



BANGALORE HOSPICE TRUST

KARUNASHRAYA

QUARTERLY
NEWSLETTER
OCTOBER- DECEMBER 2018



Ms. Mamatha Karanth (Director of Natyalahari) and her troupe gave a mesmerising dance performance on the theme "Karanamaham" ('Karan' meaning reason; 'aham' meaning I) as part of World Hospice Day.



Advanced Therapeutics Course on Palliative Care was conducted during October 27-28, 2018, with a large participation of doctors and other professionals involved in Palliative Care. The course had 11 resource persons from outside Karunashraya including Professor Patrick C. Pietroni, Executive Director, Darwin Institute for the Study of Compassion, University of London.



IN- PATIENT
CARE

Admissions - New:	227
Re admissions:	126
Deaths:	153
Total No. of patients:	353



HOME
CARE

Admissions - New:	081
Deaths:	041
Total Home Visits:	278

Total number
of patients
from

APRIL '18
to
December '18



In-patient:	1081
Home care service:	814

WORLD HOSPICE DAY CELEBRATIONS

To commemorate the World Hospice Day on the 13th October 2018, a team of volunteers from Intel gave a soulful musical performance for the entertainment of patients and staff at Karunashraya.

Comprehensive celebrations were, however, held on the 28th October 2018, for which the theme has been "Because I matter". This year's theme draws its words from the iconic quote of Dame Cicely Saunders (the founder of the modern hospice movement) - 'You matter because you are you and you matter until the end of your life'. Ms. Mamatha Karanth, Director of Natyalahari along with her troupe gave a mesmerising dance performance on the theme "Karanamaham".



VISITS FROM EDUCATIONAL INSTITUTIONS

The corridors of Karunashraya buzzed with activity and positive energy as children from KK English School, Deens Academy, Pratham International and Ravindra Bharti School visited Karunashraya and performed cultural activities for our staff and patients.



CORPORATE SOCIAL RESPONSIBILITY (CSR)

As a part of Christmas celebrations, a Wish-tree (a large X'mas tree loaded with warm wishes) was set up within Karunashraya premises. This fundraising programme enabled CSR volunteers to contribute to the Wish-tree, thereby fulfilling the needs and wishes of patients and other inmates of Karunashraya. In the last quarter of 2018, Karunashraya saw many volunteers and visitors from different walks of life. They helped in our day-to-day activities in kitchen, gardening, store cleaning and pharmacy. Many teams performed cultural programmes to keep our patients and staff upbeat. Companies like Broadcom, Fico and Epicor invited Karunashraya to spread awareness and needs of cancer patients during Joy of Giving week in October.



CSR TEAM VISITS



VOLUNTEERS



DIVERSIONAL
THERAPY FOR PATIENTS



EDUCATIONAL
INSTITUTIONS

EDUCATION AND RESEARCH

The last quarter witnessed numerous activities which benefitted the staff and doctors at Karunashraya as also outside participants. These activities are detailed below under separate heads.

CONTINUOUS MEDICAL EDUCATION (CME):

As has been practiced regularly in the past, three specific lectures were organized in each month to update and refresh the staff, particularly those involved in nursing, with new developments in palliative care. The topics covered were (i) "Diabetes Mellitus and Insulin Therapy", (ii) "Intercostal Drainage", and (iii) Lymphedema.



SENSITIZATION PROGRAM FOR SURGEONS IN PALLIATIVE CARE:

In association with the Government of Karnataka, Karunashraya organized a one day sensitization program for District Surgeons on December 7, 2018. About 30 surgeons, drawn from different districts of Karnataka, participated in the program. They were made aware of current developments in palliative care, and are expected to spread the message of the availability of this facility in every part of the state of Karnataka, including rural areas.

ADVANCED THERAPEUTICS COURSE ON PALLIATIVE CARE:

It was conducted during October 27-28, 2018, with a large participation of doctors and other professionals involved in palliative care. The course had 11 resource persons from outside Karunashraya including Professor Patrick C. Pietroni, Executive Director, Darwin Institute for the Study of Compassion, University of London. The course covered diverse topics such as, Immunotherapy, Dyskinesia, Serotonin syndrome, Dignifying death, and so forth.



OTHER ACTIVITIES:

In order to understand palliative care and the needs of the people receiving it, people from diverse academic institutions visited Karunashraya. These institutions included Bangalore City College, Banjara Academy, Department of Neurology of NIMHANS, etc.

Dr. Jeremy Johnson was actively involved in a course on palliative care for aspiring physicians organized by the Indian Association of Palliative Care at Kidwai Memorial Hospital, Bengaluru, where he delivered a lecture and conducted sessions.



1 DOCTORS
TRAINING
PROGRAM



6 VISITING
OBSERVERS



3 IN- HOUSE
TRAINING
PROGRAM



SYMPOSIUMS

104 FM

Radio channel 104 FM, in partnership with Rotary Club Bangalore, aired a Christmas special programme on December 25, 2018, to spread awareness about hospice and palliative care. There were interviews and cultural programs wherein doctors, patients, counsellors and caregivers and nursing staff of Karunashraya were involved.

NO-SHAVE NOVEMBER

Flipkart organised a drive of 'No-shave November' wherein 24 of its employees volunteered as participants. The drive was to spread awareness and raise funds for cancer patients. The participants did not shave in the month of November and auctioned their beard thereby raising funds for donation.

'ROCK 2 SCHOOL'

Gopalan International School launched their theatre club with a musical performance 'Rock 2 School' on the 17th and 18th November. The production was conceptualised, written, choreographed and enacted by children from grade V to IX. The event was to spread awareness about cancer. Karunashraya was invited to set up a stall and help in spreading awareness and raising funds. .

KARNATAKA RAJYOTSAVA DAY

Karunashraya celebrated Kannada Rajyotsava in November with various competitions for its staff, doctors and patients. There were Kannada song and dance performances by individuals and groups, fancy dress competition and fashion show. The judges also gave a special performance. The atmosphere was lively enough that few patients too chimed in by singing few lines. The two day programme held at Karunashraya ended with a formal event wherein lamp lighting, flag hoisting and a prize distribution ceremony were held.



DOCTOR'S CARE



NURSING CARE



COUNSELLING



ADMINISTRATIVE
SUPPORT

NURSING STAFF OUTING



DIWALI CELEBRATIONS



Donations by **cheque** should be drawn in favour of "**Bangalore Hospice Trust**". All monetary contributions are eligible for tax exemption under **Section 80G** (50% tax exemption).

paytm

DONATE
NOW



KARUNASHRAYA

Bangalore Hospice Trust

PROVIDING FREE OF COST PALLIATIVE CARE FOR
ADVANCE STAGED CANCER PATIENTS SINCE 1995

www.karunashraya.org

Donate



2424

SUPPORT A PATIENT FOR A DAY

(THIS INCLUDES MEDICAL CARE,
MEDICINES, FOOD , ACCOMMODATION).

Cost per week for a Patient: 16,968/-

Cost per month for a Patient : 72,720/-

Cost per year: for a Patient: 8,84,760/-



RISE AGAINST CANCER

A joint project of the Indian Cancer Society (Karnataka Chapter)
and the Rotary Bangalore Indiranagar

Rotary
Bangalore
INDIRANAGAR

