ABODE OF COMPASSION

FREE PROFESSIONAL PALLIATIVE CARE FOR ADVANCED STAGE CANCER PATIENTS

WWW.KARUNASHRAYA.ORG
As we enter the 25th year of Bangalore Hospice Trust, there is much to be thankful for. The activities of the trust have grown over the years and I would like to place on record my deep appreciation to the staff, past and present, who have contributed to this. I am also thankful to all the trustees over the years who have supported the growth of these activities. We could not have achieved all this without the support of our donors and well wishers who continue to support and encourage us.

The year under review was significant towards increasing our activities under research and education. We signed a MOU with Manipal Academy of Higher Education (MAHE) to collaborate in education and research in palliative medicine and supportive care. We are also in the process of being recognised as centre for doctorate studies by MAHE. We continued to run the ten day programme in palliative care for Government doctors of Karnataka and of other organisations. We have also initiated plans to build a dedicated building to house the outpatient department and education and research department. This building will house the Karunashraya Institute of Palliative Care Education and Research (KIPCER).

Our efforts in providing peace and dignity in the last few days of cancer patient’s life continues. Our inpatient and home care admissions continue steadily with our past patients families being our staunch advocates.

I wish to place on record my sincere appreciation to the staff for their dedication and my sincere thanks to my fellow trustees for their continued unstinted support and counsel during the year.

I also sincerely thank our donors who, year after year, continue to support us. I look forward to their continued support in the future too. I would specially like to thank those who volunteer under the CSR initiative and come and donate their time and effort. Lastly, to the families of our patients who entrust their dear ones in our care, thank you for your trust and for legitimising our very existence.
**OVERVIEW**

At Karunashraya, we welcome advanced stage cancer patients with compassion to help them spend their remaining days in the idyllic surroundings of our Hospice. To make their lives pain free, comfortable and peaceful we are involved in a range of palliative care activities that indulge Home Care, In-patient care, Out patient Care & Education and Training.

**OBJECTIVE**

- To alleviate pain and related symptoms
- To alleviate emotional trauma for both patients and care givers
- To ensure better quality of life at every step
- To counsel the patient's family in order to give them fortitude to accept and deal with the situation and to provide bereavement and post bereavement support
- To enhance awareness about palliative care

**MISSION**

To provide compassionate palliative care for people with a life-limiting illness, and for those important to them, through quality medical, emotional, spiritual and social support.

**VISION 2020**

We will:

- Provide the highest quality in-patient and home-based palliative care, free of cost, to people with a life-limiting illness
- Continuously improve the quality of palliative care provided through research, training and innovation
- Play a leading role in advocacy of palliative care
The sprawling, green facility at Karunashraya has been designed to provide a conducive atmosphere and help patients feel better. Patients are admitted with the objective of alleviating pain and other distressing symptoms. Our teams (palliative care professionals) are trained to deal with the psychological and spiritual needs of the patients. The nursing team is specially competent in handling their intensive minute-to-minute physical requirements. With the support of our well-trained and competent team of doctors, nurses, family counselors, physiotherapists, volunteers and administrative staff, patients begin to heal spiritually and come to terms with their illness. The 73-bed In-patient facility has been in operation for over 18 years now, extending care to over 15,300 patients.
HOME CARE

BHT-Karunashraya launched Home Care services in 1995. To increase coverage and respond effectively to the growing demand for our Home Care services, we have two link centres and three Home Care teams who travel throughout the city to provide our services.

The Home Care teams comprise multi-disciplinary nurses, a counsellor, a physiotherapist, nursing aides, and a social worker who provide necessary palliative care (including counselling) and non-curate treatment to patients and their families, in and around Bangalore. In the last two decades, through our Home Care services, we have been able to support 4,220 patients. Around 4,115 patients have departed peacefully and with less pain. The average number of patients availing our Home Care services at any point in time is around 100.
NURSING AIDES TRAINING PROGRAM

BHT-Karunashraya, besides providing palliative care for advanced-stage cancer patients, is also involved in yeomen service to the community. This service involves training young girls between the ages of 18 to 22, mainly from rural/less privileged backgrounds to become nursing aides, thus creating employment opportunities for them. This six-month training program provides young girls with specialized vocational skills that help patients avail necessary professional help at home and in the hospice. The course is free of charge and includes training — theory and practical — as well as food and lodging. A monthly stipend is also paid to each trainee. Once trained, the nursing aides are employed in the hospice.

ASSOCIATE HOSPICES

We believe that our vast knowledge and expertise of looking after a large number of advanced cancer patients over the years can help hospices that are engaged in similar work. Towards this goal, BHT-Karunashraya is looking at providing guidance to other charitable bodies and training staff involved in palliative care. We have signed MoUs with hospices in Shimoga, Chennai, Puttur, Nagpur, Kolliapettai, Vellore, and Mangalore that are currently functioning independently. Doctors, nurses, and counsellors in these hospices have been trained at Karunashraya. We continue to act as consultants to help them in their day-to-day issues and activities. BHT-Karunashraya will continue its role as a knowledge incubator by helping set up more associate hospices as well as conduct CME for them.
EDUCATION & RESEARCH

ADVANCED THERAPEUTIC COURSE ON PALLIATIVE CARE

The Advanced Therapeutic Course on Palliative Care conducted on 27th-28th October 2018 got an overwhelming response from doctors and other professionals involved in palliative care. The course had 11 resource persons from outside Karunashraya including Professor Patrick C. Pietroni, Executive Director, Darwin Institute for the Study of Compassion, Shrewsbury, England. The course covered diverse topics including Immunotherapy, Dyskinesia, Serotonin Syndrome and Dignifying death.

WORLD HEALTH ASSEMBLY

Dr. Nagesh Simha attended the World Health Assembly of WHO in Geneva as a delegate from the World Hospice Palliative Care Alliance which was a proud moment for the Karunashraya family. It also gave him a ring-side seat where he could observe how the Parliament of the WHO functions.

SENSITIZATION PROGRAM FOR SURGEONS IN PALLIATIVE CARE

On 7th December, 2018 Karunashraya organized a one day sensitization program for about 30 surgeons, in association with the Government of Karnataka. The program was aimed at keeping the surgeons abreast of the current developments in palliative care and be ambassadors of the program in every part of the state of Karnataka, including rural areas.
CLINICAL POSTING AND FIELD WORK

Many students come to Karunashraya as a part of their academic curriculum. Two M.Sc. Nursing students from the St. John’s Medical College and a nurse from Nepal (through the National Fellowship of Palliative Care) completed their clinical posting at our institution. We also had students from Oxford, Bangalore City College and Ambedkar Institute of Management Studies doing their field work at Karunashraya.

Four doctors from different parts of our country spent their 10 day clinical posting in Karunashraya under the program “National Fellowship in Palliative Medicine”. These postings helped these doctors to learn what is being done at Karunashraya and were helpful to us as well.

PARTICIPATION IN THE 26TH INTERNATIONAL CONFERENCE ON PALLIATIVE CARE

Karunashraya significantly contributed to the conference organized by IAPC in Kochi during 8th -10th February 2019, with two of our experts, Dr. N. Simha and Dr. J. Johnson, chairing two important sessions. There were six poster and two video presentations by the Karunashraya team.

BANGALORE PALLIATIVE CARE INTEREST GROUP

Karunashraya hosted the CYTECARE team and palliative care professionals from across Bangalore in July 2018, for their quarterly meeting to discuss the nuances of topics pertinent to their field. The topic of discussion for the day was “The Challenges in Supportive Care Specific to Head and Neck Cancer.”

TRAINING MILITARY NURSING SERVICES

Karunashraya had the honour of training the first batch of nursing officers from Indian MNS (Military Nursing Services). They attended a 10-day course in “Fundamentals of Palliative Care”. The dedicated bunch of six took back with them abundance of knowledge they will surely use while providing care to patients in future.
During January, February and March 2019, ten-day long training programs on “Fundamentals of Palliative Care” were organized at Karunashraya. In all, 30 doctors and 60 nurses from various districts of Karnataka benefitted from these courses and would eventually use the generated expertise in imparting palliative care to patients within their own organizations. Dr. V.S. Patil, Joint Director and Dr. H.V. Rangaswamy, Deputy Director, Department of Health and Family Welfare, Government of Karnataka, gave away certificates to participants.

LECTURES AT KARUNASHRAYA

* In pursuit with Karunashraya’s principle for excellence, three specific lectures on the new developments in palliative care was organized for staff with key focus on the nursing team. The lectures organized during October-December 2018 covered the topics (i) “Diabetes Mellitus and Insulin Therapy”, (ii) “Intercostal Drainage”, and (iii) “Lymphedema”.

* Dr. Greg Barclay, a distinguished physician in palliative care from Sydney, gave an in-house talk “Sedation in End-of-life Care” on 4th February 2019.


* Three one-day orientation programs were organized for the benefit of participants from Narayana Hrudayalaya College of Nursing (on 5th February 2019), T. John College of Nursing (on 15th March 2019) and St. Philomena’s College of Nursing (on 30th March 2019).

* At Karunashraya we often get teams of doctors and nurses who visit us for training in palliative care, so as to gain quintessential knowledge required in this field. In July 2018, a team from Sikkim comprising one doctor and two nurses visited our facility for a ten day theoretical and practical training session. Additionally in August, two staff nurses from Mahaveer Ashray, Chennai, underwent hands on training program in palliative care to help improve their facility.
Air Marshal Rajvir Singh, Director General Medical Services, Lt. Gen. Sanjiv Chopra, Director General Hospital Services (Armed Forces) and Air Marshal (retired) Pavan Kapoor visited Karunashraya to discuss future collaborations with us in the field of palliative care.

Dr. Nagesh Simha served as a resource person in various organizations. He was the Guest of Honour during inauguration of the Department of Palliative Care at Balabhai Nanavati Hospital, Mumbai, in March 2019, as also during the release of the volume “Blue Maple”, the procedural guidelines for limitations of life sustaining treatment and end-of-life care, at Manipal Academy of Higher Education. He was a resource person in the workshop on Communication Skills for ICU doctors at Apollo Hospital, Chennai, and delivered a lecture on a similar topic to neurologists at Mt. Abu, Rajasthan. He also participated in CME on Palliative and End-of-Life Care at Bhatia Hospital, Mumbai, and delivered a lecture on “Importance of Networking” in the workshop “Palliative Care and NGOs” at Tata Memorial Hospital, Mumbai.

Dr Jeremy Johnson was an invited key-note speaker at the World Rural Health Conference held on 2nd April 2018 in Delhi. The IOS version of our free mobile app, “Pallikare”, designed to help inexperienced doctors, was kindly launched by Shri Manoj Jhalani, Director, National Health Mission.

Dr. Jeremy Johnson (Director of Education and Research Dept) actively involved himself to develop course contents on palliative care for aspiring physicians organized by the Indian Association of Palliative Care at Kidwai Memorial Hospital, Bengaluru. He also delivered a lecture and conducted sessions for the aspirants.

Dr. Nagesh Simha, Medical Director, Karunashraya, along with other palliative care, legal and ethics experts at ICMR Working Group, developed algorithms to guide decision-making for foregoing of life support in end of life care situations.
DISTINGUISHED VISITORS

Ms. Chandni Tandon, Hans Foundation, visited Karunashraya on 5th June 2018 and spent her day interacting with our trustees and staff members to know about our various initiatives.

The CEO of Global Cancer India, Dr. Harvinder Singh Bakshi and Sr. Manager Latha S.T. visited Karunashraya to know more about our activities.

Major General Naveen Aggarwal visited Karunashraya on 5th June 2018 and spent his day interacting with Mr. Mathew George Chandy our CEO and staff members to understand our various initiatives.

NO-SHAVE NOVEMBER

Flipkart organised a drive of ‘No-shave November’ wherein 24 of its employees volunteered as participants. The drive was to spread awareness and raise funds for cancer patients. The participants did not shave in the month of November 2018 and auctioned their beard thereby raising funds for donation.

104 FM

Radio channel 104 FM, in partnership with Rotary Club Bangalore, aired a Christmas special program on 25th December 2018, to spread awareness about hospice and palliative care. Interviews and cultural programs were organized involving patients, caregivers, counselors, nursing staff and doctors.

VISITS BY STUDENTS FROM ACADEMIC INSTITUTIONS

Students of AMS Academy of Architecture and Idea School of Architecture, Nashik, visited Karunashraya to study its widely acclaimed architecture. Students from Bangalore City College, Banjara Academy, Cambridge School, Deens Academy, Department of Neurology of NIMHANS, Oxford, KK English School, Montfort College, New Horizon College, Pratham International and Ravindra Bharti School, St. John’s Medical College, St. Mary School, Sri Sathya Sai College of Nursing, and Sri Venkateshwara Dental College also visited Karunashraya where they were briefly introduced to the role of palliative care and hospice for terminally ill patients. Many of these students volunteered in various activities of Karunashraya and also organized cultural programs for the patients and staff.
WORLD HOSPICE DAY

To commemorate the World Hospice Day, on 13th October 2018, a team of volunteers from Intel gave a soulful musical performance to entertain the patients and staff at Karunashraya.

Comprehensive celebrations were held on 28th October, 2018. The theme for the year, “Because I matter”, was chosen from the inspirational quote of Dame Cicely Saunders (founder of the Modern Hospice movement)- “You matter because you are you and you matter until the end of your life”. Ms. Mamatha Karanth and her troupe gave a mesmerizing dance performance on the occasion.

MEMORIAL DAY CELEBRATION

Karunashraya celebrated 1st May 2018 as Memorial Day to commemorate its humble beginning. It was on this date in 1991, Karunashraya admitted its first patient. As a token of love and appreciation, patients and their care giver’s spoke about their experiences at the hospice and highlighted the care given to them and their loved ones. The event was closed with a fabulous stage performance by the ‘Udupa Foundation’. We thank them for their generosity.

KARNATAKA RAJYOTSAVA DAY

Karunashraya celebrated Kannada Rajyotsava in November 27th and 28th of 2018, with various competitive events for its patients, staff and doctors. A wide array of songs and dance showcased the linguistic and cultural richness of the state. Fancy dress competition and fashion show organized, saw some very creative minds at work. The judges also gave in a special performance. The atmosphere was so lively, it awakened the singing passion in few patients and they came forward to sing few lines, much to the joy of their care-givers. The formal event included lighting of the lamp, flag hoisting and the prize distribution ceremony.
HOLI CELEBRATIONS

The festival of colour- Holi, was celebrated on 23rd March 2019. Organic colors were used for the celebrations. 40 children, aged 6-8 years, from the children’s ward along with staff and guests had a very happy time. Music filled the air and the food stalls set up, turned out to be every foodie’s delight. Karunashraya remains grateful to the 187 guests present during the event, for their time and contribution. A substantial amount of funds was raised during the occasion.

WISH-TREE CAMPAIGN

Karunashraya partnered with Syniverse to bring smiles to our patients through the ‘Wish-Tree Campaign’. The event organised between 4th -7th June 2018, by setting up a wish tree, received tremendous response. Thank you for your support, Syniverse! We would like to strengthen our ties by engaging further with you in the future.

As a part of Christmas celebrations, a Wish-tree (a large X’mas tree loaded with warm wishes) was set up within Karunashraya premises. This fundraising program enabled CSR volunteers to contribute to the Wish-tree, thereby fulfilling the needs and wishes of patients and other inmates of Karunashraya.

ONAM CELEBRATIONS

Joy and happiness do not require a specific place and time, all they need is spirit and understanding the underlying reason. Karunashraya aims to bring all festivities right to our patients, conveniently without comprising any of the grandeur or zeal. Onam was celebrated in its entirety with whole hearted participation from the inmates. The mood was contagious and everyone wore large smiles.
MUSIC AND DANCE SHOWS

* Mrs. and Mr. Acharekar hosted a drum jamming event at Karunashraya. The session was aimed for the nursing staff to strengthen their team bonding and better their ability to manage stressful situations. The session was facilitated through traditional African drums, 'Djembe', and they provided an innovative platform for nursing staff to experiment and enhance their self-confidence.

* Mitra Foundation, an ongoing supporter of Karunashraya in diverse ways, organized a magic show and musical program on 10th March, 2019. Patients and staff of Karunashraya greatly enjoyed these programs.

* Karunashraya team remains extremely appreciative of all volunteers from the various corporate houses and academic institutions who organized various cultural events for the patients and staff.

'ROCK 2 SCHOOL'

Gopalan International School launched their theatre club with a musical performance 'Rock 2 School' on 17th-18th November, 2018. The event also aimed to spread awareness about cancer, was conceptualized, written, choreographed and enacted by children from grade V to IX. Karunashraya was invited to set up a stall and help in spreading awareness and raising funds.

'SNEHDEHARA FOUNDATION'

Four volunteers of 'Snehdehara Foundation' visited us on March 30, 2019, for their project work which involved nursing staff, other care givers and counseling staff of Karunashraya in creating canvas and patterns with flowers, and also in creating Rangoli patterns. The inmates also took active interest in these activities.

'SAPTAMI'

As a part of Socially Useful Productive Work (SUPW) to spread the message of approaching life with compassion, Karunashraya organized 'SAPTAMI' at VET School in partnership with Buoyancee and Rotary Interact Club.

'GLOBALWINGS FITNESS'

'Globalwings Fitness' organized 'The Run for Cancer Awareness' on the 24th February 2019, to bring hope to cancer patients, to honour survivors, and to increase awareness about reducing cancer risks. The proceeds of the event were gifted to Karunashraya.
WORLD CANCER DAY

Sixty students of New Horizon College, Bengaluru, organized music and dance extravaganza on 4th February, 2019, spreading cheer and joy among patients and staff alike. A young team of volunteers visited Karunashraya in the evening, bringing along their premium motor bikes. The patients and staff thoroughly enjoyed riding the unique bikes.

INTERNATIONAL YOGA DAY

On 21st June 2018, Karunashraya celebrated the International Yoga Day in collaboration with Akshar Power Yoga Academy, Whitefield. A team of twelve volunteers led by Master Lama and Krithika guided our staff through the various techniques of relaxation. The session was thoroughly rejuvenating and staff walked out completely revitalized.

PET THERAPY AT KARUNASHRAYA

On 22nd August 2018, Karunashraya conducted a pet therapy session for patients and staff, thanks to the support from Mr. Srikanth and team (Hollyboo Pet ventures). Three canines—two Golden Retrievers and a Labrador, played with patients and participated in games like ‘lemon & spoon’ and ‘musical chair’. It was a novel experience for the patients and for a few, it turned to be their first interaction with a pet canine. Needless to say, it was an emotionally satisfying and fun-filled experience.
CORPORATE SOCIAL RESPONSIBILITY

Volunteers from various corporate houses, namely, Agilent Technologies, Allegis, AT&T, Bank of Baroda, Broadcom, CISCO, Davework, Dell, Eli Lilly, Epicor, Fico, GE, Graffiti Collaborative, Herbal Life, HP, Indian Oil Corp, Infosys, Intel, Kinapse, KPMG, Morgan Stanley, OWC, SAP Lab, Quest, Sodexo, Rotary Inner Wheelers, Target, Tata Power, XL Cattin, and Zuri Infraworld, visited Karunashraya. They rendered helping hand in activities relating to kitchen, pharmacy, store keeping, preparation of medical kits for patients, cleaning of solar panels, gardening, etc. Many of these volunteers also entertained patients and staff of Karunashraya by organizing cultural programs. Volunteers of ‘Common Purpose’ team visited Karunashraya as a part of their leadership training program. Companies like Fico and Epicor invited Karunashraya to spread awareness and needs of cancer patients during Joy of Giving week in October.

Here at Karunashraya we believe that each person is unique and possesses inherent positives and capabilities. We strive to better understand our staff and maximize their strengths. As a part of the CSR initiative, the Human Resource Centre conducted an advanced leadership program for our employees. This workshop helped us truly understand our staff, giving us an insight into their personalities thereby allowing us to assign them more suitable roles.
One of our well-wisher Dr. Hari Kumar Sholinghur participated in 12 marathons across the globe with the noble purpose of generating funds for Karunashraya.

Karunashraya-BHT team attended the Cisco-NGO Experience Zone, an event organized by Cisco, enabling NGOs to connect with Cisco employees and share their experiences and stories regarding their service.

AT&T set up a composting unit within the premises of Karunashraya. The unit maintained by AT&T volunteers, converts the leaf litter and other debris to compost which is then collected and sold to their employees to generate funds for Karunashraya.

INTEL India has generously funded the renovation and refurbishing of the prayer room. It has been made air conditioned with beautiful murals and paintings, sofa and chairs, and other facilities.
SALARY 2018- 2019

<table>
<thead>
<tr>
<th>SL.NO</th>
<th>Slab of gross salary (in INR) plus benefits paid to staff (per month)</th>
<th>Male Staff</th>
<th>Female Staff</th>
<th>Total Staff</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Less than 5000</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>5,000-10,000</td>
<td>4</td>
<td>44</td>
<td>48</td>
</tr>
<tr>
<td>3</td>
<td>10,000 - 25,000</td>
<td>11</td>
<td>59</td>
<td>70</td>
</tr>
<tr>
<td>4</td>
<td>25,000 - 50,000</td>
<td>3</td>
<td>12</td>
<td>15</td>
</tr>
<tr>
<td>5</td>
<td>50,000 TO 1 Lac</td>
<td>4</td>
<td>3</td>
<td>7</td>
</tr>
<tr>
<td>6</td>
<td>1 lac &amp; above</td>
<td>2</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>GRAND TOTAL</td>
<td></td>
<td></td>
<td>142</td>
</tr>
</tbody>
</table>

* Highest paid staff salary during the year INR. 2,25,000.00
* Lowest paid staff salary during the year INR. 7,500.00

The board of trustees offers their services on honorary basis. Total amount paid to the Trustees for the year ending 31st March, 2019 stands at Rs.0/- (Rupees Zero)
## DONATIONS
OF 2,00,000/- AND ABOVE IN 2018-2019

<table>
<thead>
<tr>
<th>Organization Name</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>THE HANS FOUNDATION</td>
<td>12,037,369</td>
</tr>
<tr>
<td>AT &amp; T GLOBAL NETWORK SERVICES INDIA PVT. LTD.</td>
<td>5,156,168</td>
</tr>
<tr>
<td>UNITED WAY OF BENGALURU</td>
<td>2,888,608</td>
</tr>
<tr>
<td>MR. K.S. ANAND</td>
<td>2,480,000</td>
</tr>
<tr>
<td>HEIDRICK &amp; STRUGGLES (INDIA) PVT. LTD.</td>
<td>1,866,628</td>
</tr>
<tr>
<td>UK ONLINE GIVING FOUNDATION</td>
<td>1,623,250</td>
</tr>
<tr>
<td>YOUR CAUSE LLC</td>
<td>1,603,366</td>
</tr>
<tr>
<td>GALAX E. SOLUTIONS INDIA PVT. LTD.</td>
<td>1,500,000</td>
</tr>
<tr>
<td>CHARITIES AID FOUNDATION</td>
<td>1,494,166</td>
</tr>
<tr>
<td>CIPLA FOUNDATION</td>
<td>1,250,000</td>
</tr>
<tr>
<td>MRS. CHITRA NANJUNDAYYA</td>
<td>1,000,000</td>
</tr>
<tr>
<td>ASSOCIATED CHARITABLE TRUST</td>
<td>884,760</td>
</tr>
<tr>
<td>GLOBAL GIVING FOUNDATION</td>
<td>819,162</td>
</tr>
<tr>
<td>ASHED PROPERTIES &amp; INVESTMENTS PVT. LTD.</td>
<td>810,422</td>
</tr>
<tr>
<td>V.S. TIRUVENGADASWAMY MUDALIAR MEMORIAL TRUST</td>
<td>500,000</td>
</tr>
<tr>
<td>MR. ASHOK KUMAR AGARWAL</td>
<td>500,000</td>
</tr>
<tr>
<td>MS. R. SHANTA KUMARI</td>
<td>500,000</td>
</tr>
<tr>
<td>MR. M.S. SUGUNENDRA RAO</td>
<td>500,000</td>
</tr>
<tr>
<td>KLUBER LUBRICATION INDIA PRIVAT LIMITED</td>
<td>500,000</td>
</tr>
<tr>
<td>INDIA TIN INDUSTRIES PVT. LTD.</td>
<td>500,000</td>
</tr>
<tr>
<td>SWAMI RAMDAS CHARITABLE MEDICAL MISSION</td>
<td>482,260</td>
</tr>
<tr>
<td>ARM EMBEDDED TECHNOLOGIES PVT. LTD.</td>
<td>400,000</td>
</tr>
<tr>
<td>MS. ANJALI NALKUR</td>
<td>350,000</td>
</tr>
<tr>
<td>R. JHUNJUNWALA FOUNDATION</td>
<td>300,000</td>
</tr>
<tr>
<td>MINDTREE LIMITED</td>
<td>250,000</td>
</tr>
<tr>
<td>MR. SUNNY A. PADACHERIAN</td>
<td>250,000</td>
</tr>
<tr>
<td>SYNOPSIS (INDIA) PVT. LTD.</td>
<td>230,000</td>
</tr>
<tr>
<td>MAC CHARLES (INDIA) LTD</td>
<td>205,000</td>
</tr>
<tr>
<td>PROF. GIRISH S. AGARWAL</td>
<td>200,000</td>
</tr>
<tr>
<td>DR. ILLANA CARIAPA</td>
<td>200,000</td>
</tr>
<tr>
<td>M/S. RAMBUS CHIP TECHNOLOGIES INDIA PVT. LTD.</td>
<td>200,000</td>
</tr>
<tr>
<td>DR. (MRS) VATSALA NARAIN</td>
<td>200,000</td>
</tr>
<tr>
<td>ADC INDIA COMMUNICATION LTD.</td>
<td>200,000</td>
</tr>
<tr>
<td>APTTUS SOFTWARE PVT. LTD.</td>
<td>200,000</td>
</tr>
<tr>
<td>MR. GOPINATH VISWANATHAN</td>
<td>200,000</td>
</tr>
</tbody>
</table>
PATIENT STATISTICS 2018-19

GENDER
- Male: 152
- Female: 219

ECONOMIC PROFILE
- Poor: 210
- Middle Class: 160
- Rich: 1

RELIGION
- Hindu: 82%
- Muslim: 11%
- Christian: 7%

AGE GROUP
- 0 - 14: 0 nos
- 15 - 44: 41 nos
- 45 - 60: 139 nos
- 60 & ABOVE: 191 nos

AGE GROUP
- 15 - 44: 52%
- 45 - 60: 37%
- 60 & ABOVE: 11%
# BANGALORE HOSPICE TRUST

## Balance Sheet as at March 31, 2019

<table>
<thead>
<tr>
<th>Particulars</th>
<th>Note No.</th>
<th>As at March 31, 2019</th>
<th>As at March 31, 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Sources of Funds</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Capital funds</td>
<td>2</td>
<td>39,89,36,879</td>
<td>36,58,84,312</td>
</tr>
<tr>
<td>Current liabilities</td>
<td>3</td>
<td>49,67,511</td>
<td>46,50,697</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td>40,39,04,390</td>
<td>37,05,41,009</td>
</tr>
<tr>
<td><strong>Application of Funds</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Non Current Assets</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Property, Plant and Equipment</td>
<td>4</td>
<td>5,37,29,343</td>
<td>5,62,42,549</td>
</tr>
<tr>
<td>Tangible assets</td>
<td></td>
<td></td>
<td>3,80,000</td>
</tr>
<tr>
<td>Capital work-in-progress</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-current investments</td>
<td>5</td>
<td>16,40,00,000</td>
<td>20,93,62,877</td>
</tr>
<tr>
<td>Long-term loans and advances</td>
<td>6</td>
<td>7,63,625</td>
<td>8,64,625</td>
</tr>
<tr>
<td><strong>Current assets</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current Investments</td>
<td>7</td>
<td>6,28,94,338</td>
<td>2,46,00,000</td>
</tr>
<tr>
<td>Cash and cash equivalents</td>
<td>7</td>
<td>9,01,07,834</td>
<td>5,28,49,699</td>
</tr>
<tr>
<td>Short term loan and advances</td>
<td>8</td>
<td>82,83,363</td>
<td>78,90,857</td>
</tr>
<tr>
<td>Other current assets</td>
<td>9</td>
<td>2,41,25,896</td>
<td>1,63,50,432</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td>40,39,04,390</td>
<td>37,05,41,009</td>
</tr>
</tbody>
</table>

**Significant accounting policies**

1

**Notes to accounts**

15

As per our report of even date attached

For VARMA & VARMA
Chartered Accountants
FRN 004532S

GÜRMEET SINGH RANDHAWA
Managing Trustee

DR S N SIMHA
Medical Director

MATHEW GEORGE CHANDY
Chief Executive Officer

Place: Bengaluru
Date: 04/09/2019

Place: Bengaluru
Date: 04/09/2019
BANGALORE HOSPICE TRUST

Income and Expenditure account for the year ended March 31, 2019

(All amounts in INR)

<table>
<thead>
<tr>
<th>Particulars</th>
<th>Note No.</th>
<th>For the year ended March 31, 2019</th>
<th>For the year ended March 31, 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Income</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Donations received</td>
<td>10</td>
<td>5,22,22,256</td>
<td>3,93,74,967</td>
</tr>
<tr>
<td>Interest received</td>
<td>11</td>
<td>2,42,01,849</td>
<td>2,34,52,046</td>
</tr>
<tr>
<td>Other receipts</td>
<td>12</td>
<td>6,37,644</td>
<td>5,06,728</td>
</tr>
<tr>
<td><strong>Total Income</strong></td>
<td></td>
<td><strong>7,70,61,749</strong></td>
<td><strong>6,33,33,741</strong></td>
</tr>
<tr>
<td>Expenditure</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Employee benefits expense</td>
<td>13</td>
<td>3,50,02,233</td>
<td>3,25,85,875</td>
</tr>
<tr>
<td>Depreciation expense</td>
<td>4</td>
<td>58,37,851</td>
<td>54,61,378</td>
</tr>
<tr>
<td>Other expenses</td>
<td>14</td>
<td>2,36,02,658</td>
<td>2,21,22,156</td>
</tr>
<tr>
<td><strong>Total Expenditure</strong></td>
<td></td>
<td><strong>6,44,42,742</strong></td>
<td><strong>6,01,69,409</strong></td>
</tr>
</tbody>
</table>

Balance of income over expenditure / (expenditure over income) for the year transferred to general fund

1,26,19,007
31,64,332

Significant accounting policies
Notes to accounts

GURMEET SINGH RANDHAWA
Managing Trustee

DR S N SIMHA
Medical Director

MATHEW GEORGE CHANDY
Chief Executive Officer

Place: Bengaluru
Date: 04/09/2019

As per our report of even date attached

For VARMA & VARMA
Chartered Accountants
FRN 004532S

GEORGY MATHEW
Partner
M. No. 209645

Place: Bengaluru
Date: 04/09/2019
Acknowledgements

We would like to thank all our patrons, well-wishers, volunteers and everyone who has been associated with us for their continued support.
Celebrating 25 Years of free compassionate Palliative Care

www.karunashraya.org

PROVIDING FREE PROFESSIONAL PALLIATIVE CARE FOR ADVANCED STAGE CANCER PATIENTS
Contact us: +91- 80-4268 5666  +91 - 80- 2847 6509
Email: info@karunashraya.org