Garland

Oh my shelter, abode of kindness
Garlands of hearts filled with mercy
A flower I became in the garland
A birthplace you gave me in the garland
wish to be a baby again
Sleep in your lap
To bathe in your kindness
your arms stretched forever
for orphans like me, you are a mother
me, a child in your lap
made into a garland of flowers
for offering to god
I bow in obeisance
to my amma, mother of mercy

-Harinaskshama
Dear All,

Bangalore Hospice Trust entered its 24th year of existence in serving the advance stage cancer patients through its home care service as well as inpatient care at Karunashraya. We are extremely grateful to all those patients and their families who put their trust in us. The family members of our past patients are our greatest advocates and our current admissions are a testimonial to this fact. This also shows the dedication of our staff at all levels who provide quality and compassionate palliative care.

Our Home care teams continued to progress well looking after patients in different parts of Bangalore. We added yet another team operating out of Banaswadi Road and looking after patients in North Bangalore. I am extremely grateful to Mr.C.P. Bothra of Bothra trust for providing us the infrastructure and also meeting the expenses of this home care team.

Our research and education department was active through the year. The highlights were the presentation of papers at the annual meeting of Indian Association of Palliative Care and conducting the Advanced Therapeutics course. We were adequately represented at various fora for palliative care in the country and abroad.

I am extremely grateful to my fellow trustees for their valuable counsel and support throughout the year. I am also grateful to both Indian Cancer Society and Rotary Bangalore Indiranagar for their continued support.

I would like to sincerely thank all the staff of Bangalore Hospice Trust, for their dedication and hard work during the year.

I would also like to express my gratitude to all our donors for their continued generosity. My special thanks to The Hans Foundation for their ongoing generous support. I also would like to place on record my appreciation to the staff of various corporate entities who come to Karunashraya and dedicate their time under their CSR initiative.

As we enter the 25th year of our trust I look forward to another year of dedicated service to the advance stage cancer patients and many other new exciting initiatives.
19 Years of In-Patient Service

23 Years of Home Care Service

Around 20,000 lives touched

BANGALORE HOSPICE TRUST
Board of Trustees

ABODE OF COMPASSION
KARUNASHRAYA

OVERVIEW

OUR MISSION

To provide compassionate palliative care for people with a life-limiting illness, and for those important to them, through quality medical, emotional, spiritual and social support.

We will:

• Provide the highest quality in-patient and home-based palliative care, free of cost, to people with a life-limiting illness
• Continuously improve the quality of palliative care provided through research, training and innovation
• Play a leading role in advocacy of palliative care

VISION

2020

• To alleviate pain and related symptoms
• To alleviate emotional trauma for both patients and care givers
• To ensure better quality of life at every step
• To counsel the patient’s family in order to give them fortitude to accept and deal with the situation and to provide bereavement and post bereavement support
• To enhance awareness about palliative care

ABODE OF COMPASSION
The sprawling green facility at Karunashraya has been designed to provide a conducive atmosphere to help patients feel better. Patients are admitted with the objective of alleviating pain and other distressing symptoms. Our teams of palliative care professionals are trained to deal with the patients’ psychological and spiritual needs. The nursing team is especially competent in handling patients’ intensive minute-to-minute physical requirements. With the support of our well-trained and competent team of doctors, nurses, family counsellors, physiotherapists, volunteers, and administrative staff, patients begin to heal spiritually and come to terms with their illness. Together, they form a remarkable support system that patients’ families find difficult to provide at their homes during the last stages of cancer.

The 73-bed in-patient facility has been in operation for over 19 years now, extending care to over 16,800 patients.

IN-PATIENT CARE

HOME CARE

BHT•Karunashraya launched Home Care services in 1995. To increase coverage and respond effectively to the growing demand for our Home Care services, we have two link centres and three Home Care teams who travel throughout the city to provide our services.

The Home Care teams comprise multi-disciplinary nurses, a counsellor, a physiotherapist, nursing aides, and a social worker who provide necessary palliative care (including counselling) and non-curative treatment to patients and their families, in and around Bangalore.

In the last two decades, through our Home Care services, we have been able to support 3,850 patients. Around 3,700 patients have departed peacefully and with less pain. The average number of patients availing our Home Care services at any point in time is around 80.
NURSING AIDES TRAINING PROGRAM

BHT-Karunashraya, besides providing palliative care for advanced-stage cancer patients, is also involved in yeomen service to the community. This service involves training young girls between the ages of 18 to 22, mainly from rural/less privileged backgrounds to become nursing aides, thus creating employment opportunities for them. This six-month training program provides young girls with specialized vocational skills that help patients avail necessary professional help at home and in the hospice. The course is free of charge and includes training - theory and practical - as well as food and lodging. A monthly stipend is also paid to each trainee. Once trained, the nursing aides are employed in the hospice.

We have successfully completed training 25 batches till now. This program is designed in a way that it not only helps in fulfilling a niche need in our society but also empowers these young women to have a career.

EDUCATION

IN-HOUSE TRAINING FOR NURSES AND DOCTORS/ COUNSELORS

Offering on the job experience and training to:

- Physiotherapy Students
- Medical social worker students
- Nursing students
- Volunteers
- Interns
ASSOCIATE HOSPICES

We believe that our vast knowledge and expertise of looking after a large number of advanced cancer patients over the years can help hospices that are engaged in similar work. Towards this goal, BHT-Karunashraya is looking at providing guidance to other charitable bodies and training staff involved in palliative care. We have signed MoUs with hospices in Shimoga, Chennai, Puttur, Nagpur, Kallianpur, Vellore, and Mangalore that all currently functioning independently. Doctors, nurses, and counsellors in these hospices have been trained at Karunashraya. We continue to act as consultants to help them in their day-to-day issues and activities. BHT-Karunashraya will continue its role as a knowledge incubator by helping set up more associate hospices as well as conduct CME for them.

QUALITY & RESEARCH

In our quest to continually improve our service, we have introduced clinical audit and evaluation of outcomes in different areas of our work. Qualitative research has led to several publications. We provide opportunities to interns, post-graduate students, and PhD scholars to undertake projects. In this regard, our collaboration with NIMHANS (a MoU signed in September 2015) has been invaluable. As part of the National Programme for Palliative Care organised by the Ministry of Health and Family Welfare and also through state government initiatives, we have taught doctors and nurses from Karnataka, Odisha, Uttarkhand, Chhattisgarh, Assam, Puducherry, Haryana, Mizoram, Gujarat, and Manipur. We provide intense, comprehensive courses that include a strong ‘hands-on’ component based on experience gained in home care and in-patient wards.

E-LEARNING COURSE

A partnership between Cardiff University’s Department of Palliative Medicine, Karunashraya, and ecancer has led to the development of an e-learning course. This course is available online and free of cost. It includes 20 modules (one hour each) covering various aspects of palliative care, such as management of different symptoms, communication skills, and paediatrics. Palliative care experts from all over India have been involved in designing the course, and the modules are set firmly within the Indian context.
“Pallikare”

On 22 February 2018, Karunashraya launched an app called Pallikare. This is a mobile app designed for general practitioners, rural doctors, and those with little training or experience in palliative care. It is a quick reference on background, investigations, and treatment for several common problems. It has been designed and funded by Karunashraya keeping the Indian context of medicine cost and availability in mind. It can be downloaded free of cost from the Google Play store.

Lien Foundation

Dr. Jeremy Johnson was part of the faculty for this course, organized by the Lien Foundation (Singapore) in conjunction with AIIMS. About 40 doctors and nurses from Patna, Chandigarh, Mangalore, and Delhi attended.

Advanced Therapeutics Course

The Advanced Therapeutics Course of Palliative Medicine was conducted in November 2017 for participants from all over the country and from different professional backgrounds. The course was conducted by foreign faculty with enormous experience in palliative medicine. KMC observer Dr. Albert was also present to award the CME credits to the doctors who participated in the course.

Nursing Training Initiatives

Ms. Sangeetha, Nursing Tutor was invited to speak at an international conference in Puducherry on “Research in Palliative Care – A role for Nurses” and at a conference in Sathya Sai College, Bangalore to speak on “Ethical Issues in the nursing profession”

Also, two batches of the Nursing Aides Training Program commenced in February and September 2018 respectively, for a duration of six months.
TRAINING PROGRAMME

In January 2017, on the back of training initiatives sponsored by the Ministry of Health and Family Welfare, teams of rural doctors and nurses from Manipur attended Karunashraya for an intense programme of education, tailored to their needs. We have undertaken to support their ongoing development and roll-out of palliative care in Manipur, as part of the 2nd Palliative Care Training Program for Cancer Treatment Centres in New Delhi.

In collaboration with the National Institute of Health and Family Welfare, Karunashraya was privileged to conduct ‘The Hands-On Training of Trainers under the National Programme for Palliative Care’ on 2-4 November 2017. Doctors and nurses from seven states of India attended.

Integrating Palliative Care into Oncology

The advocacy work of Karunashraya continues at local and national levels. In early April, Dr. Nagesh Simha and Dr. Jeremy Johnson spoke on ‘Integrating palliative care into oncology’ at a day-long continuing medical education (CME) programme organized by the Cancer Relief Society, the Regional Cancer Hospital, Indian Institute of Management, Ahmedabad, and Snehanchal Hospice in Nagpur.

Symposium

Mr. Gurmeet Randhawa, Dr. Nagesh Simha, and Dr. Jeremy Johnson participated in a symposium at Mathura in support for the work of Citizens’ Action Needed for Dignity in Death and End of Life Care in India Task force (of which Dr. Simha is a founding member and leading light). Karunashraya intends to support and promulgate this work.

Dr. Johnson and Dr. Simha were faculty at Cardiff University’s MSc course in the UK. Dr. Babita and Dr. Amelia were there as students along with six others from various parts of India.

Over the course of the year, Dr. Jeremy Johnson conducted sessions on the basic essentials of palliative care, and ethical issues in end-of-life care in Rajasthan. Also, Dr. Jeremy Johnson was invited as speaker at various conference and workshops i.e. Bhopal, Brisbane, London, Trinidad and Tobago, Liverpool.
Colloquium on “Compassion in Care”

Early in February 2018, Karunashraya hosted a major colloquium on ‘Compassion in Care’ at Bharatiya Vidya Bhavan. Participants from many different parts of India heard eminent speakers, including Prof. Philip Larkin (Dean of Clinical Studies, University College, Dublin, and president of European Association for Palliative Care), Padmashree Dr. Rajagopal (Pallium India), Dr. Dominique Cassidy, (psychotherapist from Switzerland), Profs. Santosh Chaturvedi and Prabha Chandra (NIMHANS), and Dr. Nagesh Simha, amongst others. Topics covered included ‘What is compassion?’, ‘Can it be taught?’, ‘Compassionate communities’, ‘Self-care’, and ‘Buddhist and Vedic perspectives’.

IAPC CON 2018

The Karunashraya team had a strong representation at the 25th annual International Conference of Indian Association of Palliative Care (IAPCON) 2018, held at AIIMS, New Delhi. Our team members presented papers, attended plenary sessions, Vasudha (counsellor), Sundari (counsellor), and Sangeetha N. (nursing tutor) from our team won prizes in different categories for their work. There was also a plenary presentation by Dr. Nagesh Simha, and Dr. Jeremy Johnson and two posters presented on the work we do.

VCR Stake Holders Meet

VCR Park is a cancer-focused knowledge and innovation biocluster being set up in Vishakhapatnam on 500 acres. BHT had signed an MoU with VCR around palliative care. Our CEO Mathew Chandy attended the inaugural meet. The one-day meet was attended by over 60 people, comprising CEOs of various companies as well as top officials from the government of Andhra Pradesh.

Collaboration with Hospices

Mr. Mathew George Chandy, CEO of Karunashraya, recently visited the Sparsh Hospice in Hyderabad. Similarly, in the recent past, Mr. Ram Mohan Roy, CEO of Sparsh Hospice, visited BHT-Karunashraya to understand and observe the workings of our hospice to better run Sparsh.
WORLD HOSPICE AND PALLIATIVE CARE DAY 2017

World Hospice and Palliative Care day is a unified day of action to celebrate and support hospice and palliative care around the world. The internationally recognized day was celebrated with enthusiasm by the Kartunshayaya family along with our well-wishers at Fortune Select on 14th October. The mesmerizing dance performance by the Nrityagram dance group left us enthralled.

MEMORIAL DAY

1st May 2017 was celebrated as Memorial Day at Karunashraya. This was the day when our first patient entered hospice. To commemorate this special day, family members of various patients spoke about their experiences at the hospice, and highlighted the care given to them and their loved ones. This was followed by lunch and dance performances by our nursing staff, ensuring that our hospice family had a lovely time.
A NEW BEGINNING

A long-cherished dream came true with the inauguration of our Second Link Centre in collaboration with the Sri Chandanmai Pukhraj Bothra Trust. It is located at Jai Bharath Nagar near Maruthi Seva Nagar. The centre will provide palliative care for patients in East Bangalore area. We are indebted to Mr. Bothra and the Trust for generously providing us a room in the clinic, a vehicle for the outreach of nurses, and the services of Dr. Veena to aid the patients.

HANS FOUNDATION

Mr. Sudeep Sinha, director of the Hans Foundation, visited us and spent his day interacting with our trustees and staff members to know about our various initiatives. On 7th May 2017, a team from Hans Foundation visited the hospice to shoot a documentary video on Karunashraya’s activities and services.

INTERNATIONAL YOGA DAY

On 21st June 2017, Karunashraya, in collaboration with the Art of Living, celebrated International Yoga Day by organizing a two-day yoga workshop for our nursing team. The workshop was led by Ms. Pallavi from the Art of Living. She guided our staff into a state of relaxation through ancient spiritual art. The workshop was beneficial for the nurses as it taught them ways to maintain a calm mindset and approach work with serenity.

DOCTORS DAY

On Doctors Day on 1st July, the Karunashraya family joined hands to thank our doctors for their tireless, selfless work. Staff from various departments took to the stage with an entertainment programme. Our doctors comfort our patients in body, mind and spirit. Their work is not just limited to handling the patients’ physical issues but soothes their mental condition as well.
WORLD CANCER DAY

On the occasion of World Cancer Day (February 4th), a musical event initiated by DC Research Centre was organised by Karunashraya.

INTERNATIONAL NURSES DAY

International Nurses Day was observed on 12th May 2017, with a get-together organized for the nursing staff at the hospice.

TCS WORLD 10K BANGALORE

Our team of 20 nurses and a few volunteers participated in ‘Majja Run’, organized as part of the TCS World 10K Bangalore Marathon on 21st May 2017. The objective was to raise awareness about the dire need in our country for palliative and hospice care as well as educate people about the services offered by Karunashraya.

DaanUtsav - Giving back to Society

The Joy of Giving week (DaanUtsav) is India’s very own ‘festival of giving’ that takes place from 2 to 8 October. It aims to spread joy and happiness among those who need help and support, and for each of us to experience the joy of giving. This year we organized two events for DaanUtsav. Our hospice organized a wish-tree campaign at the Broadcom Ecospaces and GTP campuses as part of the festival. Children from the NGO VIDYA visited Karunashraya and entertained the patients and staff with games and performances, ensuring that our hospice family had a lovely time.
COLORFUL REVELRY

It was a feast for the eyes at Karunashraya’s Onam celebrations. Vibrant poikalam (flower rangoli) transformed the whole facility into a flowery paradise. The enthusiastic staff, who dressed in traditional attire, danced and swayed to the music. The nursing staff took part in the Pookalam contest with great zest. The designs were innovative and intricate.

DANDIYA BEATS

Our fundraising event, Dandiya Beats, marked the Navratri / Dandiya season at Indiranagar Club with hundreds of patrons. The energy in the house soared sky-high that evening.

TRICOLOR CELEBRATIONS

Our Independence and Republic Day celebrations included a flag-hoisting ceremony among a large gathering. The patriotic crowd included patients and their families. They were so happy to be present there, even if some were unable to walk and had to be wheeled out to the lawn by their attendees.

LIGHTING UP DIWALI

Every year, Karunashraya celebrates Diwali, the festival of light, by touching the lives of the patients in a meaningful way. While the rest of the world was busy celebrating Diwali with sweets and lights, a group of volunteers from Sanman group and Giftable brightened up the festival at Karunashraya with their presence and delicious sweets. They brought about a smile on the face of the patients and the staff with their fun-filled celebrations.

SPORTS DAY AT KARUNASHRAYA

Sports Day was organized on May 22nd and 23rd 2017 at the hospice. It provided an opportunity for the nursing team, doctors, and all other employees to participate in multiple sports activities. It was a fun-filled event that was enjoyed by everyone, including the patients.
CHRISTMAS BELLS RING AT KARUNASHRAYA

A group of churchgoers from JCLM, Amazing Grace AG Church, and Nation of Rhythm organized lovely Christmas programs for our patients and staff. We had a few students and clubs arranging a beautiful session of Christmas carols at our hospice. We were so lucky to have people sharing their talents with us during the holiday season.

KARNATAKA RAJYOTSAVA

On 28th November 2017, our staff and patients celebrated Kannada Rajyotsava in a grand manner. One of our patients hoisted the Karnataka flag at our campus, and we organised competitions such as group songs, a fashion show, and fancy dress and dance competitions.

THEATRE FOR CHANGE

The Theatre for Change produced a play called ‘When the Rainbow is Enough’ at Rangasthala, conceptualized by Sujatha Balakrishna and directed by Kavya Srinivasan. They raised funds for Karunashraya, and we thank them for their generosity.

CULTURAL PROGRAMMS

Volunteers from Sanman group, Sri Mallige Mahila Sangha, India Art Foundation, RK Group, and Intel, as well as other well-wishes such as musician singer Mr. Amarnath, spent their valuable time in the hospice. They also engaged with our patients and staff members through various dance, music, and magic shows, which have given joy to our patients and staff.

YOUNG KIDS BIG HEARTS

Students from National Public School HSR Layout/Indiranagar, Army Public School, Gurukul School, New Horizon Gurukul School, Imla International, and Delhi Public School Whitefield visited us, and it was an enriching experience for them as well as the patients. They interacted with the patients and put on an entertainment programme. They also gave a generous donation to the organization. Visits like these provide some respite and cheer for the patients. They enjoyed the soulful music and meeting these young kids. For the students, it was a lesson in empathy, sharing, and giving back to the community.
THEATER WORKSHOP

On 13th May 2017, First Drop Theatre organized a performance for our nursing staff. They enacted the stories and experiences of our nurses in a humorous way. It was an enriching experience for the nursing team.

YOGA

100Yoga studio organized a yoga session especially for nurses. This sequence is designed for nurses who spend a lot of time on their feet as they care for others throughout the day. The stressful situations that nurses deal with every day can have a toll on their bodies and minds, including anxiety, migraines, back pain, etc. The session was much appreciated by the nurses.

COUNSELLING WORKSHOP BY ICS

The Indian Cancer Society conducted a two-day workshop in Karunashraya on counselling cancer patients and caregivers through extensive use of role plays, case studies, videos, and sharing of experience, which was extremely helpful.

TA TRAINING

Ms. Annie Cariapa (certified in PTSTA psychotherapy and the founder of Spanda) has been conducting transactional analysis (TA) sessions at Karunashraya. Each session lasts for 2½ hours. Participants who attend 5 sessions get a certificate in TA. These sessions help our staff better understand the concepts, and enhance their communication and relationship skills.
CORPORATE SOCIAL RESPONSIBILITY

VOLUNTEERING

Karunashraya participates actively in corporate social responsibility (CSR) program of several companies. CSR visits to the hospice provide a platform for corporate sector staff to gain an insight into palliative care, and are an invaluable resource for Karunashraya as well.

The CSR teams from Common Purpose, Cisco, Intel, Quest Team, the Aditya Birla Group, AT&T, Phillips Global, Dell, Deloitte, Xi Cathin, HP & Xerox, TCS, Elli Lilly, JDS Software, Adobe, Riverbed Technology, Sabre Technology Max group, and Tata Coffee lent a helping hand in various departments with great enthusiasm. These teams volunteered in the kitchen, pharmacy, charity shop, and gardens, as well as in the administrative and housekeeping departments. They also organised lively entertainment programs for the patients and staff. We extend our sincere gratitude to these companies for their ongoing dedication and support.
EDCATIONAL INSTITUTIONS

Karunashraya is committed to encouraging educational visits from students across a range of schools and colleges. Students from St. John’s College, Mount Carmel College, and Acharya Institute of Management and Sciences visited our campus. They learnt about the various aspects of palliative care and the crucial role played by a hospice centre. It was first-hand experience for them, more valuable than textbook knowledge of palliative care. We were happy to also welcome students from Dayananda Sagar College of Architecture, Kristu Jayanti College, St. John’s Nursing College, St. Philomena’s College of Nursing, Padmashree College of Nursing, CMRIT College of Architecture, MCC Bangalore, Christ College, St. Joseph’s College, Welinger College, and Ivy Aspire. These students chose to volunteer at Karunashraya as part of their academic curriculum. We thank them for their generous donations following the visit.
CSR TESTIMONIALS

CISCO - GLOBAL SUPPORT EXP TEAM

Today was a day of awareness and education about palliative care. I have been to hospitals but never to a palliative care centre like KARUNASHRAYA. Truly humbled by what we saw, heard and experienced here. This phase of life can hit us at any point of time so truly understanding the emotions/life changing situation was an eye opener.

The unsung heroes are the nurses and care givers- who seemed to be executing their daily patient care with a very positive disposition. Would like to be associated with an organization like this and see if I can also contribute in some way or the other.

INTEL TECHNOLOGIES INDIA PVT. LTD.

The visit we pay to Bangalore Hospices Trust’s monthly is one we all look forward to. More than performing, the ambience created due to the fun, is a welcome feeling. We’ll keep visiting every month and spreading the love and music. This is an amazing initiative and should continue indefinitely.

All the Best!

DELL TECHNOLOGIES

As a part of the CSR activity a group of 15 folks came to the Hospice. The visit was more than fruitful with an insight of what the Hospice is all about, different services offered; positive attitude carried by the folks who work here gave a whole new perspective of the centre. The brief by Georjo and a walk around the place of different sections covering most of the areas of the building was insightful.

I must confess it’s a great place for the people who come in their last stage. It’s not just a set of duties that the people do here but with the flavor of love and caring that adds to the service. You guys are doing a fantastic job by taking one step at a time and making a huge difference to the community.

Good job keep going!
VOLUNTEER TESTIMONIALS

With the enthusiastic, energetic staff members here, it is a pleasure coming here to help out. We too get energised. Thank you everyone for supporting us. Wish the institution to grow even more.

- Ms. Chandra

I am having a wonderful time volunteering at Karunashraya. I got an opportunity to interact with all the staff here and after meeting them, I feel very energetic and enthusiastic. I really appreciate the counselors and nurses in taking care of the patients with smiling faces and good hospitality.

- Ms. Mahalakshmi

Our presence and presents makes the difference in their lives as well as in our life. I feel good in making the journey peaceful and less painful.

- Ms. Joyti
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* Highest paid staff salary during the year INR. 1,66,700.00
* Lowest paid staff salary during the year INR. 7,500.00

The board of trustees offers their services on honorary basis. Total amount paid to the Trustees for the year ending 31st March, 2018 stands at Rs.0/- (Rupees Zero)
# DONATIONS
OF 3,00,000/- AND ABOVE IN 2017-2018

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<td>BRIG. C.N.S. MURTHY</td>
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</tr>
<tr>
<td>23</td>
<td>THE HANS FOUNDATION</td>
<td>1,18,57,766.00</td>
</tr>
</tbody>
</table>
RELIGION (INPATIENT & HOME CARE)

- **Christian**: 166 (9%)
- **Hindus**: 1520 (83%)
- **Muslims**: 149 (8%)
- **Others**: 2

<table>
<thead>
<tr>
<th>Religion</th>
<th>No. of In-Patient</th>
<th>No. of Home Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Christians</td>
<td>138</td>
<td>28</td>
</tr>
<tr>
<td>Hindus</td>
<td>1277</td>
<td>243</td>
</tr>
<tr>
<td>Muslims</td>
<td>104</td>
<td>45</td>
</tr>
<tr>
<td>Others</td>
<td>0</td>
<td>2</td>
</tr>
</tbody>
</table>

**ABODE OF COMPASSION**
# Economic Profile

## No. of In-Patient & Home Care

<table>
<thead>
<tr>
<th>Class</th>
<th>No. of In-Patient</th>
<th>No. of Home Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Poor</td>
<td>967</td>
<td>216</td>
</tr>
<tr>
<td>Middle Class</td>
<td>547</td>
<td>102</td>
</tr>
<tr>
<td>Rich</td>
<td>5</td>
<td>0</td>
</tr>
</tbody>
</table>
# Age Group

## Inpatient & Home Care

<table>
<thead>
<tr>
<th>Age Group</th>
<th>No. of In-Patient</th>
<th>No. of Home Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 -14</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>15 - 44</td>
<td>250</td>
<td>49</td>
</tr>
<tr>
<td>45 - 60</td>
<td>525</td>
<td>115</td>
</tr>
<tr>
<td>60 &amp; ABOVE</td>
<td>740</td>
<td>152</td>
</tr>
</tbody>
</table>
BANGALORE HOSPICE TRUST

Balance Sheet as at March 31, 2018

(All amounts in INR)

<table>
<thead>
<tr>
<th>Particulars</th>
<th>Note No.</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sources of Funds</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Capital funds</td>
<td>1</td>
<td>36,58,84,312</td>
<td>34,74,88,901</td>
</tr>
<tr>
<td>Current liabilities</td>
<td>2</td>
<td>46,56,697</td>
<td>26,51,162</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td><strong>37,05,41,009</strong></td>
<td><strong>35,01,40,063</strong></td>
</tr>
<tr>
<td>Application of Funds</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non Current Assets</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fixed assets</td>
<td>3</td>
<td>5,62,42,549</td>
<td>5,09,21,374</td>
</tr>
<tr>
<td>Capital work-in-progress</td>
<td></td>
<td>3,80,000</td>
<td>70,11,000</td>
</tr>
<tr>
<td>Non-current investments</td>
<td>4</td>
<td>20,93,62,877</td>
<td>15,55,62,877</td>
</tr>
<tr>
<td>Long-term loans &amp; advances</td>
<td>5</td>
<td>8,64,825</td>
<td>19,70,625</td>
</tr>
<tr>
<td>Current assets</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current investments</td>
<td>6</td>
<td>2,46,00,000</td>
<td>2,65,00,000</td>
</tr>
<tr>
<td>Cash and cash equivalents</td>
<td>7</td>
<td>5,28,49,669</td>
<td>8,83,49,058</td>
</tr>
<tr>
<td>Short term loan and advances</td>
<td>8</td>
<td>78,90,857</td>
<td>60,67,445</td>
</tr>
<tr>
<td>Other current assets</td>
<td>9</td>
<td>1,83,50,432</td>
<td>1,37,57,684</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td><strong>37,05,41,009</strong></td>
<td><strong>35,01,40,063</strong></td>
</tr>
</tbody>
</table>

Significant accounting policies and notes to accounts 15

As per our report of even date attached

For VARMA & VARMA
Chartered Accountants
FRN 0045325

GEORGY MATHEW
Partner
M. No. 209645

GURMEET SINGH RANDHAWA
Managing Trustee

KALA DEVARAJAN
Trustee & Treasurer

MATHEW GEORGE CHANDY
Chief Executive Officer

Place: Bengaluru
Date: 06.10.2018

Place: Bengaluru
Date: 06.10.2018
BANGALORE HOSPICE TRUST

Income and Expenditure account for the year ended March 31, 2018

(All amounts in INR)

<table>
<thead>
<tr>
<th>Particulars</th>
<th>Note No.</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Income</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Donations received</td>
<td>10</td>
<td>3,93,74,967</td>
<td>4,12,60,746</td>
</tr>
<tr>
<td>Interest received</td>
<td>11</td>
<td>2,34,52,046</td>
<td>2,44,97,832</td>
</tr>
<tr>
<td>Other receipts</td>
<td>12</td>
<td>5,06,728</td>
<td>7,55,713</td>
</tr>
<tr>
<td><strong>Total Income</strong></td>
<td></td>
<td><strong>6,33,33,741</strong></td>
<td><strong>6,65,14,291</strong></td>
</tr>
<tr>
<td>Expenditure</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Employee benefits expense</td>
<td>13</td>
<td>3,25,85,875</td>
<td>2,85,27,099</td>
</tr>
<tr>
<td>Depreciation expense</td>
<td>3</td>
<td>54,61,378</td>
<td>47,16,920</td>
</tr>
<tr>
<td>Other expenses</td>
<td>14</td>
<td>2,21,22,156</td>
<td>2,53,00,223</td>
</tr>
<tr>
<td><strong>Total Expenditure</strong></td>
<td></td>
<td><strong>6,01,69,409</strong></td>
<td><strong>5,85,44,242</strong></td>
</tr>
<tr>
<td>Balance of income over expenditure / (expenditure over income) for the year transferred to general fund</td>
<td></td>
<td>31,64,332</td>
<td>79,70,049</td>
</tr>
</tbody>
</table>

Significant accounting policies and notes to accounts 15

As per our report of even date attached

For VARMA & VARMA
Chartered Accountants
FRN 004532S
GEORGY MATHEW
Partner
M. No. 209645

GURMEET SINGH RANDHAWA
Managing Trustee

KALA DEVARAJAN
Trustee & Treasurer

MATHEW GEORGE CHANDY
Chief Executive Officer

Place: Bengaluru
Date: 06.10.2018

Place: Bengaluru
Date: 06.10.2018
Acknowledgements

We would like to thank all our patrons, well-wishers, volunteers and everyone who has been associated with us for their continued support.