



KARUNASHRAYA
Bangalore Hospice Trust

www.karunashraya.org

BANGALORE HOSPICE TRUST NEWSLETTER

JANUARY-MARCH 2023

at a glance

HOME CARE

WHITEFIELD

NEW ADMISSIONS : 19
DEATHS : 09
NUMBER OF PATIENTS : 125

JAYANAGAR

NEW ADMISSIONS : 19
DEATHS : 07
NUMBER OF PATIENTS : 108

SEVANAGAR

NEW ADMISSIONS : 19
DEATHS : 10
NUMBER OF PATIENTS : 135

INPATIENT CARE

NEW ADMISSIONS : 200
RE ADMISSIONS : 083
DEATHS : 149
TOTAL NO. OF PATIENTS : 283
TELECONSULTATION : 284
OPD : 042



BAGCHI KARUNASHRAYA
PALLIATIVE CARE CENTRE
BHUBANESWAR

HOME CARE

NEW ADMISSIONS : 63
DEATHS : 63
NUMBER OF HOME VISITS : 405
OPD VISITS : 163



COUNSELLING
3604 Hrs



PHYSIOTHERAPY
1092 Hrs



DOCTORS CARE
3316 Hrs



NURSING CARE
46808 Hrs



ADMINISTRATION
28545 Hrs



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Indian Association of Palliative Care conference(IAPCON 2023)

This quarter saw Karunashraya hosting the 30th International Conference of the Indian Association of Palliative Care. The theme of this conference was "Metamorphosis: The Emergence of Subspecialty Palliative Medicine". Months of hard work culminated in an academic feast held at the NIMHANS Convention Center, Bangalore, on the 10th -12th of February, 2023. The conference had over 700 delegates in attendance from India and abroad. The scientific sessions were taken by renowned national and international experts in Palliative Medicine.

The pre-conference sessions were held at Karunashraya, Aster CMI, and Sankara Eye Hospital on 9th February 2023 and had an attendance of more than 350 delegates and 70 faculty across 11 workshops.



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EDUCATION & RESEARCH (KIP CER)

We organized:

- 2 Skill development sessions for our counsellors
- 5 Clinical case discussions
- 1 Guest lecture
- 9 Continuous Nursing Education programs, 6 Bedside teaching sessions, and 3 Induction training programs for our nurses.

Certificate Course in Essentials of Palliative Care (CCEPC)

BHT- Karunashraya is one of the IAPC-approved training centres for the Certificate Course in Essentials of Palliative Care. There were 16 candidates registered with KIP CER for the January 2023 batch, out of which 14 were eligible to appear for the final exam on April 1, 2023.

Training of Trainers – Physiotherapists (NHM Odisha)

This quarter, we completed 5 days of home-based and facility-based palliative care training for 10 physiotherapists on deputation from the National Health Mission, Odisha. Our physiotherapists Mr. Mathew Jinu and Mr. Shankar S oversaw the training program.





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EDUCATION & RESEARCH (KIP CER)



EXTERNAL TRAINING PROGRAMS:

* Dr. Seema Rao, Associate Director, Karunashraya Institute for Palliative Care Education & Research, was invited as faculty for a 2.5-day training in palliative care conducted by Homi Bhabha Cancer Hospital and Research Centre, Muzaffarpur, Bihar and the National Health Mission (NHM Bihar). About 30 doctors and 30 nurses from 6 districts of Bihar and 30 doctors from the Homi Bhabha Cancer Institute participated in the program.

* Dr. Seema Rao, was invited to speak on the 'Role of Psycho-Oncologist in Pain and End-of-Life' at the International Conference of Counselling, Psycho- Therapy & Wellbeing, at Christ University, Bangalore. She was also a guest faculty at SDM College of Medical Sciences, KMC Manipal, and Acharya Harihar Regional Cancer Hospital, Cuttack.

* Dr. Nagesh Simha, Medical Director, BHT -Karunashraya, was one of the speakers in the panel discussion on the topic, "Withholding / Withdrawal of Life Support System: Update on Supreme Court Guidelines", organized by Sri Aurobindo Institute of Medical Science, Indore.

* Ms. Sangeetha N, our Nursing Tutor, was a guest speaker at the 'Newer Cancer Care Dimensions' CME at the Command Hospital Air Force Bangalore. She was invited to be a faculty for the sensitisation program for PHC nurses at the Sir CV Raman General Hospital Bangalore under the National Program for Palliative Care. She was also the national faculty and the End of Life Nursing Education Consortium (ELNEC) organised at St John's Hospital, Bangalore.



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EDUCATION & RESEARCH (KIP CER)

INTERNSHIPS:

During this quarter, KIP CER received interns from numerous institutions. Students from Christ (Deemed to be) University; Banjara Academy; Prasanna School Of Public Health, Manipal, MAHE; Oxford School of Applied Sciences ; Nord University; and Tumkur University visited us. The interns actively engaged in the day-to-day activities of Karunashraya.

PUBLICATIONS:

-This quarter we published an article titled- Stakeholder engagement as a strategy to enhance palliative care involvement in intensive care units: A theory of change approach.



ORIENTATION VISITS:

We were visited by 14 M. Phil and PhD students from NIMHANS, Bangalore and 53 nursing students from T John College of Nursing, Bangalore. Following a brief introduction to palliative care by Dr. Seema Rao and Ms. Sangeetha N, they also had a chance to visit the hospice premises to understand the work carried out in our hospice.

RESEARCH:

- As part of our research endeavors, KIP CER was able to present 4 research posters at the 30th International Conference of the Indian Association of Palliative Care held at NIMHANS Bangalore.

-Systematic review – Views and attitudes of healthcare professionals on Do not Cardiopulmonary resuscitation in low and lower-middle-income countries:

Dr Seema Rao, Dr. Naveen Salins, Kasturba Hospital, Manipal, Dr. Udit Joshi, Senior research fellow, KIP CER and Dr. Mayank Gupta, AIIMS Bathinda are collaborating on this ongoing review.



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In Press, Corrected Proof [What's this?](#)



Stakeholder engagement as a strategy to enhance palliative care involvement in intensive care units: A theory of change approach

Seema Rajesh Rao MSc, MBBS^a, Naveen Salins PhD, MD, FRCP^b,
Bader Nael Remawi MSc, BA^a, Shweta Priya Rao MD, MBBS^a,
Vishal Shandbag MD, MRCP^a, N.R. Arjun MD, MBBS^a, Nitin Bhat MD, MBBS^a,
Rajesh Shetty FRCP, MBBS^a, Sunil Karanth MD, MBBS^a,
Vivek Gupta DNB, MNAMS, MBBS^b, Nikhat Jaham MD, DNB^b, Rangraj Setlur MD, DNB, MRCP^b,
Srinagath Simha MS, MSc, FRCP^a, Catherine Walsh PhD, MSc, BSc(Hons), RGN^a,
Nancy Preston PhD, BSc(Hons), RGN^a, R, [View full text](#)

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COUNSELLING



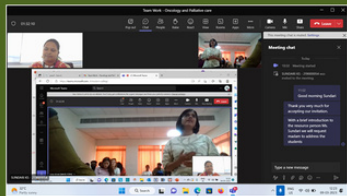
Patient's wish was fulfilled by arranging her marriage.

On the 7th of February 2023, we held a small wedding ceremony for our patient. Since she was aware that her time was limited, she expressed her wish to be married to her long term partner. It gave her immense peace for her to know that she would die as a sumangali (married woman).



Our counsellor, Ms. Aishwarya Bhaskar presented a poster on the topic, "The Unravelling of Self- Therapeutic Life Review at End of Life" at IAPCON 2023.

On the 9th of March 2023, our counsellors, Ms. Sundari KS was invited as a speaker for an online guest lecture on the topic, 'Importance of Multidisciplinary Teamwork in Oncology and Palliative Care' for Social Work Postgraduate students from Manipal University. She spoke about the role and importance of counsellors in palliative care with a few case explanations.





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BAGCHI KARUNASHRAYA



The following events took place in our hospice centre, Bagchi Karunashraya Palliative Care Centre (BKPPCC) in Bhubaneswar, Odisha.

The medical team participated in the poster presentation at the 30th International Conference of the Indian Association of Palliative Care (IAPCON'23). The physiotherapy team underwent a state-level training program on comprehensive geriatric care for four days. Ms. Gilly Burn, Founder and Director of Cancer Relief India paid a visit to the BKPPCC campus and interacted with the staff there. Dr. Satish Sadangi, BKPPCC, attended a stakeholders mapping of non-communicable diseases in Bhubaneswar on 10 Feb 2023 which was organized by the People to People Health Foundation. Ms. Michelle Normen, Psycho-Oncologist, BHT- Karunashraya, and Dr. Seema Rao, Associate Medical Director, KIPCCER visited BKPPCC to understand the ground-level functioning of the medical & counselling services.

IAPCON - KARUNASHRAYA TEAM



30th International Conference of
Indian Association of Palliative Care
"Metamorphosis: The Emergence of Subspecialty Palliative Medicine"





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CSR ACTIVITIES:

CSR teams from corporates such as Cipla, CGI, HP, Crestworth, Thorogood, ANZ, Tata Power Solution & Gallagher Service Centre visited Karunashraya to learn more about our hospice and the various services that we provide. They assisted us in various volunteering services such as assisting our kitchen staff, helping us in gardening activities, preparing cotton and gauze for wound care as well as organising cultural programs to entertain our patients and staff.

We also had an all-women CSR team from Cisco volunteer with us on International Women's Day. They assisted us with various in-house volunteering activities and even arranged for gifts for all of our female staff.



INVITES/ VISITS:

1. We were invited to the Christ (Deemed to be) University, Koramangala campus to set up a stall as part of their NGO mela. We were able to reach out to a lot of students who were keen to know more about our organisation and who were also looking for internship and volunteering opportunities.

2. A team of 8 women from the organisation, 'Community Service of Bangalore Women' visited our hospice to learn about what we do and the services we offer our patients.

3. We held an orientation program for delegates from Muse Creation who visited our hospice in order to learn more about palliative and end-of-life care.



Bagchi Karunashraya Palliative Care Centre
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Jagamara-Sundarpada Road,
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Kundalahalli Gate, Marathahalli,
Bangalore - 560 037, INDIA

