

An abode of compassion
offering FREE professional
Palliative Care for advanced
stage cancer patients



ANNUAL REPORT

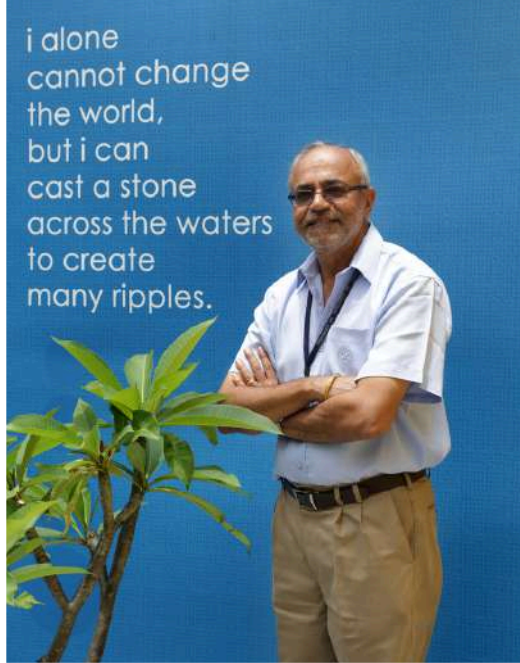
**2023
2024**

www.karunashraya.org



**BANGALORE
HOSPICE
TRUST**

KARUNASHRAYA
KIPICER
BAGCHI KARUNASHRAYA



Message from the MANAGING TRUSTEE

The year under review saw our inpatient numbers go back to pre-pandemic levels. It is a matter of great satisfaction that we are reaching out to many more patients who need our care.

The three home care teams in Karunashraya Bangalore and two in Bagchi Karunashraya in Bhubaneswar continue to serve our patients at their homes. The City Centre in Bhubaneswar was closed and the home care teams now operates out of the Bagchi Karunashraya Palliative Care Centre(BKPCC) .

We had the Gruha pravesh puja of the BKPCC on 12th March 2024 and are ready to start the inpatient services. The facility is in an advanced stage of completion and we hope to have the official inauguration in the coming year.

Karunashraya Institute for Palliative Care Education and Research (KIPCER) is active and has been able to forge partnerships with several institutions in India and abroad for research and education. Several training and education programmes have been conducted. The online courses for counselling in palliative care and neuropalliative care have become very popular.

We continue to receive valuable support from our CSR partners, both in volunteering and financially. I am extremely grateful to all of them. We continue to receive committed funding from Hans Foundation, CIPLA and AT&T. My sincere thanks to them. We also have several individual donors and organisations who have continued to support us over several years. I am extremely grateful to them.

I would also like to place on record my sincere appreciation of all our staff, at all levels, who continue their work with dedication and devotion. I am thankful to my fellow trustees for their continued support and guidance.

GURMEET SINGH RANDWHAWA
MANAGING TRUSTEE

BANGALORE HOSPICE TRUST BOARD OF TRUSTEES



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(Chairman)



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Dr. Latha Jagannathan
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**25 YEARS
OF INPATIENT
SERVICE**

**29 YEARS
OF HOME CARE
SERVICE**

**27897
LIVES TOUCHED**

OVERVIEW

BANGALORE HOSPICE TRUST



”Adding life to days and not days to life” has been our motto at Karunashraya. With this vision, we at Karunashraya endeavour to provide the best possible Palliative care to advance stage cancer patients. Our comprehensive services, encompassing inpatient, outpatient, and home care, create a holistic environment that improves the patients' quality of life. The Bagchi Karunashraya Palliative Care Centre in Bhubaneswar extends this commitment, offering essential palliative care services to patients in the state of Odisha.

Recognising the increasing demand for palliative care education in India, Bangalore Hospice Trust established KIPCER, a specialized training institute. KIPCER is dedicated to advancing palliative care through transformative research, comprehensive training programs, and educational activities. By equipping healthcare professionals, caregivers, and communities with the necessary knowledge and skills, KIPCER aims to foster a culture of empathy and dignity in end-of-life care. Furthermore, KIPCER seeks to raise awareness about palliative care among policymakers, healthcare providers, and the public. The institute's focus on integrating research into practice drives innovation and leads to improved quality of life for individuals facing serious illness and their families.

MISSION

To provide compassionate palliative care for people with a life-limiting illness and for those important to them, through quality medical, emotional, spiritual, and social support.



VISION

We will continue to:

- Provide the highest quality in-patient and home-based palliative care, free of cost, to people with a life-limiting illness.
- Continuously improve the quality of palliative care provided through research, training, and innovation.
- Play a leading role in the advocacy of palliative care.

13 Doctors

Our doctors provide comprehensive medical care for patients with terminal cancer, focusing on pain management, symptom control, and improving quality of life. Doctors offer round-the-clock care, administering medications, monitoring vital signs, and addressing medical complications. They make regular visits to patients' homes, assessing their condition, adjusting medications, and providing guidance to caregivers.

121 Nurses
2 Physiotherapists
2 Pharmacists
1 Transcriptionist

Our nursing & physiotherapy team provide compassionate, one-on-one care to patients. They provide round-the-clock nursing support, pain management, and symptom control in our serene environment. This individualised approach ensures that patients receive the highest quality of care and maintain their dignity throughout their end-of-life journey.

The goal of counseling sessions is to assist patients and caregivers manage emotional distress. Through artistic mediums like sketching, allow them to express their feelings in a healthy manner. Diversion therapy is intended to improve patients' moods and provide them a little distraction from their medical anxieties.

13 Counsellors

3 Public Relations Staff
2 Social workers

Our Public Relations department and Social workers play a critical role in building awareness, community engagement, CSR volunteer recruitment, fundraising, grant writing and maintaining of donor relations. Their initiatives generate goodwill also attract Patients, potential donors and volunteers.

Our administrative and facility teams play a crucial role in the smooth operation of a hospice. The team oversees all aspects of hospice operations, accounts and auditing, staff management, budgeting, compliance with regulations, IT, data management, stock supplies and ensure a clean and hygienic environment.

15 Admin staff
5 Accountants
37 Facility staff

Our education and training division is dedicated to providing in-depth, internal academic programmes in palliative care. These programmes aim to enhance our staff's expertise and abilities, enabling them to deliver the highest quality care to the patients.

4 R&E staff

OUR SERVICES

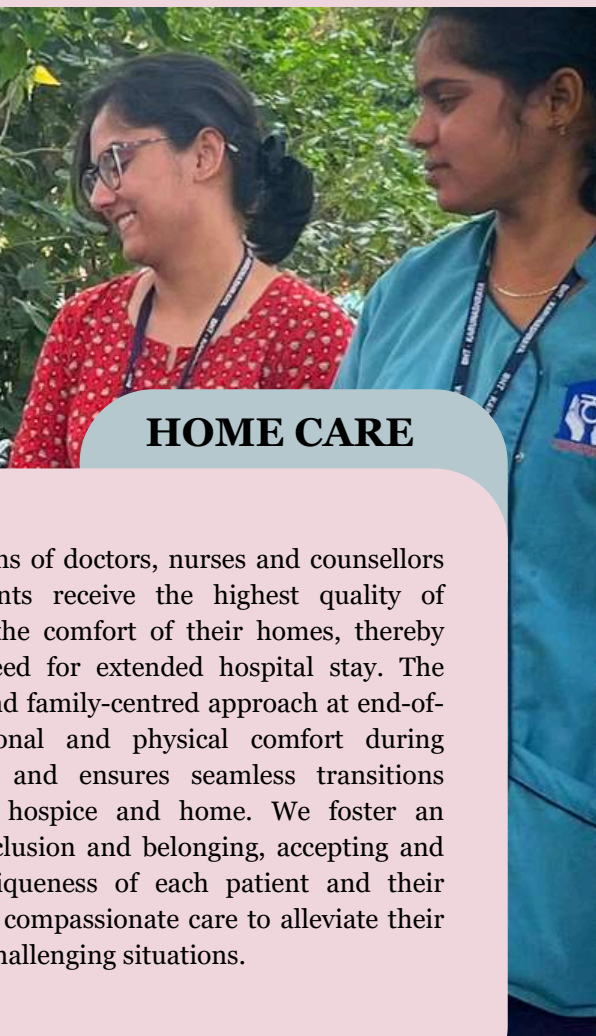
INPATIENT

Our in-patient hospice offers an alternative to hospitals for those with advanced stage cancer. We prioritise patients' and their caregivers' comfort and quality of life in a serene and homely environment, fostering physical, emotional, and psychological well-being. Our team of doctors, nurses, counsellors, physiotherapists, allied healthcare professionals and volunteers strive to alleviate suffering by managing pain and other symptoms and providing emotional support, while maintaining patients' and families' sense of autonomy and dignity. We offer personalised attention and support, to both the patients and their loved ones.



HOME CARE

Our dedicated teams of doctors, nurses and counsellors ensure that patients receive the highest quality of palliative care in the comfort of their homes, thereby eliminating the need for extended hospital stay. The holistic, patient- and family-centred approach at end-of-life, offers emotional and physical comfort during challenging times and ensures seamless transitions between hospital, hospice and home. We foster an environment of inclusion and belonging, accepting and respecting the uniqueness of each patient and their families, providing compassionate care to alleviate their suffering in these challenging situations.



AWARDS AND RECOGNITION



Mr. Kishore Rao, Chairman of the Board of Karunashraya - Bangalore Hospice Trust, received recognition and **appreciation from Goonj** for his outstanding contributions to the compassionate care, support, and comfort to individuals and families dealing with life-limiting illnesses.

THANK-a-THON



Bosch India hosted a "Thankathon" event to celebrate their employees' contributions to CSR initiatives. They recognised Karunashraya among three NGOs. Bosch's Managing Director presented a memento to Karunashraya and shared a moving story about his volunteering experience, expressing gratitude for their work and highlighting the importance of such acknowledgements for NGOs.



Honored and grateful to receive a **memento from the M.S. Ramaiah Foundation** as a token of appreciation. This gesture fuels our commitment to making a positive difference in the lives of our patients and their families. We cherish this recognition and pledge to continue our mission with even greater passion and dedication.



We are delighted to announce a moment of pride and gratitude! Karunashraya has been honored with the **prestigious Sevaa Dharmik Award 2024** by the Latha Raja Foundation at Eluru, Andhra Pradesh, during a splendid ceremony. The award acknowledges our steadfast dedication to providing compassionate end-of-life care. Mr. Mathew George Chandy, CEO of Karunashraya, accepted the award on behalf of our organization.

DIWALI CELEBRATION

For the past fifteen years, Giftabled, an NGO, has been commemorating the festival of lights at Karunashraya. The CEO of Giftabled, Ms. Prarthana Unkalkar Kaul, has been relentlessly putting together the most exquisite Diwali celebration at Karunashraya with the help of more than eighty volunteers. They staged a remarkable musical performances, while the Rangolis were drawn at every nook and corner and the numerous diyas were lit bringing in cheerfulness and spark to Karunashraya.



ONAM CELEBRATION

We welcomed the Onam festival with the spectacular display of Pookkalam, enthusiastically designed by creative minds at Karunashraya. The Onam Day celebrations began with lighting of the lamp by Annie Randhawa, Jayashree Simha, Kala Devarajan and Sister Jeena Varghese. The customary dance form, Thiruvathakali, was performed by a group of women of Karunashraya, who religiously practiced days before the cultural event to put up a stellar performance. The wonderful skit that was staged by the member of the staff of Karunashraya kept the audience mesmerized and engrossed. The characters were dressed in traditional attire adding more drama to the mythological skit. The day concluded with the delectable Onam Sadhya served on banana leaves and devoured by all. It was a delightful experience to witness the healthcare professionals engaging in diverse cultural pursuits.

CHRISTMAS CELEBRATION

Embracing the New Year with love and compassion, our organization celebrated the holiday season at the hospice. Joined by dedicated staff, volunteers, and the resilient patients and caregivers, we created a heartwarming atmosphere of joy and support. Together, we shared the spirit of Christmas through festive celebrations and soul soothing carol singing.





GRUHA PRABESH PUJA

We are pleased and proud to announce that Gruha Prabesh Puja for Bagchi-Karunashraya Palliative Care Centre in Bhubaneswar, Odisha was performed on 12th March 2024, marking the soft launch of the centre. It has been providing home care facilities to patients for the last three years, and now the 110 bedded Hospice is ready to serve patients. We extend our heartfelt gratitude to Mrs. Susmita Bagchi and Mr. Subroto Bagchi and the Odisha Government for the encouragement and support in establishing the centre. The facility will bring relief to thousands of needy cancer patients in the eastern part of the country.



FOUNDATION DAY

Foundation Day is the day of remembrance to honour and celebrate what has been achieved over the past 29 years and to look forward to what is yet to come. On October 26, 1994, the Bangalore Hospice Trust was founded. The strong foundation for the success of Karunashraya was built by setting a clear vision, building trust, developing a positive culture, leading by example, and investing in its team. This year, on the eve of foundation day, we had a cultural event conducted by our staff, and also an award ceremony was hosted to recognize staff members for their hard work and dedication.

MEMORIAL DAY CELEBRATION

Memorial Day provided an opportunity to reflect on the lives of our patients, past and present. A joyous cultural program by Chrome kicked off the event, followed by the launch of a cookbook authored by a skilled patient. Our patients' artistic creations were displayed, offering a glimpse into their inner worlds and resilience. Family members shared their stories, highlighting the transformative impact of Karunashraya's compassionate care.





POSH TRAINING

Karunashraya takes pride in providing a safe & dignified working environment for its employees. The PoSH (Prevention of Sexual Harassment) Act 2013, is a law in India designed to prevent, prohibit and protect women and other employees against sexual harassment at the workplace. We are pleased to share the chief event where we engaged the members of WICCI (Women Indian Chamber of Commerce & Industry) to address and create awareness on the above cited matters. Ms. Deepa Rafeeqe (President the Karnataka Sexual Harassment Council) gave an insightful talk along with Ms. Hamsa, Ms. Aparna and Ms. Shobhana. Karunashraya is grateful to all the speakers of WICCI for an educative and informative session.

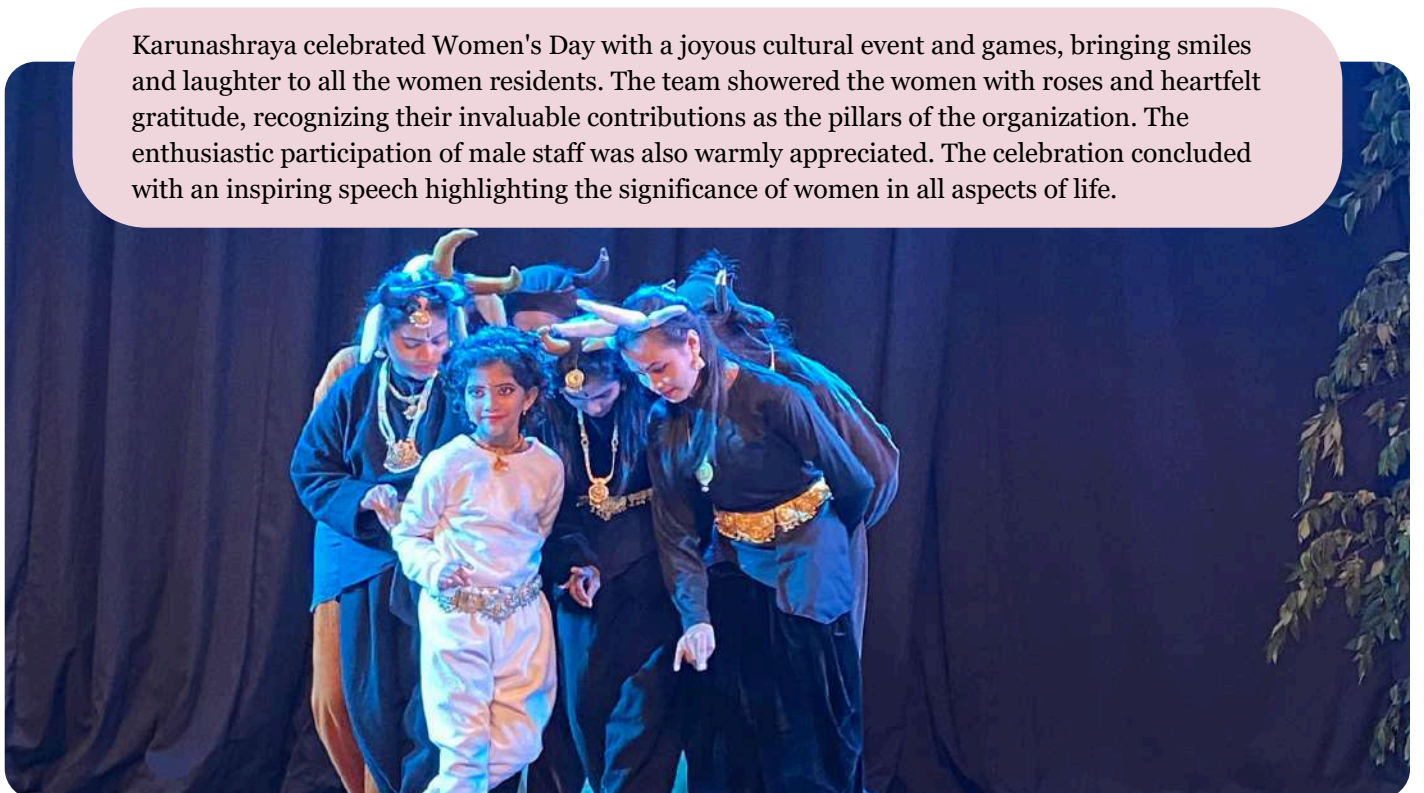


WORLD NURSING DAY

Celebrating World Nursing Day at Karunashraya acknowledges their vital contribution, and honors their commitment. At our recent event, employees engaged in diverse activities such as cultural displays and games, highlighting the vibrant spirit and camaraderie among healthcare professionals. This celebration emphasized the significance of nurses and showcased their integral role in providing exceptional care to patients.

INTERNATIONAL WOMEN'S DAY 2024

Karunashraya celebrated Women's Day with a joyous cultural event and games, bringing smiles and laughter to all the women residents. The team showered the women with roses and heartfelt gratitude, recognizing their invaluable contributions as the pillars of the organization. The enthusiastic participation of male staff was also warmly appreciated. The celebration concluded with an inspiring speech highlighting the significance of women in all aspects of life.



ANNUAL SPORTS DAY CELEBRATIONS



The two-day sports day at Karunasharya was a delightful break from the regular work routine. Employees enthusiastically participated in a variety of indoor and outdoor games, including badminton, cricket, lemon-spoon race, carom, darts, sack race, table tennis, and snakes and ladders. The event was filled with fun, laughter, and camaraderie, as employees cheered for their colleagues, competed against each other, and built deeper connections. The high spirits and positive energy of the participants were contagious, creating a refreshing and rejuvenating atmosphere.



DIVERSIONAL THERAPY FOR NURSING STAFF

As a new initiative, the diversional therapy sessions were conducted for our nursing staff on the first and third Saturday of the month. Offering a variety of activities like grooming sessions by well-known Beautician Navilaz for all our nurses to help to better present themselves, hand painting by Strand Life Science where the nurses painted, put their fingerprints, and spent a joyous hour or so enjoying the canvas, and entertaining games was organised by FTS Mahila Samithi that provided a refreshing break and boost morale for our nursing team. “Who do not like gifts” FTS Mahila Samithi also were mindful to provide beautiful gifts to the Nurses as a token of appreciation for the work put in. Also, the evening snacks were organised by our volunteer Ms. Rani Belani was a thoughtful way to make the day even more special.



AWARENESS AND ADVOCACY



MOVIE BASED ON PALLIATIVE CARE

The Kannada movie "Swathi Mutthina Male Haniye" focuses on the theme of palliative care. The movie was released in the last week of November. The team behind the movie visited Karunashraya to gain a deeper understanding of palliative care. During the trailer launch of the movie, the team also presented a brief video they created on Karunashraya, which was highly appreciated by the audience.

CORPORATE AWARENESS CAMPAIGN

Organizations with a sizable workforce were recognized as essential to our ongoing Advocacy & Awareness campaigns, and outreach was conducted to these organizations. An extremely positive response was received from organizations such as BMTC, Kala Kuteera & Karnataka Police ISD. As a long-term program, collaborative efforts are being made in advancing our mission, by sending out notices to staff and Karunashraya holding advocacy talks at their units. Also, sessions on palliative care were organized at corporates such as Cisco, London stock Exchange Group, Oracle, Baker Hughes & Lapp India Pvt. Ltd. The session was engaging, and the open discussion helped everyone better understand the core essence of palliative care.



MOU WITH REGIONAL CENTRE EX-SERVICEMEN CONTRIBUTORY HEALTH SCHEME (ECHS)

Regional Centre Ex-Servicemen Contributory Health Scheme (ECHS) Bangalore signed a MoU with Karunashraya, to provide free palliative care to all members and their dependents. This will help create awareness about palliative care and the services offered.



VOLUNTEERING



CSR VOLUNTEERING

We are delighted to share the phenomenal support received from corporate giants like Deloitte, Morgan Stanley, Cisco, Cipla, Chrome Technologies, Tektronix, IMS Health (IQVIA), Black Rock-Spark, BorgWarner, GE-Haier, Crayon Software Experts, Xactly, Micron, Taj Hotels, TataIQ, Amadeus Labs, TATA Power Solar, Eli Lilly, American Express, Flowserve, Oracle, Bosh, AT&T, Workplace Options, Blue Yonder, Dell, Patten Digital, AMD, Intel, TCS, E&Y, Intel, McAfee, CSG Cares India, Neolotex, Baker Hughes, Imperva Software, Concretix and Madura Coats. Their volunteers donated their valuable time, skills, expertise and services, aiding in efficient functioning of Karunasharaya. They also brought smiles and uplifted the spirits of our patients and caregivers with their varied musical extravaganza. Their consistent and unwavering belief in Karunashraya's mission to provide utmost care to its patients is admirable. The team of Karunasharya whole-heartedly extends its profound gratitude and calls for the huge shout-out to the corporate world and their dedicated volunteers.

STUDENT VOLUNTEERING

We are thrilled to share that this year Karunashraya witnessed many young and vibrant volunteers. Groups of architecture students from SVIT-Vasaad and from the Department of Planning & Architecture, Mizoram University, Aizwal visited our campus to gain more insight into our hospice structure. The students of Daffodils English School, St. Joseph Boys High School and Mount Carmel College had put up spectacular and entertaining musical programme. Our patients and caregivers were singing and dancing to the soulful melodies. We also witnessed the teachers of NPS, Montessori School-Indiranagar visiting our facility and gaining insight into Karunasharya palliative care services. Later, their tiny tots them prepared cotton balls at their school and sent to Karunasharya. Student visits were the highlight of this quarter and to have such zestful students stepping into the world of giving was very heartening.

FUNDRAISING EVENTS

ODISSI DANCE SHOW

The Odissi dance show was a fundraising event, and its proceeds has gone towards free palliative care patients with terminal cancer. It was a magical and flawless dance performance presented by the Odissi Dance Centre. Their hard work, coupled with pure intent of compassion, reverberated in the atmosphere, leaving the audience spell bound and desiring for more. It was a performance dedicated to the light that Karunashraya brings to people through compassion and selfless service. We had an overwhelming audience response and are very grateful to all the artists for giving us a spiritual experience.



ART EXHIBITION

"Avyanna," a captivating art exhibition presented by Oorja, is an opportune amplification of women's voices, in celebration of International Women's Day 2024. The art exhibition featured the brilliant works of eight talented upcoming women artists, each bringing a unique perspective and skill to the forefront. The proceeds from a collective artwork of all the participating artists were donated to Karunashraya.



MARATHON FOR OUR CAUSE

In an inspiring display of community spirit and compassion, Sharanya Narayani International School (SNIS) hosted their fifth annual "Run for Care" marathon on Sunday, February 11th, 2024. The marathon aimed to raise vital funds. This initiative not only provided critical financial support for Karunashraya but also fostered a spirit of empathy and understanding within the community, highlighting the significance of offering comfort and care during life's most challenging moments.



FUND RAISING BY EDUCATIONAL INSTITUTIONS

New Horizon Gurukul hosted a vibrant 2-day festival for their students and the community. The festival buzzed with cultural performances that showcased creativity and talent. Shopping stalls added to the merriment, offering delicious food and exciting games. Highlighting their social responsibility, New Horizon Gurukul generously donated the proceeds from two of these stalls to Karunashraya. Additionally, NPS Indranagar School's young entrepreneurs collected donations through a campaign, while students from NPS, HSR, and MVJ International School also collaborated on a fundraising drive to support Karunashraya.

COUNSELLING SERVICES



1850

**FAMILY
COUNSELLING**

(count of each session with family)

2500

PATIENT SESSIONS

(including Admission, Readmission
& follow-up sessions)

100

**BEREAVEMENT
SESSIONS**

800

TELE-COUNSULTATION

13

Families

SUPPORT FOR EDUCATION

Mitra Foundation
(Supported for Children's education and
vocational training)

10

**NETWORKING WITH
OTHER NGOs**



KARUNASHRAYA INSTITUTE FOR PALLIATIVE CARE EDUCATION AND RESEARCH (KIPCER)

The Karunashraya Institute for Palliative Care Education and Research (KIPCER) continues its commitment to advancing palliative care through transformative research initiatives, comprehensive training programs, and educational activities. KIPCER empowers healthcare professionals, caregivers and communities with the knowledge and skills needed to provide compassionate, holistic end-of-life care and inspire them to root a culture of empathy and dignity. It aims to embed transformative research activities in everyday practice and promote research-driven innovations that improve the quality of life of individuals facing serious illness and their families.



KIPCER was invited as faculty by:

- MNJ Institute of Oncology and Regional Cancer Center
- MAHE, Manipal
- Sir CV Raman General Hospital, Bengaluru
- AIIMS Delhi
- St John's College, Bengaluru
- IPM Kozhikode
- KMC Mangalore
- Sir CV Raman General Hospital, Bengaluru
- National Cancer Institute, Colombo
- IHBAS, New Delhi

Our collaborators for internships include

- Christ University
- Prasanna School of Public Health, MAHE
- Nord University
- St Joseph's College
- St. Benedicts College of Physiotherapy
- Kristu Jayanti College
- St Francis De Sales College
- Krupanidhi College of Nursing
- CMC Vellore
- Saveetha College of Physiotherapy
- Oxford College of Social Work
- Jyoti Nivas College

EDUCATION

KIPCER offers a comprehensive in-house academic program in palliative care, designed to equip healthcare professionals with the necessary knowledge and skills to provide optimal care to hospice patients. Our programs are tailored to meet the diverse needs of our staff, ensuring a well-rounded and effective education.



TRAINING

Training, observerships and internships at a palliative care hospice provide invaluable experiences for healthcare professionals as they cultivate highly specialized skills to deliver compassionate care. Our internships are crafted by palliative care experts and designed to meet the unique requirements of each intern/observer.



RESEARCH

KIPCER's research efforts are instrumental in shaping the future of palliative care. The successful completion of the Breathe India Project, a collaborative venture with leading academic institutions, has yielded valuable insights into self-management of breathlessness. By applying these findings, we strive to improve patient outcomes and establish best practices in the field.



IAPCON 2024

- Presented 6 oral presentations.
- Presented 5 e-posters.

INTERNSHIPS

- 104 internships and observerships
- 210 clinical postings
- 671 students for orientation

OUR LEARNING EXPERIENCE INCLUDED:

- 35 real-world case presentations for doctors/ nurses
- 18 tailored workshops for counsellors
- 9 guest lectures from eminent experts
- 12 Continued Nursing Education programs
- 12 bedside teaching sessions

WORKSHOPS & PROGRAMS



Refresher Course for Volunteer Counselors

A one-day refresher course was conducted to enhance the skills of volunteer counselors from the Indian Cancer Society, enabling them to effectively support cancer patients and their families



Volunteer Training Program

Two training programs were organized to equip volunteers with essential skills for palliative care, including communication, social and spiritual concerns, and caregiver support.



Psycho-Oncology Workshop

A 2-day workshop was conducted for the Masters students in Psycho-Oncology from Christ (deemed to be) University. The students attended a workshop on addressing the psychological and emotional needs of life-limiting illnesses, emphasizing communication techniques, spirituality, advanced care planning, and psychotherapy integration.



Neuropalliative Care Workshop

Karunashraya conducted a two-day training for Indian neurologists, led by experts in the field. The training focused on improving neurologists' skills in prognostication, ethics, and communication within the context of neuropalliative care.

Training of Trainers (ToT)

The National Health Mission, Odisha, organized a comprehensive training program at KIPCER for healthcare professionals specializing in palliative care. Over a three-month period, six batches were conducted, engaging a total of 75 participants, including 27 doctors, 26 nursing officers, and 22 physiotherapists. The training encompassed both facility-based and home-based palliative care modalities.





Rhythm Rx: Dose of Dance

The India Hospice and Palliative Care Nurses Association and Karunashraya hosted a two-day workshop, "Rhythm Rx-Dose of Dance," to delve into the therapeutic power of dance in healthcare. Led by UNESCO-certified art therapist Stephanie Hofer, the workshop offered interactive sessions to explore dance as a complementary therapy. The event was expertly organized by Sr Hanife.

Systematic Review Workshop

A three-day workshop was conducted to enhance the skills of researchers in conducting systematic reviews, led by Dr. Divya Sussana Patil and Mr. Elstin Anbu Raj S from Public Health Evidence South Asia, Manipal Academy of Higher Education.



Seeing the Unseen

The 'Seeing the Unseen' workshop in Siliguri was designed to help healthcare workers recognize and address the emotional and spiritual needs of patients and their families. Backed by the Indian Association of Palliative Care, this KIPCER program equips doctors, nurses, and volunteers with the necessary skills.

Spirituality in Palliative Care Workshop

A three-day workshop focused on the role of spirituality in palliative care, aiming to improve healthcare professionals' understanding and skills in spiritual assessment and support. The workshop was led by Prof. Santosh K Chaturvedi, Dr. Nagesh Simha, Dr. Seema R Rao, and Ms. Michelle Normen.





IAPCON Conference 2024

Bangalore Hospice Trust-Karunashraya (BHT-K) had a significant presence at the IAPCON Conference 2024 in Ahmedabad. The organization showcased its innovative palliative care services through a variety of media, including five e-posters, six oral presentations, and a pre-conference workshop. The BHT-K team's active participation in panel discussions and judging of poster presentations further solidified the organization's reputation in the field of palliative care.

Dr. Nagesh Simha was invited as a speaker in the session on palliative care in oncology at the **'8th Bangladesh International Cancer Congress (BICC) 2023'** held in Dhaka on "The Potent Power of Palliative Care in Oncology". He also conducted a workshop on handling difficult communication with patients and families.



World Hospice and Palliative Care Day

Karunashraya hosted a series of Instagram live sessions to commemorate World Hospice and Palliative Care Day. Notable speakers such as Dr. Nagesh Simha, Dr. Babita Varkey, Ms. Sangeetha N, Mr. Shankar Shrestha, Dr. Seema Rao, Dr. Sravanthi Maya, Mr. Mathew George Chandy, Mr. Girish K and Ms. Keshav Sharma participated. These four-week seminars, which had as their theme "Reliving Pain, Restoring Dignity: The Heart of Palliative Care," illuminated important facets of palliative care and its importance.

Dr. Seema R. Rao was invited to share her expertise in the field of palliative care at two significant events. Firstly, she was invited as a faculty member to a certificate course in palliative medicine organized by MNJ Institute of Oncology and Regional Cancer Center in collaboration with the Government of Telangana and Pain Relief and Palliative Care Society. Secondly, she was selected as a speaker at the prestigious 18th World Congress of the European Association for Palliative Care (EAPC) in Rotterdam, The Netherlands, where she presented on the critical topic of ICU Palliative Care.



CERTIFICATE COURSES

BHT-KIPCER offers two certificate courses designed to enhance palliative care practices in India. The first course, "Essentials of Palliative Care," is tailored for medical professionals, including doctors and nurses. It aims to integrate palliative care principles into routine clinical practice by focusing on effective communication and the management of complex symptoms. The second course, "Counselling Skills in Cancer and Palliative Care" is to improve the counselling landscape in palliative care in India. KIPCER launched the first ever 6-month blended learning program for psychologists and social workers. 17 candidates successfully completed the course accredited by MAHE, which was delivered by national and international experts.



Dr. Seema R Rao, invited by the Divecha Centre for Climate Change, IISc, Lakeside Education Trust, and the International Pediatric Association (IPA), spoke about "The Role of Karunashraya in caring for terminally ill cancer patients" on International Quality of Life Day. The session was led by Prof J Srinivasan and Prof Dr. H. Paramesh, and attended by scientists from the Indian Institute of Science.

Mrs. Sangeetha Murugan was a guest faculty member at a sensitization program for community health officers hosted by the Government of Karnataka. Additionally, she collaborated with Sr. Hanife Mac Gamwell to conduct a comprehensive training program for nurses in Sri Lanka, focusing on hospice care principles and practices. She was also a faculty member at a colostomy care workshop at St. John's Medical College and Hospital, Bengaluru.



13 Ongoing
Research
Projects

5 Research
Publications

199

In-house Training Programs
for Karunashraya staff.

671

Candidates attended 1-day
orientation visit to hospice

210

Clinical Postings

59

External Training
Programs as Faculty

104

Internships and
Observerships

>2300

Participants impacted through
training and education

10

Advocacy and
outreach events

IMPACT

CREATED

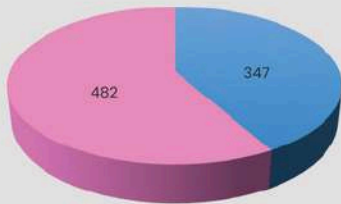
Patient Statistics for Financial Year 2023-24

(1st April 2023 to 31st March 2024)

KARUNASHRAYA , BENGALURU

Admission

Gender



Male - 347
Female - 482

Total : 829

Readmission

Gender



Male - 139
Female - 179

Total : 318

Homecare

Gender

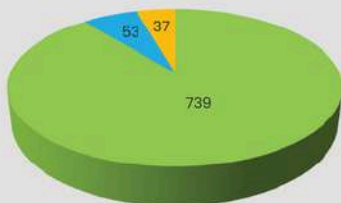


Male - 93
Female - 144

Total : 237

Admission

Religion

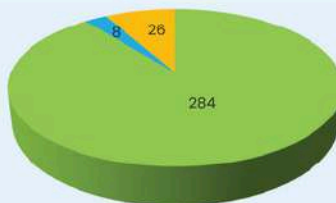


Hindu - 739
Christian - 53
Muslim - 37

Total : 829

Readmission

Religion



Hindu - 284
Christian - 8
Muslim - 26

Total : 318

Homecare

Religion



Hindu - 203
Christian - 9
Muslim - 25

Total : 237

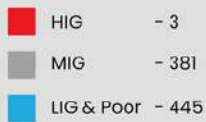
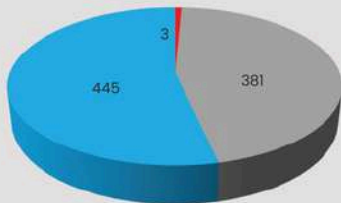
Patient Statistics for Financial Year 2023-24

(1st April 2023 to 31st March 2024)

KARUNASHRAYA , BENGALURU

Admission

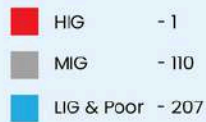
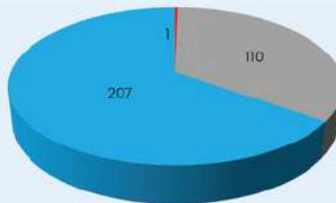
Economic



Total : 829

Readmission

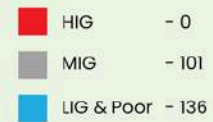
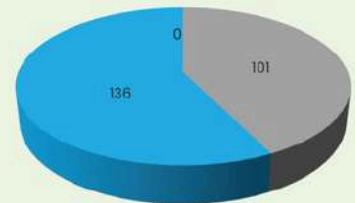
Economic



Total : 318

Homecare

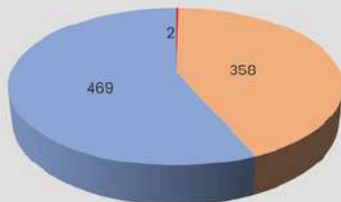
Economic



Total : 237

Admission

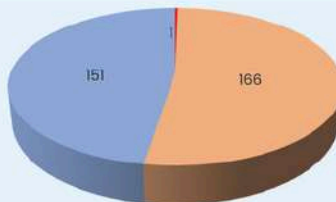
Age Group



Total : 829

Readmission

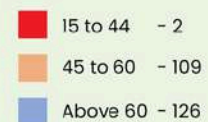
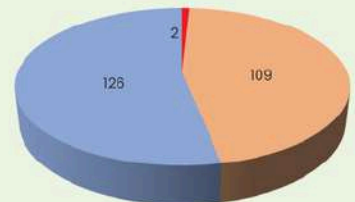
Age Group



Total : 318

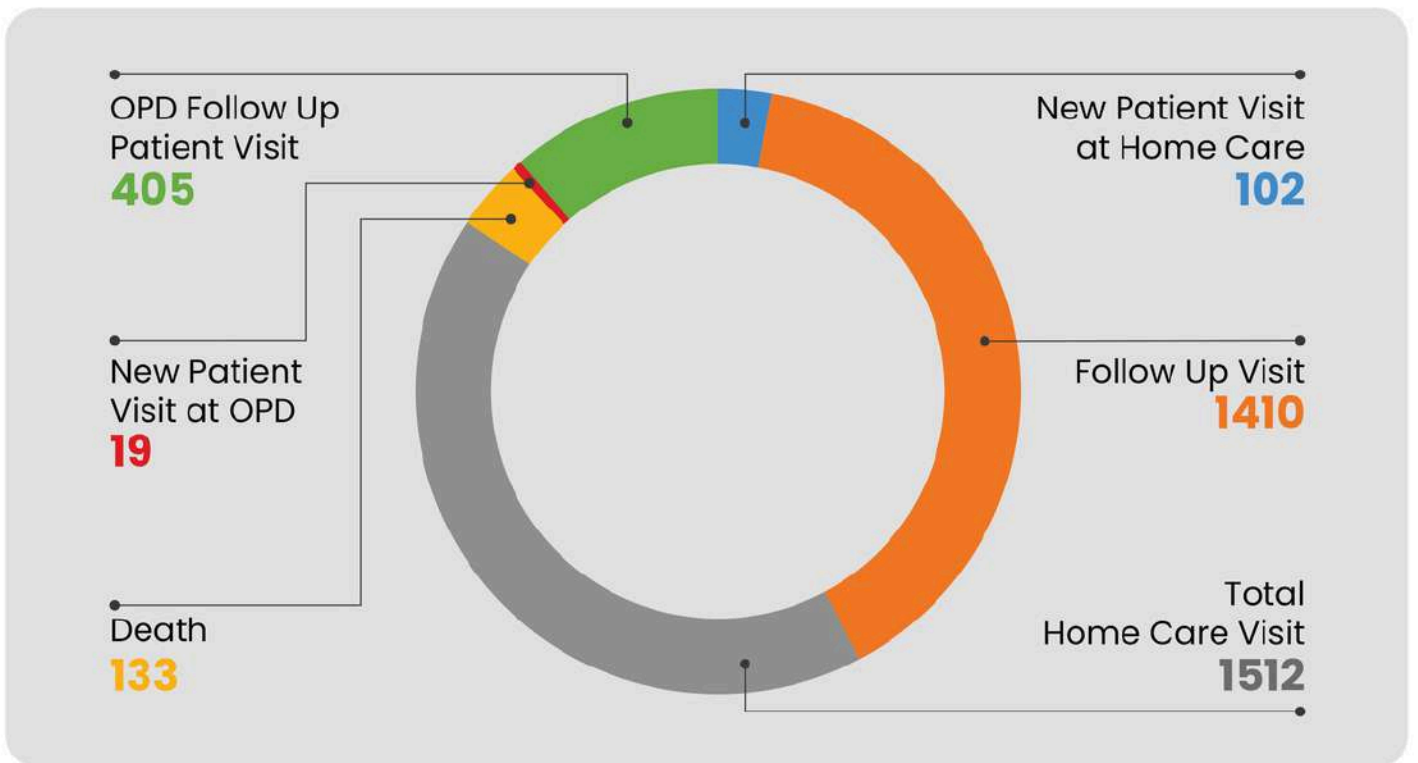
Homecare

Age Group



Total : 237

Financial Year Home Care Data 2023-24 (1st April 2023 to 31st March 2024)



BAGCHI KARUNASHRAYA PALLIATIVE CARE CENTRE

SALARY SUMMARY OF BANGALORE HOSPICE TRUST AS ON 31ST MARCH 2024

KARUNASHRAYA

	Slab of gross salary (in INR) plus benefits paid to staff (per month)	Male Staff	Female Staff	Total Staff
1	10,000 - 25,000	29	86	115
2	25,000 - 50,000	11	16	27
3	50,000 TO 1 Lac	3	10	13
4	1 lac & above	4	3	7
	GRAND TOTAL	47	115	162

BAGCHI KARUNASHRAYA PALLIATIVE CARE CENTRE

	Slab of gross salary (in INR) plus benefits paid to staff (per month)	Male Staff	Female Staff	Total Staff
1	10,000 - 25,000	10	32	42
2	25,000 - 50,000	4	3	7
3	50,000 TO 1 Lac	6	3	9
4	1 lac & above	1	1	2
	GRAND TOTAL	21	39	60

DONATIONS 2023-2024

DONOR NAME	AMOUNT
THE HANS FOUNDATION USA	1,35,81,896
AT&T COMMUNICATION SERVICES INDIA PVT. LTD.	1,26,06,000
CIPLA FOUNDATION	47,98,298
UNITED WAY OF BENGALURU	45,24,217
SUPRAJIT FOUNDATION	42,00,000
UK ONLINE GIVING FOUNDATION	32,69,114
MR. PREMANAND DASH	30,00,000
DR. CITARISTI ILEANA	30,00,000
ONLINE GIVING FOUNDATION	29,97,397
ELI LILLY SERVICES INDIA PVT. LTD.	29,50,000
NUTANIX TECHNOLOGIES INDIA PVT. LTD.	26,35,000
DR. RAJESWARI DALBEHERA	20,00,000
GALAX E SOLUTIONS INDIA PVT. LTD.	20,00,000
PVH ARVIND FASHION PRIVATE LIMITED	18,50,000
FIVETRAN INDIA PVT. LTD.	17,84,160
CHARITIES AID FOUNDATION AMERICA	17,67,440
BAXTER INNOVATIONS & BUSINESS SOLUTIONS PVT. LTD.	16,50,000
GLOBAL EDUCATIONAL CONSULTANCY SERVICES PVT.LTD.	15,00,000
MR. PRASHANT R. DESPANDE	13,30,000
SMARSH INDIA PVT. LTD.	12,50,000
BETSOL SOFTWARE INDIA PVT. LTD.	10,80,000
CORTEC CORROSION SOLUTIONS INDIA PVT. LTD.	8,45,000
VXCEED SOFTWARE SOLUTIONS PVT. LTD.	8,00,000
DATAMI MOBILE SOLUTIONS PVT. LTD.	7,70,000
HEIDRICK & STRUGGLE (INDIA) PVT. LTD.	7,59,500
NARAYANI GROUP OF EDUCATIONAL INSTITUTIONS	7,00,000
SARASWAT FOUNDATION	5,75,898
DIGI88 TECHNOLOGIES PVT. LTD.	5,24,200
MR. PRADEEP SHENOY	5,07,152
MR. G.S. PARTHASARATHY	5,05,101

ARM EMBEDDED TECHNOLOGIES PVT. LTD.	5,00,000
CONTINUSERVE SOFTWARE INDIA PVT. LTD.	5,00,000
FARM INDIA IMPEX PVT. LTD.	5,00,000
KLUBER LUBRICATION INDIA PVT. LTD.	5,00,000
MS. DIVYA BHAT	5,00,000
TATA ELXSI LIMITED	5,00,000
GIVE FOUNDATION INC	4,79,284
WONDER GLOBAL INDIA TECHNOLOGY CENTER PVT. LTD.	4,75,776
BLUE TREE CONSULTANCY SERVICES PVT. LTD.	4,00,000
THOUGHTSPOT INDIA PVT. LTD.	4,00,000
ADC INDIA COMMUNICATION	4,00,000
MR. NAVEEN KUMAR. G	3,65,000
CRAYON SOFTWARE EXPERTS INDIA PVT.LTD.	3,04,250
BANK OF BARODA	3,00,000
MRS. VASANTI S. PATEL	3,00,000
MRS. VIJAYA SUBRAMANIAM	3,00,000
RARE FAMILY FOUNDATION	3,00,000
MR. SANJAY DHARMANI	3,00,000
J.J. GLASTRONICS PVT. LTD.	2,50,000
MR. UMAPATHY VEERANNA SONDEKERE	2,50,000
MRS. MEERA CHANDRASEKHAR	2,47,500
RANKA CHARITABLE TRUST	2,30,000
XL INDIA BUSINESS SERVICES PVT. LTD.	2,28,625
MANIK ENGINEERING PVT. LTD.	2,21,000
DR(MRS) VATSALA NARAIN	2,00,000
THOROGOOD ASSOCIATES INDIA PVT. LTD.	2,00,000
VEER-O-METALS PRIVATE LTD.	2,00,000
MR. GOPINATH VISWANATHAN	2,00,000
MR. KRISHNA. A	2,00,000
MR. V. RAGHU	2,00,000
MRS. RUKMANI JAGANNATHAN	2,00,000
PRAMOD ASHRAYA (REGD.)	2,00,000
SRI SUBRAMANYA SWAMY TEMPLE TRUST	2,00,000
TORRENT PHARMACEUTICALS LTD.	2,00,000
THE ESTATE OF LATE LALITHA VANI SRIDHAR	2,00,000

FINANCIALS

BANGALORE HOSPICE TRUST
Balance Sheet as at March 31, 2024

(All amounts are in INR unless otherwise stated)

Particulars	Note No.	As at March 31, 2024	As at March 31, 2023
Sources of Funds			
1. Funds employed	2		
(a) Unrestricted Funds		66,34,48,492	58,54,96,263
(b) Restricted Funds		1,35,90,18,660	1,35,90,18,660
2. Long-term liabilities			
(a) Other Long Term Liabilities	3	2,35,43,192	78,65,715
(b) Long Term Provisions	4	42,29,750	77,76,396
3. Current liabilities			
(a) Creditors	5	1,70,260	1,44,967
(b) Other Current Liabilities	6	1,35,72,207	62,41,830
(c) Short Term Provisions	4	3,75,963	4,05,397
TOTAL		2,06,43,58,524	1,96,69,49,228
Application of Funds			
1. Non - current assets			
(a) Property, Plant and Equipment & Intangible Assets	7		
(i) Property, Plant & Equipment		12,48,99,338	13,20,44,743
(ii) Intangible Assets		-	-
(iii) Capital Work in Progress		52,60,59,666	12,78,94,450
(iv) Intangible assets under Development		-	-
(b) Long-term Investments	8	48,84,77,479	44,88,38,001
(c) Long Term Loans and Advances	9	98,41,340	52,51,000
(d) Other Long-Term Assets	10	17,33,52,811	17,52,96,185
2. Current assets			
(a) Receivables	11	10,52,368	33,505
(b) Cash and bank balances	12	68,92,04,444	1,03,04,85,290
(c) Short-term Loans and Advances	9	1,48,67,958	94,01,312
(d) Other Current Assets	13	3,66,03,120	3,77,04,742
TOTAL		2,06,43,58,524	1,96,69,49,228

Summary of significant accounting policies

1

Other notes to accounts

20

The accompanying notes are an integral part of the financial statements

As per our report of even date attached

For and on behalf of the board of trustees of
Bangalore Hospice Trust

For VARMA & VARMA
Chartered Accountants
FRN 0045325


GURMEET SINGH RANDHAWA
Managing Trustee


KISHORE S RAO
Chairman




ANEESH K
Partner
M. No. 228690


MATHEW GEORGE CHANDY
Chief Executive Officer

Place: Bengaluru
Date: 25-09-2024

Place: Bengaluru
Date: 25-09-2024

BANGALORE HOSPICE TRUST

Income and Expenditure Account for the year ended March 31, 2024

(All amounts are in INR unless otherwise stated)

Particulars	Note No.	For the year ended March 31, 2024			For the year ended March 31, 2023	
		Unrestricted Funds		Restricted funds		
		Non-FCRA	FCRA			
INCOME						
Donations and Grants	14	9,21,55,675	2,74,92,049	-	11,96,47,724	9,55,11,674
Fees from Activities	15	76,61,797	9,38,850	-	86,00,647	52,71,071
Interest and dividends	16	8,44,51,266	28,23,681	-	8,72,74,947	8,37,36,715
Miscellaneous income	17	3,07,106	15,000	-	3,22,106	9,22,037
TOTAL		18,45,75,844	3,12,69,580	-	21,58,45,424	18,54,41,497
EXPENDITURE						
Staff Payments & Benefits	18					
Salary, wages and bonus		6,24,21,522	1,26,80,791	-	7,51,02,313	5,91,44,098
Contribution to provident and other funds		40,35,372	9,68,379	-	50,03,751	42,42,012
Employee welfare		6,43,581	-	-	6,43,581	6,73,971
Administrative & General Expenses						
Rent		4,26,001	-	-	4,26,001	2,41,000
Rates & Taxes		3,70,563	-	-	3,70,563	7,56,199
Communication expenses		5,48,686	22,724	-	5,71,410	6,02,183
Printing & Stationery		4,44,742	1,50,000	-	5,94,742	5,45,695
Travelling & conveyance expenses		25,63,516	2,56,053	-	28,19,569	21,73,298
Insurance charges		2,04,895	-	-	2,04,895	2,35,799
Professional Charges		10,72,760	8,69,850	-	19,42,610	8,79,795
Repairs & Maintenance						
Repairs to Buildings		18,25,335	3,98,691	-	22,24,026	19,02,692
Repairs to Plant & Equipments		21,60,952	1,32,624	-	22,93,576	14,63,706
General Repairs		7,46,885	1,82,559	-	9,29,444	20,07,457
Depreciation	19	1,36,71,244	-	-	1,36,71,244	1,47,17,392



BANGALORE HOSPICE TRUST

Income and Expenditure Account for the year ended March 31, 2024

(All amounts are in INR unless otherwise stated)

Particulars	Note No.	For the year ended March 31, 2024			For the year ended March 31, 2023	
		Unrestricted Funds		Restricted funds		Total
		Non-FCRA	FCRA			
Other Expenses						
Medical & Treatment Expenses		1,03,51,375	49,06,068	-	1,52,57,443	1,43,02,277
Diet & Staff Welfare Expenses		30,70,815	5,37,593	-	36,08,408	29,60,275
Fund Raising Expenses		7,89,487	-	-	7,89,487	3,37,252
Bank Charges & Commissions		6,10,243	32,981	-	6,43,224	6,48,620
Power and Fuel		14,27,521	1,20,029	-	15,47,550	9,33,489
IAPCON Event Expenses		2,39,726	-	-	2,39,726	86,14,584
Brokerage		16,000	-	-	16,000	-
Conference, Seminar Meeting & Workshop		2,04,327	-	-	2,04,327	53,455
Conference Education		10,83,667	15,746	-	10,99,413	1,36,919
Security Services		26,09,520	-	-	26,09,520	23,08,383
Training/Meeting Expenses		3,21,111	-	-	3,21,111	1,43,404
Stay Expenses Admin		7,10,073	-	-	7,10,073	36,627
Water Charges		2,24,739	1,10,600	-	3,35,339	4,79,064
Pooja & Festival Expenses		72,048	-	-	72,048	-
KIPCER - Training Modules		75,400	-	-	75,400	-
Scholarship		20,000	-	-	20,000	-
Softwares/Antivirus		50,804	-	-	50,804	-
Sponsorship Expenses		16,000	-	-	16,000	-
Assets wrongly capitalised earlier written off		36,66,594	-	-	36,66,594	-
Miscellaneous Expenses		96,452	16,551	-	1,13,003	79,050
TOTAL		11,67,91,956	2,14,01,239	-	13,81,93,195	12,06,18,696
Excess of Income over Expenditure for the year transferred to general fund		6,77,83,888	98,68,341	-	7,76,52,229	6,48,22,801

Summary of significant accounting policies 1

Other notes to accounts 20

The accompanying notes are an integral part of the financial statements

As per our report of even date attached

For and on behalf of the board of trustees
Bangalore Hospice Trust

For VARMA & VARMA
Chartered Accountants

FRN 0045325


GURMEET SINGH RANDHAWA
Managing Trustee


KISHORE S RAO
Chairman




ANEESH K
Partner
M. No. 228690


MATHEW GEORGE CHANDY
Chief Executive Officer

Place: Bengaluru
Date: 25-09-2024

Place: Bengaluru
Date: 25-09-2024



We express our sincere gratitude to our donors and well-wishers for their invaluable support of our projects in Bangalore and Bhubaneswar. Your generous contributions allow us to provide crucial palliative care to numerous patients, offering them solace and respect during their most difficult times. Thank you for joining us in our mission to bring comfort and dignity to those in need.



Bangalore Hospice Trust – Karunashraya

Old Airport – Varthur Main Road,
Kundalahalli Gate, Marathahalli,
Bangalore – 560 037, INDIA

Phone: +91 80 4268 5666, 2847 6133



A joint project of the Indian Cancer Society (Karnataka Chapter)
and the Rotary Bangalore Indiranagar.

