



KARUNASHRAYA
Bangalore Hospice Trust

www.karunashraya.org

BANGALORE HOSPICE TRUST NEWSLETTER

APRIL-JUNE 2022

at a
glance

HOME CARE

WHITEFIELD

NEW ADMISSIONS : 21
DEATHS : 14
NUMBER OF PATIENTS : 64

JAYANAGAR

NEW ADMISSIONS : 21
DEATHS : 8
NUMBER OF PATIENTS : 84

SEVANAGAR

NEW ADMISSIONS : 24
DEATHS : 10
NUMBER OF PATIENTS : 97

INPATIENT CARE

NEW ADMISSIONS : 198
RE ADMISSIONS : 087
DEATHS : 127
TOTAL NO. OF PATIENTS : 285
TELECONSULTATION : 196
OPD : 68



BAGCHI KARUNASHRAYA BHUBANESWAR

HOME CARE

NEW ADMISSIONS : 62
DEATHS : 44
NUMBER OF PATIENTS : 349
OPD VISITS : 108



COUNSELLING
3764 Hrs



PHYSIOTHERAPY
1132 Hrs



DOCTORS CARE
2128 Hrs



NURSING CARE
45616 Hrs



ADMINISTRATION
27484 Hrs



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MEMORIAL DAY CELEBRATION

May 01, 2022 was celebrated as Memorial Day at Karunashraya. This was the day when our first patient entered the hospice. To commemorate this special day, family members of various patients spoke about their experiences at the hospice and highlighted the care given to them and their loved ones. This was made memorable by organizing a fabulous musical performance by Narssimham Kannan and Deepa Rao.



SUPPORT FROM EDUCATIONAL INSTITUTIONS

Several educational institutions such as Deens Academy , Sharanya Narayani International school continue to support our palliative care initiatives through fundraising and by sending volunteers to the hospice and organizing entertainment programs for our patients and staff.

EDUCATION & RESEARCH (KIP CER)



Dr. Seema Rao and Ms. Sangeetha were invited as resource persons for a training program at Goa conducted by the Directorate of Health Services. This was attended by over 130 enthusiastic healthcare professionals. Dr. Seema was also invited to speak on communication skills, grief & bereavement, dignity therapy and communication during EOLC as part of the faculty development program conducted by Pallium India. Dr. Seema also attended the EAPC 12th World Research Congress and presented 2 posters on Enhancing Palliative Care Involvement through stakeholder engagement in Intensive Care Units: A Theory of Change Approach & Palliative Care Provision in Intensive Care Units in low & middle Income Countries: A Scoping Review.

Ms. Maria was invited as a panelist to speak on social work practice at St. Joseph's College as part of the Practitioners and Academicians meet to help aspiring students understand the scope and importance of the profession.

* Ms. Sangeetha was awarded the Lantern Modern Program in EOLC Nursing. She is 1 of the 3 selected candidate to be awarded a scholarship from India and is currently pursuing the program.

* Dr. Seema was invited to give a talk on Psychosocial Issues in Cancer and Palliative Care to the PG students at Manipal Comprehensive Cancer Care Center.

* Dr. Seema had an article published in the BMC Journal on Building Palliative Care Capacity in Cancer Treatment Centres: A Participatory Action Research and another article submitted to Journal of Intensive Care on Palliative and end-of-life care in intensive care units in low- and middle-income countries: A systematically constructed scoping review.



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EDUCATION & RESEARCH (KIP CER)



Internship Activities

The department had interns from various social work and psychology institutions like Banjara Academy, St. Joseph's College. We also had interns pursuing MSc. Psychology and specializing in Msc. Psycho-Oncology from Christ Deemed to be University and St. Francis De Sales College for a 1-month internship with a focus to understand counselling during EOL. The department also had various doctors and nurses visiting for clinical posting and 1-day observations from other institutions and pursuing various courses in Palliative medicine and Palliative Nursing. Apart from the training the department celebrated the graduation of the 30th batch of Nursing Aides on 12 May 2022.

Doctors Training

Training of the Trainers (ToT) of Medical Officers and Nursing Officers on Facility Based and Home Based Palliative Care was conducted by the department in 3 batches with each batch consisting of 11 doctors and 11 nurses from various districts of Odisha. The didactic lectures were conducted both virtually and face-to-face by experts in palliative care from various palliative care institutes in India. Special attention was paid to ensure the training covered the practical aspects of palliative care service and delivery, both institutional and home-based, contextualized to individual settings, be it primary, secondary, or tertiary.



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CORPORATE VOLUNTEERING

The CSR teams from corporates such as Micron Technology , AXA, Cipla, Morgan Stanley and Moodys visited BHT-Karunashraya to know more about the hospice and the various services provided. They were happy to be involved in all-round assistance that included preparation of nutritious meals, gardening activities, making cotton balls for wound care as well as providing fun-filled entertainment through various games, songs and dance performances.





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INTERNATIONAL
YOGA DAY

INTERNATIONAL YOGA DAY

International Yoga Day was celebrated at Karunashraya on 21st June 2022. The nursing staff actively participated in the Yoga Session with the aim of spreading awareness about Yoga. Mr. Basvaraj from Ashtanga Yoga Centre conducted the session. The CEO, Mr. Mathew Chandy, presented him with a token of appreciation



NURSES DAY CELEBRATION / NURSING GRADUATION DAY

The International Nurses Day was observed on May 12, 2022 where a get-together was organized for the nursing staff at the hospice to commemorate the day.. The 30th batch of trainees from the Nursing Aid program graduated following the completion of a 6 month course. It is through this program that we hope to contribute to the growing awareness of and expertise in palliative care in India.



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Vidanya

- An ode to the departed

This is a monthly initiative which was started in March, 2022 as a way to remember all patients who have passed away at the hospice. The aim of the program is to come together as healthcare professionals to reflect in silence as a way to remember and respect those we have cared for as a team. The program also includes a rendition (song/poem) by any staff and ends with a sharing of memories of the patient during their time with us.



CAMPUS VISIT

ACADEMIC ACTIVITIES FOR COUNSELORS

In order to engage in continuous learning, the counsellors attend Academic Activity sessions which are held every Wednesday between 2:30-3:30pm. There have been till date around 40 topics which have been presented and discussed pertaining to psycho-social spiritual issues and also include case presentations by the counsellors.



Former President of Rotary International, Mr. Holger Knaak and Ms. Susanne, visited Karunashraya on June 28th, 2022 and spent couple hours interacting with our Medical Director Dr. Nagesh Simha and staff members to know about our various initiatives. On June 28th, 2022, A CSR leadership team from Baker Hughes comprising of Ms. Sanchita Vaish (Compliance and Regulatory) and Disha Sharma (Communication Leader) visited Karunashraya and actively interacted with the staff and the inmates.