



BANGALORE HOSPICE TRUST

KARUNASHRAYA

QUARTERLY NEWSLETTER OCTOBER- DECEMBER 2019

CELEBRATING

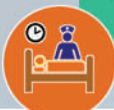


We celebrated our Silver Jubilee at Taj, Bangalore on November 3rd 2019.



The Colloquium on "Death & Dying in India - Negotiating the Maze" was conducted by the combined efforts of KIPCER and ELICIT. It was a huge success.

IN- PATIENT CARE



HOME CARE



Admissions - New: 264
Re admissions: 105
Deaths: 185
Total No. of patients: 369

Admissions - New: 075
Deaths: 051
Total HC Patients: 319

APRIL '19

to

DECEMBER '19



In-patient: 1174

Home care service: 1002

25TH ANNIVERSARY CELEBRATION

On the 26th October 2019, the Bangalore Hospice Trust completed 25 years of its establishment. Celebrating this milestone on 3rd November 2019 with our well wishers, donors, staff and trustees was an emotionally charged and nostalgic occasion. Celebrations were held at the Taj, Bangalore. The event was well attended by our donors, wellwishers and members of Rotary Bangalore Indira Nagar and Indian Cancer Society.

The event ended with a delightful dance performance by Ponnamma Devaiah. With this milestone achieved we look forward to celebrating and achieving more such milestones of dedicated service.



CORPORATE SOCIAL RESPONSIBILITY (CSR)

The CSR teams from Eli Lilly, AT&T, Dell, Intel, Allegis, IQVIA, McAfee, Toyota, Concentrix, Sabre Corporation, TATA Powers, Lenovo and West Communication Ltd. participated whole heartedly and helped us out with solar panel cleaning, pharmacy work, gardening, and cleaning the premises. They also performed some cultural activities bringing in cheer and joy for the patients and staff.

DAAN UTSAV- THE JOY OF GIVING WEEK

The Joy of Giving Week is a "festival of philanthropy" which engages people through "acts of giving", in terms of money, time, resources and skills. This initiative is supported by Karunashraya and many such other NGOs and corporate houses wherein we set up stalls to raise awareness of several social issues and also raise funds. This event was conducted at Broadcom and Epicore. Our stall comprised a "Wishing Tree" whereupon we had put up tags of all our requirements and encouraged people to pick them up and contribute financially to Karunashraya accordingly.



COMMON PURPOSE

"Common purpose" is a global leadership organization devoted to developing leaders who can cross boundaries, both at work and in the society. On the 12th November, the team of Common Purpose sent 30+ participants to Karunashraya to get an insight into how the idea of Karunashraya was conceived and realized, what obstacles and problems we faced during the course of the last twenty-five years of its operation and growth. The purpose of their visit was to provide a platform to the participants to meet people from various sectors and be future ready as leaders to serve the society.



DIWALI CELEBRATION

The 28th October, 2019 marked the 8th continuing year of our celebration of the Festival of Lights. Ms. Prathna Kaul headed a group of over 100 volunteers to celebrate Diwali with all the patients where they conducted several cultural activities. This celebration electrified the entire campus of Karunashraya and filled everyone's heart with peace and serenity.



EDUCATIONAL INSTITUTIONS



VOLUNTEERS



DIVERSIONAL THERAPY FOR PATIENTS



CSR TEAM VISITS

EDUCATION AND RESEARCH

DEATH AND DYING IN INDIA: NEGOTIATING THE MAZE

A two-day colloquium with the theme "Death and Dying in India: Negotiating the Maze" was organized jointly by Karunashraya Institute for Palliative Care Education and Research (KIPCER) and End of Life Care in India Task force (ELICIT). It was aimed at covering diverse aspects related to end of life care. The event laid focus on four major concerns, such as, physical, psychological, social and spiritual Issues experienced by the dying patients. The event was streamed live on YouTube for the benefit of palliative care professionals and enthusiasts who were far away, and hence not in a position to participate in it. The success of the event was marked by 99 participants and over 200 online viewers who were addressed by 14 nationally acclaimed speakers. The event was hosted at Karunashraya during 9-10 November this year with Dr. Nagesh Simha, Medical Director, Karunashraya, as the guiding force and the mentor.



CARDIOLOGY PALLIATIVE CARE MASTER CLASS

With the main objective of creating awareness towards palliative care amongst cardiologists and, in turn, achieving the objective of providing palliative care to cardiac patients, the conference "Cardiology Palliative Care Master Class" was jointly organized by Karunashraya, Kasturba Medical College, Manipal and Manipal Hospital, Bangalore. The event was held on the 16th and 17th of November 2019. The venue of the conference was Manipal Hospital, Bangalore. Various nationally and Internationally known speakers addressed 50 participants who were doctors, nurses and cardiology technicians. The event was chaired by Dr. Ranjan Shetty (Dept of cardiology, Manipal Hospital) and co-chaired by Dr. Nagesh Simha (Medical Director, Karunashraya). The Course directors were Dr. Jeremy Johnson (Chief Mentor, Karunashraya) and Dr. Miriam Johnson (Professor of Palliative Medicine, UK).



3RD ANNUAL ADVANCED THERAPEUTICS COURSE

The third Annual Advanced Therapeutics Course for Palliative Medicine was conducted by Dr. Jeremy Johnson (Chief Mentor, Karunashraya) for doctors and nurses. The main focus of the course was to upgrade trainee's medical knowledge and make them up-to-date in scientific techniques of palliative medicine. The course was held during 23-24 November 2019 at Karunashraya and had 12 resource persons of eminence for covering all the aspects of palliative medicine.

VISITS BY STUDENTS FROM ACADEMIC INSTITUTIONS

Over the past quarter, Karunashraya hosted visits of students from various institutions that focused on understanding palliative care. The institutions include Montfort College Bangalore, Banjara Academy and T-John College of Nursing. We helped in training batches of Government of Karnataka nurses by organizing for them a 10-day program on "Fundamentals of Palliative Care". We had 3 doctors undergoing their fellowship training come to Karunashraya for their clinical internship for 10 days. We had also hosted a pre-medical student from USA for an observational visit of 20 days.

We had students come over from Army Public School, KK English Medium School, St. Mary's School, T John College of Nursing, Deens Academy, and Whitefield Global School. They were given an orientation talk about Karunashraya and subsequently did volunteering in various departments of the hospice.



2 TRAINING PROGRAMS



11 VISITING OBSERVERS



3 SYMPOSIUMS



FUND RAISING CAMPAIGN BY ENTHUSIASTIC BIKERS

"Bro's on Wheels", an enthusiastic group of bikers who apart from their passion of riding bikes also help in campaigning various NGOs and help raising funds for them, launched an effective campaign drive for Karunashraya. As a part of #NoShaveNovember, a month observed to raise awareness about cancer, they raised funds worth Rupees 3 lakhs for the palliative care of cancer patients at Karunashraya. They also conducted campaigns to promote cancer awareness.

On the 30th November, Bros on Wheels created history by conducting a college fest at Karunashraya. The stage was set and exciting events ensued. There was a #BroCodeSelfie Challenge, where participants sporting a beard could flaunt it and win big. 'CYCLOSPACE', a group of people who expressed their creative selves and decorated the campus and made it a visual treat. There was a flipping dance performance by the Phoenix Squad which revved up the energy on stage. The closing act of the carnival was by the Noisy Corridor which brought a smile across all faces.



CHRISTMAS DAY CELEBRATION

On the 25th December, the surroundings of Karunashraya were filled with the cheer and spirit of Christmas. The Christmas celebrations were organized by our ever-loving staff members. They entertained all the care givers and patients by dancing and giving them chocolates, which lifted the spirit of all the patients. This celebration brought a smile on the faces of all and instilled the jolly spirit of Christmas.

KANNADA RAJYOTSAVA

Kannada Rajyotsava celebrations on the 28th November were marked with cultural activities of singing and dancing.

STAFF OUTING

The nursing staff had a team outing on the 7th and 9th of December at Talakadu. The purpose of this outing was to rejuvenate the staff and give them a break from their arduous daily routine.

INITIATIVES

Toni Rossi Online "Buy a shoe. Spread warmth."

Toni Rossi Online pledged to donate a blanket for every shoe sold, a touching initiative from the gentlemen's shoe brand. They gifted a total of 73 blankets to Karunashraya.

Veterans and Novices of PFS

Veterans and Novices of Purva Fountain Square got together to knit beanies and caps for the patients at Karunashraya. The spirit and commitment shown by them was heart-warming and we are ever grateful for their support.

