduct a single session of art therapy to gain insights into the client's familial relationships, especially since he had distanced himself from his family. To explore this, the Bird's Nest drawing assessment was intended to be administered, as it evaluates an individual's attachment style. However, the client resisted and instead opted for a free-drawing exercise. Following this, he participated in a bilateral drawing exercise to enhance emotional expression, which led him to draw a bird's nest, titled "Bird's life in the forest," accompanied by a story about a crow symbolizing commitment. The assessment revealed an insecure attachment style, but the qualitative insights suggested the client felt his efforts to support his family were unrecognized, offering valuable understanding of his emotional state.

RECLAIMING JOY: THE HEALING POWER OF ART

Diversional therapy through art offered the patient Mrs. Y a meaningful escape from the daily struggles of living with both Parkinson's disease and cancer. Despite the physical limitations imposed by her conditions, the simple act of holding a pencil and engaging in creative expression gave her a profound sense of accomplishment and independence. This act, which may seem small to some, allowed her to reconnect with a part of herself that wasn't defined by her illnesses. As she immersed herself in the process of creating, she found a sense of purpose and satisfaction that transcended her physical limitations and the constant medical challenges she faced.

In those moments, the patient experienced a temporary reprieve from the overwhelming weight of both Parkinson's symptoms and cancer. The pain, fatigue, and uncertainty that come with these life-limiting conditions were momentarily lifted, allowing her to feel free, joyful, and in control. Art provided her with a safe space to express herself, to explore emotions that were otherwise hard to communicate, and to rediscover a sense of identity beyond her diagnosis. Through this creative outlet, she found not only relief but also a renewed connection to life, filled with meaning and delight. It was a reminder that, even in the face of serious illness, there are ways to find joy, purpose, and healing. Art became more than just a distraction—it became a source of strength, emotional freedom, and a way to reclaim a sense of self in the midst of adversity.





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EVENTS & PROGRAMS

WORLD CANCER DAY

AT BAGCHI KARUNASHRAYA

We were honoured to be part of the World Cancer Day event at KIMS - Kalinga Institute of Medical Sciences Cancer Centre, on February 4, 2025. The insightful discussion focused on cancer prevention, early detection, and the critical role of palliative care in improving patient quality of life. Our COO, Mr. Georjo Pius Vaipana, represented Bagchi Karunashraya Palliative Care Centre (BKPCC) as an external panelist, passionately advocating for the early integration of palliative care in cancer treatment. This quarter features collaborations focused on cancer and palliative care awareness.



AT KARUNASHRAYA BANGALORE

On February 4th, 2025 – World Cancer Day, we were honored to welcome GE Vernova global employees to Bangalore Hospice Trust - Karunashraya for a heartfelt day of giving and care. The day began with an incredible gesture—GE Vernova donated essential medical equipment, strengthening our ability to provide the best possible care to terminally ill cancer patients. Their generosity will leave a lasting impact on the lives of those we serve. Beyond the donation, the team immersed themselves in volunteering activities, supporting our dedicated nurses and making a meaningful difference through their time and effort. It was a big feat forward.



BKPCC- BAKUL FOUNDATION

The Bakul Foundation volunteers brought a day of enriching experiences to Bagchi Karunashraya Palliative Care Centre on March 5th, 2025. The day featured a comprehensive orientation on palliative care by our team, a guided tour of the campus, musical and dance performances by the volunteers, storytelling session by Founder Mr. Sujit Mahapatra, popular dialogue deliveries by Odia TV personality Mrs. Sofia Alam, and art therapy session for the nursing staff. It was a meaningful volunteering session by Bakul Foundation.



CSR VOLUNTEERS

Planview
Nutanix
HAL Engine Division
ANZ
Eshaa Corporate Service
TCS
Spearhead Technology
GE Vernova
HAL LCA Tejas division
Rotary Chennai
Oracle
Baxter
Accenture
Crayon
Madura Coats
Clarivate Technology
AT&T
NTT Data
Cisco
Bosch
Symphony Concert AI
HP

LIONS CLUBS INTERNATIONAL LAUNCHES CAMPAIGN AFTER SEEING KARUNASHRAYA'S IMPACT.

At the Lions Clubs International 24th Annual District Conference - District 322B1 on February 23, 2025, in Kolkata, Mr. Mathew George Chandy, CEO of BHT-Karunashraya, addressed over 800 attendees on the importance of hospices and palliative care in India. He shared insights on developing new palliative care centers, highlighting the urgent need for more hospices. Following a visit to BHT-Karunashraya, key Lions Clubs International, Kolkata members were deeply moved by the free, high-quality care provided to terminally ill cancer patients. Inspired by this experience, the organization initiated a palliative care awareness campaign, further strengthening advocacy efforts in this vital healthcare sector.



OTHER VOLUNTEERS

Giftabled
Rotary International Diversity & Inclusion Task Force
Athuraj Family
Ganni and Friends
Ramamurthy Nagar Residents Welfare Association
Odisha Community of Bangalore
Aavanya
Anuradha Berry
Purnima Sama
Kalarpana.

NETWORK 18 AWARD

We are proud to share that Bagchi Karunashraya Palliative Care Centre has been honoured with the 2025 Excellence in Palliative Care Award by Network 18, Odisha, at their recently held Healthcare Summit. This recognition is a testament to our commitment to delivering compassionate and quality palliative care in Odisha.

Our CEO, Mr. Mathew George Chandy, COO, Mr. Georjo Pius Vaipana, and Associate Consultant, Dr. Satish Sadangi, had the privilege of receiving this esteemed award.



A MARATHON OF COMPASSION & HOPE

The morning of 15th February 2025 was filled with energy and enthusiasm as the Sharanya Narayani International School (SNIS) Marathon brought together runners, all united for a cause. For the past five years, SNIS has been organizing this impactful event to raise funds for compassionate palliative care and spread awareness about advanced-stage cancer patients. The marathon was a resounding success, with enthusiastic participation from SNIS management, students, employees, and other supporters who ran to make a difference. All proceeds from the marathon directly support Karunashraya's mission. Every step taken in this marathon was a step towards hope, dignity, and care for those in need.



EDUCATIONAL INSTITUTIONS

CMC Vellore
 DY Patil Architecture College- Kolhapur
 Shishya BEML
 Presidency College
 NPS indiranagar
 Army Public School
 East Point College
 Sharanya Narayani International School
 NPS-HSR
 Jain College
 Oakridge International School
 International School of Bangalore
 Saint Claret College
 East West School of Architecture.





HAL TEJAS: CANCER AND PALLIATIVE CARE EDUCATION

At the invitation of HAL's TEJAS division, Karunashraya conducted a cancer journey and palliative care awareness program, building on its ongoing collaboration with Hindustan Aeronautics Limited. The informative session, attended by over a hundred participants, addressed misconceptions and highlighted the benefits of hospice care. Many attendees gained new insights into how palliative care provides pain relief and enhances the quality of life for end-stage cancer patients. HAL's support continues to play a vital role in helping Karunashraya expand its reach and impact.

WALKATHON BY OAKRIDGE INTERNATIONAL SCHOOL

Oakridge International School organized an impactful night walkathon on March 21, 2025, to educate students and parents about the complete cancer journey. The event featured insightful talks on curative treatments and discussions on palliative care. Additionally, cancer survivors shared their powerful stories and experiences. Spanning from dusk to dawn, the event included Zumba sessions, games, and interactive activities to keep participants engaged. The walkathon symbolized the challenges of a cancer journey, drawing a parallel between walking through the night and overcoming adversity—just as hope and resilience emerge after difficult times. The event saw enthusiastic participation and was a resounding success.



YOUNG MINDS WITH BIG HEARTS

National Public School has consistently supported Karunashraya's mission. Recently, NPS-HSR students raised funds through their entrepreneurship program, while NPS-Indiranagar students conducted a newspaper collection drive, selling the collected papers. All proceeds from these initiatives were donated to Karunashraya. We are immensely proud to see our youngest volunteers so dedicated to social causes.



EVENTS & PROGRAMS

CISCO IMPACT DAY

During Cisco's Global Giving Month, Karunashraya was invited to present a cancer awareness program on Cisco Impact Day. Hosted by Cisco's Finance Women Network, the session engaged over 100 participants from the global finance department, primarily women. The insightful session provided valuable information on cancer awareness and the importance of palliative care for end-stage patients. An interactive Q&A session followed, addressing concerns and dispelling misconceptions. The program was well-received, reinforcing the significance of early awareness and palliative care.



BANGALORE ODISHA COMMUNITY

Karunashraya was invited to present a cancer awareness program at the Bangalore Odia Community's annual New Year celebration. The session, attended by over 400 participants near Marathahalli, was well-received, providing an opportunity to expand awareness and outreach within the community.





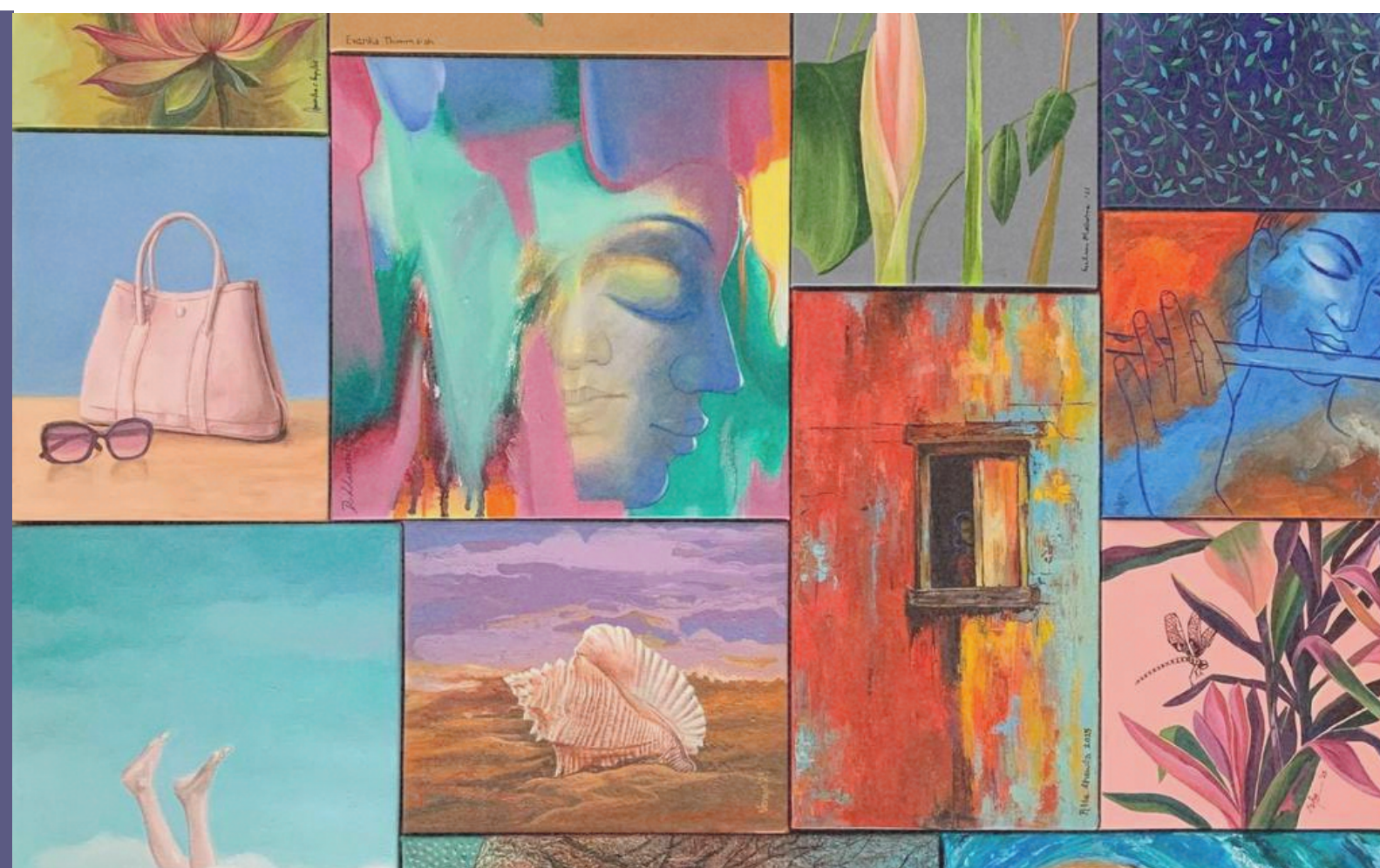
WOMEN'S DAY CELEBRATION

In celebration of Women's Day, Karunashraya employees were treated to an energetic performance by a group of women from the NGO Kala Kuteera. They captivated the audience with humorous and engaging games, creating a thoroughly enjoyable and relaxing atmosphere. The festivities continued in the evening with Rani Belani and her group from Achhi Soch, who generously provided snacks. The day served as a powerful reminder that Karunashraya's workforce is predominantly female, with approximately 90 percent of its employees being women, making the celebration truly by and for them.



CELEBRATING WOMEN, ART & COMPASSION – AVYANNA 2025

In honor of International Women's Day, twelve exceptional women artists united for the second edition of 'Avyanna 2025', presented by Oorja, an art collective exhibition, held at Bangalore International Centre, from 7th to 10th of March, curated by award-winning artist MG Doddamani. It featured 60+ exquisite artworks. This exhibition was a tribute to creativity with a purpose. There were art connoisseurs, collectors to buy and corporates to participate in a special auction, with a given base price. Proceeds of the same supported end-stage cancer care at Karunashraya.



TEAM OUTING- A BREATH OF FRESH AIR

During this quarter, this was the most loved event by the employees of both Bangalore Hospice Trust and Bagchi Karunashraya Palliative Care Centre, Bhubaneswar. It was the annual team outing. The doctors, counsellor and employees of the R & D department of BHT spent a joyful day at a beautiful resort, Mango Mist. The employees engaged in multiple outdoor activities and team building games and returned rejuvenated. Additionally, the employees of Accounts, HR, Nursing, Kitchen, and Housekeeping department enjoyed their long drive to Mysore city. They explored the Mysore Palace, a famous church, Vrindavan Gardens, and popular temples and returned with multiple historical stories to share.

Alongside, employees of BKPCC stepped out into nature exploring Chilika Lake and treated their eyes with bird watching. It was one of the most memorable events of this quarter.





Oracle CSR Volunteers



East Point College



Rotary team visit



TEAM Outing



Baxter CSR volunteers



Giftable Volunteers

