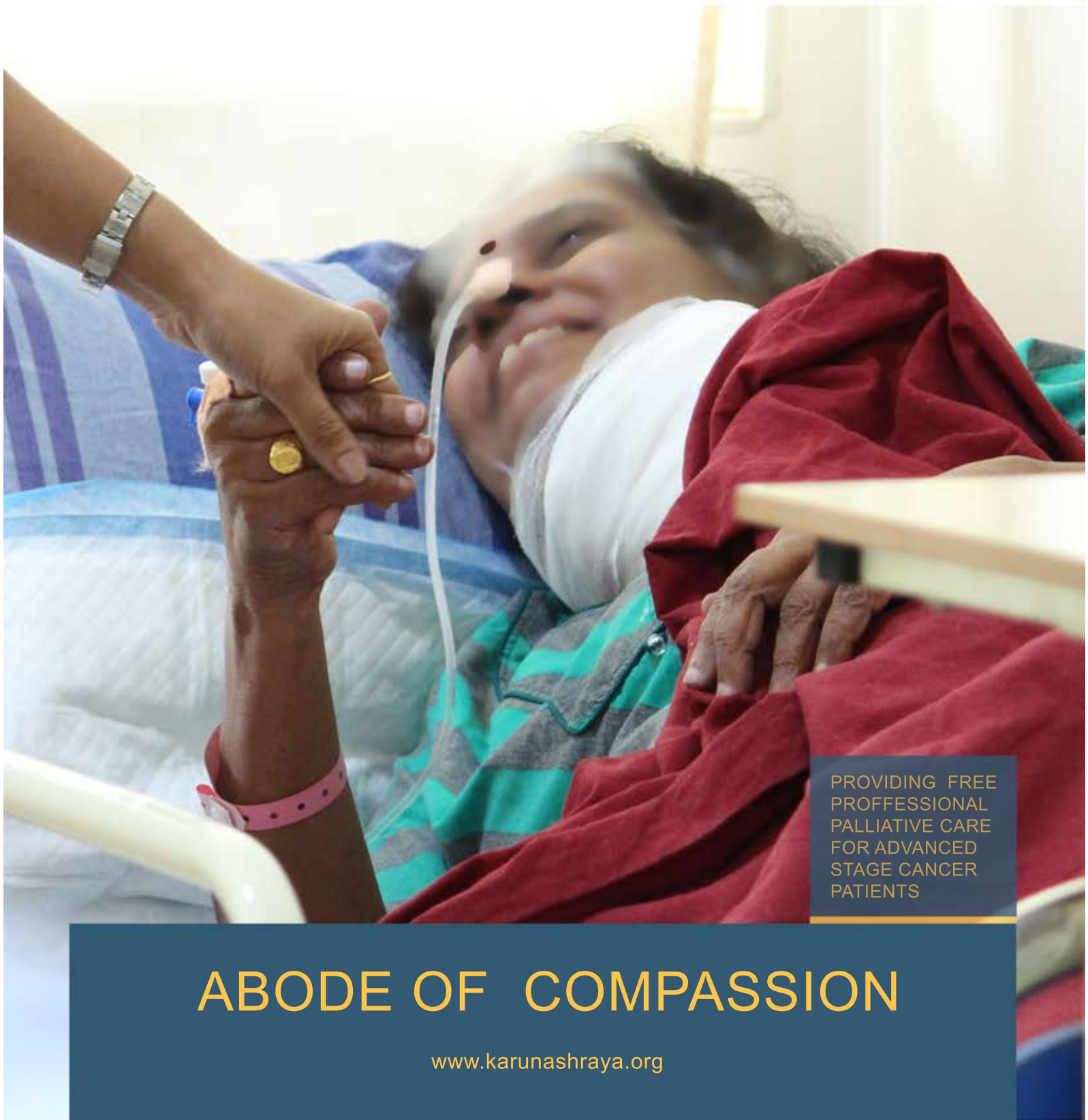




KARUNASHRAYA

ANNUAL REPORT 2016-2017



PROVIDING FREE
PROFESSIONAL
PALLIATIVE CARE
FOR ADVANCED
STAGE CANCER
PATIENTS

ABODE OF COMPASSION

www.karunashraya.org

ABODE OF **COMPASSION**



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MESSAGE FROM OUR MANAGING TRUSTEE



GURMEET SINGH RANDHAWA

MANAGING TRUSTEE

The year under review was another significant one in the annals of Bangalore Hospice Trust.

We continued to have a steady stream of inpatients being admitted to Karunashraya. It is also gratifying to note that a large number of patients come to us on the recommendation of the families of our previous patients. This speaks volumes about the dedication of our staff.

We made significant progress towards reaching out to patients in their homes through our home care service. We opened an outreach centre in Jayanagar which made it easier for our team to reach out to more number of patients by reducing their travel time. This centre also serves as a point of first contact for our patients in South Bangalore as well as a counselling centre for existing patients and their families. We plan to expand the opening of such centres in other parts of the city in the near future.

Under training and research we continued to reach out to the other organisations by sharing our knowledge and expertise. We signed a Memorandum of Understanding with the National Health Mission, Government of Karnataka to train the doctors and nurses in palliative care. The first batch of 20 doctors and nurses underwent their training during the year. We were also requested by Government of Odisha to train their doctors and nurses in palliative care. The first two batches underwent a 10 days training during the year. Talks with the Union Health Ministry and World Health Organisation are also on to provide comprehensive training to government health professionals in palliative care. We are also working closely with the End of Life Care for India Task Force (ELICIT) which is spearheading the advocacy campaign for Living Wills and Better End of Life Care practices.

The staff at Karunashraya continued to provide compassionate and professional palliative care to our patients. I am grateful to the entire medical and support staff for their passion in serving our patients. I am extremely grateful to my fellow trustees from Indian Cancer Society and Rotary Club Indiranagar who continued to provide valuable suggestions and support to the trust.

We will be nothing if not for the support that we receive financially and in kind from our donors. I am particularly thankful to The Hans Foundation for their continued and valuable support during the year. I am also grateful to State Bank of India who, under their CSR, funded our solar project and other equipment.

My sincere thanks to all the corporates that supported us through their CSR activities and I look forward to the continued support from all our donors and supporters.

MESSAGE FROM OUR CHIEF EXECUTIVE OFFICER



MATHEW GEORGE CHANDY

CEO

A new financial year has ended across the sub-continent. Corporates and individuals are arriving at their profit and loss for the year and assessing the state of their Balance Sheets. Even so, for me as an ex banker the time has come to take stock of the Balance Sheet of my life.

My life turned a somersault mid 2016. I joined Bangalore Hospice Trust – Karunashraya as Chief Executive Officer on 15th July 2016 after four decades in Banking. It's been eight months of life changing experiences, month on month. I never quite realized the extent of the spread of this scourge of the BIG C until I entered the gates of this abode of compassion. Nor did I realize the extent to which cancer can ravage the human body. The opportunity to serve is truly amazing.

Looking back at the period gone by, my image of the essential goodness innate in the human soul is confirmed by the truly tender compassionate care provided by all the staff right from housekeeping, administration/ finance/ kitchen staff to the nursing staff and doctors. The all round care provided to the patients just cannot be achieved except through the harmonious team work that is in the DNA of this great institution.

Special thanks to our faithful donors, many of whom have been contributing year after year to keep this institution running.

I need to specially thank:

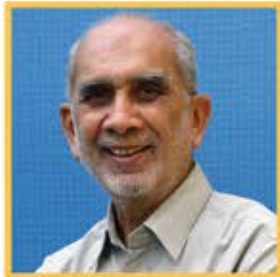
* The Hans Foundation who for so many years now, have funded the complete operating expenses of 24 beds.

* The State Bank of India for their generous donation for our 100% Solar Project, for the Mortuary Chamber and the Industrial Washing machine.

The 100% deduction available to donors under Section 35AC of The Income Tax Act stands withdrawn as at the end of this financial year. Consequently we see challenges in raising donations to meet our budget. However we are confident that our donors will continue to support us in providing palliative care for our patients to breathe their last without pain and with emotional, spiritual and social support.

Board of Trustees

BANGALORE HOSPICE TRUST - KARUNASHRAYA



Mr. Kishore S Rao
(Chairman)



Mr. Gurmeet S Randhawa
(Managing Trustee)



Dr. S N Simha
(Medical Director)



Mrs. Kala Devarajan
(Treasurer)



Mr. Pradeep Visvanath



Mr. Ajith Kumar Rai



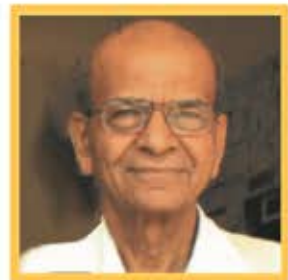
Mr. Peeyush Jain



Mr. P. Sridhar



Mr. Vijay Sharma



Mr. Pravin Dave

18

Years of In-Patient
Service

22

Years of Home
Care Service

Around 18,500 lives touched

A JOINT PROJECT OF

The Indian Cancer Society (Karnataka Chapter)
and Rotary Bangalore Indiranagar



Karunashraya Overview

**“OUR JOURNEY
BEGINS WHERE
THE ROAD ENDS”**



MISSION

To provide compassionate palliative care for people with a life-limiting illness, and for those important to them, through quality medical, emotional, spiritual and social support.

OUR OBJECTIVES

- To alleviate pain and related symptoms
- To alleviate emotional trauma for both patients and care givers
- To ensure better quality of life at every step
- To counsel the patient's family in order to give them fortitude to accept and deal with the situation and to provide bereavement and post bereavement support
- To enhance awareness about palliative care

VISION 2020

We will:

- Provide the highest quality in-patient and home-based palliative care, free of cost, to people with a life-limiting illness
- Continuously improve the quality of palliative care provided through research, training and innovation
- Play a leading role in advocacy of palliative care



IN-PATIENT CARE

The sprawling, green facility at Karunashraya has been designed to provide a conducive atmosphere and help patients feel better. Patients are admitted with the objective of alleviating pain and other distressing symptoms. Our teams (palliative care professionals) are trained to deal with the psychological and spiritual needs of the patients. The nursing team is specially competent in handling their intensive minute-to-minute physical requirements. With the support of our well-trained and competent team of doctors, nurses, family counselors, physiotherapists, volunteers and administrative staff, patients begin to heal spiritually and come to terms with their illness. Together, they form a remarkable support system that is difficult for patients' families to provide at their homes during the last stages of cancer.

The 73-bed In-patient facility has been in operation for over 18 years now, extending care to over 15,300 patients.



HOME CARE

BHT- Karunashraya launched Home Care services in 1995. To increase coverage and respond effectively to the growing demand for our Home Care services, we have deployed two Home Care teams who travel throughout the city to provide our services.

The Home Care teams comprise of multi-disciplinary nurses, a counselor, a physiotherapist, nursing aides and a social worker who provide necessary palliative care (including counseling) and non-curative treatment to patients and their families, in and around Bangalore.

In the last two decades, through our Home Care services we have been able to support 3500 patients. Around 3300 patients have departed peacefully and with less pain. The average number of patients availing our Home Care services at any point in time is around 50.

NURSING AIDES TRAINING PROGRAM

BHT - Karunashraya, besides providing palliative care for advanced stage cancer patients, is also involved in yeomen service to the community. This service involves training young girls between the ages of 18 and 22, mainly from rural / less privileged backgrounds to become Nursing aides, thus creating employment opportunities for them. This six-month training program provides young girls with specialized vocational skills which are useful for patients, as they are able to avail the much necessary and desired professional help at their residences, at a very moderate and affordable cost. The course is free of charge and includes training – theory and practical as well as food and lodging. A monthly stipend is also paid to each trainee. Once trained, the nursing aides are either employed in the hospice or are deployed as care-givers to families who need such assistance.

We have successfully completed training 25 batches till now. This program is designed in a way that it not only helps in fulfilling a niche need in our society but also empowers these young women to have a career.



In-house training for nurses and doctors/counselors

Offering on the job experience and training to:

- Physiotherapy Students
- Medical social worker students
- Portea
- Nursing students
- Volunteers
- Interns

EDUCATION

Education has been the cornerstone of all our activities at BHT-Karunashraya. Our experience and expertise over the years, has enabled us to create opportunities where we can share this knowledge with others.

POST GRADUATE DIPLOMA IN PALLIATIVE MEDICINE

Since 2007, BHT- Karunashraya has been the base in India for running the highly acclaimed Diploma in Palliative Medicine, issued by Cardiff University. Funded by the Commonwealth Scholarship Commission (UK), over 80 doctors have successfully completed the program and several have gone on to undertake their Masters.

ASSOCIATE HOSPICES



SNEHAANCHAL PALLIATIVE CARE, NAGPUR

We believe that our vast knowledge and expertise of looking after a large number of advanced cancer patients, over the years, can help hospices who are engaged in similar work. Towards this goal, BHT- Karunashraya is looking at providing guidance to other charitable bodies and training staff involved in palliative care. We have signed MoUs with hospices in Shimoga, Chennai, Puttur, Nagpur, Kallianpur, Vellore and Mangalore who are all functioning independently now. Doctors, nurses and counselors in these hospices have been trained at Karunashraya. We continue to act as consultants helping them in their day-to-day issues and activities. BHT-Karunashraya will continue its role as a knowledge incubator by promoting the setting up of more associate hospices as well as conduct “Continuing Medical Education” (CME) for them.

BHT-Karunashraya will continue its role as a knowledge incubator by promoting the setting up of more associate hospices...

E-LEARNING COURSE

A partnership between the Department of Palliative Medicine Cardiff University, Karunashraya, and eCancer has led to the development of an e-learning course. This course is available online and is free of cost. It includes 20 modules (one hour each) covering various aspects of palliative care such as management of different symptoms, communication skills and pediatrics. Palliative care experts from all over India have been involved in designing the course and the modules are set firmly within the Indian context.

QUALITY AND RESEARCH

In our quest to continually improve our service, we have introduced clinical audit and evaluators of outcomes in different areas of our work.

Qualitative research has led to several publications. We provide opportunity to interns, post graduate students and PhD scholars in undertaking projects. In this regard, our collaboration with NIMHANS (a MoU signed in September, 2015) has been invaluable.

EDUCATION & RESEARCH



TALKING ABOUT DECISIONS AT END OF LIFE

In collaboration with Bharatiya Vidya Bhavan we organized a discussion on 'Decisions at End of Life'. A panel of eminent professionals from lay people, medical and legal fields conducted the event where attendees were involved in an open discussion on 26th November 2016. Dr. Roop Gursahani, an eminent Neurologist from Mumbai, inaugurated the event with a presentation on end of life support and the current position in India and the ongoing challenges. Dr. Nagesh Simha & Kishore Rao conducted a panel discussion.

MoU with the Government of Karnataka



On December 01, 2016, the Government of Karnataka signed a Memorandum of Understanding (MoU) with BHT-Karunashraya in the area of palliative care for the entire state. As per the MoU, Karunashraya will provide necessary hands-on training on palliative care to doctors, nurses and paramedical staff in 5 districts of Karnataka.



We all were enraptured by Dr. Robert Twycross's gently challenging thoughts and guidance to be better doctors and human beings. Thank you for making time to visit our center, on November 9, 2016. We are so grateful for your teaching and mentoring through more than a quarter of a century. It was indeed a pleasure to have you with us on that day.

SUPPORTIVE CARE FOR PATIENTS WITH CKD/ESRD

The Education and Research team at Karunashraya organized a Nephrology – Palliative Care Interface Workshop titled “Supportive care for patients with chronic kidney disease/end-stage renal disease”. The workshop was divided into two sessions. The morning session was conducted at the hospice

for various palliative care professionals, to build awareness and knowledge about palliative care practices during renal failures. The evening session at The Century Club provided an opportunity for the team to engage with nephrologists who deal with various renal problems. Both the sessions focused on awareness

and sensitization of professionals about the dire need for palliative care for all kinds of terminal and life limiting illnesses, without limiting it to just oncology. The keynote address was delivered by Dr. Baby Ramakrishnan, a consultant nephrologist from UK.



LITERATURE SEARCH

In April 2016, Karunashraya hosted a two-day workshop led by Ms. Vasumathi Sriganesh and Lakshmi Padmanabhan on Research Methodology for medical practitioners. Doctors from various institutions like Kidwai and HCG along with our in-house staff participated in this workshop.

FUNDAMENTAL PALLIATIVE CARE PROGRAM

In the month of January and March, Karunashraya had the pleasure of training 9 doctors and 10 nurses from the Odisha Government in two batches from 9th to 16th January 2017 and 20th to 30th March 2017 and 10 doctors and 10 nurses government of Karnataka from 1st to 10 March 2017. They attended the 10-day course in "Fundamentals of Palliative Care". We are confident that they have gone back to their workplaces and implemented all that they learnt.



EVENTS AT KARUNASHRAYA

INAUGURATION OF THE NEW BLOCK



On June 12, 2016, Karunashraya reached another milestone with the opening of a new block for In-patients. The new block adds 24 beds raising the total capacity to 73 beds for needy patients at the hospice. The day was highly remarkable as we celebrated our achievements in the past 20 years as well envisioned our future goals with more clarity. On this occasion, heartfelt tributes were paid to all who have been instrumental in making Karunashraya's journey memorable and meaningful. The chief guest for the event was Sri Girish Karnad, a renowned author and playwright. Another key highlight of the day was the release of the book "Karunashraya: The Defining Decades" by Usha Aroor.



CHIEF EXECUTIVE OFFICER AT KARUNASHRAYA

Mathew George Chandy was appointed as the Chief Executive Officer (CEO) of BHT-Karunashraya on July 15, 2016. As the CEO, his key responsibilities include monitoring and assessing the day to day activities at Karunashraya as well as looking out for potential development areas at the hospice.

RECOGNITION FOR KARUNASHRAYA

Karunashraya was honoured with the 'Spirit of Humanity' award for 2016 in the 'Health' category. Mr. Gurmeet S Randhawa, our Managing Trustee received the award on September 12, 2016 in Mumbai. The award is yet another testimonial for Bangalore Hospice Trust's (BHT) efforts to provide free palliative care to advanced stage cancer patients. The Citation reads "excellence in the field of Health"



VISITOR TO THE HOSPICE

An eminent palliative care physician from Bangladesh, Dr. Rumana Dowla (Chairperson Bangladesh Palliative And Supportive Care Foundation) visited Karunashraya to explore opportunities for collaboration in palliative care.



CELEBRITY VISIT

Sushruthi Krishna, first runner up from Femina Miss India 2016 visited Karunashraya on May 15th 2016. Her genuine concern for patients was reflected in her conversations and gestures. It was a moment of joy and gratitude for everyone at the hospice.



MEMORIAL DAY CELEBRATIONS

This year 'Memorial Day' was celebrated with a lot of enthusiasm and support from our patrons, patients and their families. A musical event by 'Lahari Troop' was organized as part of celebrations followed by dance performances of our nursing staff.

THE CANOSSIAN SISTERS VISIT

Representatives from The Canossian Sisters, Maharashtra visited Karunashraya between November 21 and November 25, 2016 to learn about palliative care and related services, which will help them to setup a palliative care centre at Maharashtra.

“Living and dying in pain: It doesn't have to happen”



INDEPENDENCE DAY CELEBRATION

The 69th Independence Day celebrations were organised on 15, August, 2016 by hoisting the national flag in the presence of our patients, employees and well-wishers. The tri-color was hoisted by our patient.

WORLD HOSPICE DAY CELEBRATIONS

On October 8, 2016 Karunashraya celebrated World Hospice and Palliative Care day, a unified day of action that aims to celebrate and support Hospice and Palliative Care around the world. The theme this year was **“Living and dying in pain: It doesn't have to happen”**. On this special occasion, Kishore Rao, Chairman, Karunashraya released a souvenir and spoke about the growing focus on hospice and palliative care services throughout the world. The objective was also to raise awareness about the importance of palliative care for people living with life limiting illness and their families. Astounding musical performances by the Lavanya and Bishop group made the evening more special and energetic.





WORLD CANCER DAY

The truly global event taking place annually on 4 February, unites everyone at Karunashraya to fight against cancer. We celebrated the day with Doctors from Command Hospital and the CSR team of Intel. Intel organized a wonderful event for our patients, families and our staff .



ROTARY VISIT

Rotarians from Pennsylvania and Shrewsbury delighted us by visiting our facilities on 24th January and 28th of March, 2017. They were moved to see the love and compassion provided by our staff.



SEVERN HOSPICE UK TEAM VISIT TO KARUNASHRAYA

Dr.Toria and 10 nurses from Severn Hospice Shrewsbury, UK visited Karunashraya as a part of the annual programme that has been going on for 18 years. During their visit the nurses and doctors exchanged medical and clinical knowledge in palliative care on all 3 days. The team donated medical equipments to shift the patients and cadavers. Their visit was informative and a learning process for both Severn Hospice team and Karunashraya team.



MITRA FOUNDATION'S ANNUAL DAY CELEBRATIONS

Mitra Foundation, a charitable trust that aids the disadvantaged through targeted initiatives in sectors like education, livelihood and health, celebrated their Annual Day at BHT- Karunashraya on July 17, 2016. The hospice has so far referred around 30 children to Mitra Foundation including children of patients who are economically backward, orphans as well as children of single parents. The foundation provides education, food and shelter for these children as well as assists their families.



RANG BARSE - 2017

The second edition of Karunashraya's very own runaway hit Annual Fundraiser 'Colorthon' that debuted in 2016, was back this year bigger and better than the last year. Renamed 'Rang Barse', the fundraiser's tickets were sold on bookmyshow.com and professionally managed by an event management firm. What however remained intact was the gala time that our patrons enjoyed - organic colors, pichkaris galore, lots of eateries to dish out finger licking goodies and a professional DJ to top it all.

'BE THE CHANGE' – A FUND RAISER

A fundraiser titled 'Be The Change' was organised by Rego Mark, a cancer survivor, between August 9, 2016 and August 11, 2016. Artists from all over Bangalore came together for this cause, and their contributions towards this musical event helped us raise funds for our advanced stage cancer patients.

MARATHON AT CITRIX

Mathew Chandy, CEO of Karunashraya was invited at Citrix Marathon on October 23, 2016 to speak about the importance of palliative care in today's world. Citrix organized this event for their employees and members and partnered with various NGOs as a part of their CSR initiative. Citrix also donated towards patient care.

DANDIYA BEATS

During Navratri Festival, Karunashraya organized its regular fundraising event "Dandiya Beats" in association with Indiranagar Club, Bangalore, on October 9, 2016. The evening was celebrated by corporates, volunteers and well-wishers. The participants thoroughly enjoyed event.

FUNDRAISER WITH SOROPTIMIST

On November 06, 2016, Soroptimist International organized a marathon 'Run for Cancer' where they partnered with BHT - Karunashraya to raise funds for advanced stage cancer patients.

FUN WITH PETS

"With a pet in your life there's always reason to smile" The statement brought home as enlighten when our patients and staff members had a pet therapy session at Karunashraya. It was conducted with the help of our well wisher Ms. Anjana George. We had 3 pets, a Golden Retriever and 2 Labra Dogs. They played along with our patients and staff few games like musical chair, walk and run with pets. For many, it was the first time that they were petting a dog.



LEGAL COMPLIANCE WORKSHOP FOR THE VOLUNTARY SECTOR

A legal compliance workshop focused on the non-profit sector in India was organised by the Centre for Advancement of Philanthropy (CAP) in association with Karunashraya and India Cares Foundation on August 6, 2016. Led by Noshir Dadrawala, the Chief Executive of CAP, the workshop covered a wide range of legal compliances in the sector including tax exemptions, FCRA, projects and grant fund policies as well as good governance practices. Around 50 NGO from all over Bangalore attended the workshop. The feedback was extremely positive and there was a common resolution for more of such events.



CANCER DETECTION CAMP

A free cancer detection camp was organised at BHT-Karunashraya on August 27, 2016 for employees, volunteers and patients' attendees by The Indian Cancer Society. The objective was to enable early detection of this disease to ensure necessary treatment on time. There were around 60 visitors to the camp.

TALK ON EYE DONATION

As part of the 'Eye Donation Fortnight 2016', Sankara Eye Hospital conducted a talk on eye donation on 3rd, September, 2016 for our staff. The session was highly informative and interesting for our employees.

GRADUATION DAY

It was a proud moment for seven young girls to graduate from the 24th batch of the Nursing Aide Training Program on 5th January 2017. For us at Karunashraya, it was an equally proud moment to see these young girls transform into confident and financially independent young women.



"GREEN ENERGY "AT KARUNASHRAYA

December 03, 2016 was another remarkable day for Karunashraya as it marked the inauguration of a 105 KVA solar project funded by the State Bank of India. C.S. Krishnamurthy, General Manager, LHO, State Bank of India, Bangalore and Tilak Raj Pahwa, Deputy General Manager, State Bank of India Bangalore inaugurated the project in presence of Kishore Rao, Chairman, Karunashraya, Gurmeet Singh Randhawa, Managing Trustee, Karunashraya, Dr. S N Simha, Medical Director, Karunashraya and Vikesh Divakaran, CEO of Aster Udyam, who executed the project. The solar project will generate electricity to run the entire operations in the hospice.



NURSES DAY CELEBRATION

International Nurses Day was commemorated this year with a small entertainment program for our nurses on their special day.

INTERNATIONAL CONFERENCE OF THE INDIAN ASSOCIATION OF PALLIATIVE CARE



A 24 member team of Karunashraya led by Dr. Nagesh Simha and Dr. Jeremy Johnson had a strong representation at the 24th Annual International Conference of the Indian Association of Palliative Care (IAPC) at Coimbatore, held between Feb 8th and 10th 2017. Team Karunashraya participated in various activities such as quiz, workshops and plenary sessions. It was an excellent opportunity to stay abreast of developments in palliative care. We used the platform on all 3 days to present Karunashraya and highlight its work in the field of palliative and end-of-life care.

THE 'JOY OF GIVING'

From October 3 to 5, 2016 and October 24 to 27, 2016 "Joy of Giving" campaign was conducted by Karunashraya at various corporate offices such as Broadcom, GE, CGI, Dell and Yodlee. The motive behind the campaign was to connect Karunashraya with various corporate employees and create awareness about palliative care and hospice services. The campaign also provided an opportunity to raise funds for patient care.

DIWALI CELEBRATION

On November 05, 2016 we celebrated Diwali with help of our well wisher Ms. Prarthan and her team. The volunteers helped to decorate the hospice with diyas and candles as well as organized a celebration for our patients. We appreciate the effort of volunteers from all over Bangalore who made Diwali a memorable one for us here at the hospice!



LAUGH OUT LOUD!

On October 19, 2016 clowns from all over the world gathered at the hospice to entertain and spend time with our patients, their families and our employees. The event was coordinated by our well wisher Suchetha. It was a highly entertaining program for our patients as they could laugh out loud with the clowns and forget their pain for a while.



A MUSICAL MORNING



Ghatam Giridhar Udupa, Waclaw Zimpel, Bhargava Halambi, Mysore Karthik and Jayachandra Rao, members of the musical group 'Saagara', performed at Karunashraya on December 03, 2016. It was a beautiful musical treat for all at the hospice. The audience was fascinated by the powerful rhythm crafted by the instruments of southern India such as ghatam, khanjira and thavil complemented by Waclaw Zimpel's clarinet compositions and improvisations as well as his performance with Khene (a Laotian harmonica).



CELEBRATING KARNATAKA RAJYOTSAVA

Karunashraya celebrated Karnataka Rajyotsava on November 29 and November 30, 2016. The event was marked by flag hoisting followed by various entertainment programs and competitions for the employees. A prize distribution ceremony was organized to felicitate the winners.

A DAY OUT FOR OUR NURSING TEAM

BHT-Karunashraya organized an outing for the nursing team on 23rd & 25th, August, 2016 at the Shilhaandara resort. The objective was to provide them an opportunity to relax amidst nature and take part in various amusement activities so that they can refresh their minds and return to work with happy memories.

ONAM CELEBRATION

Patients and employees celebrated the 'Onam' festival at BHT- Karunashraya on September 21, 2016 with joy and enthusiasm. The traditional 'Onam Sadhya' was served to all and it was an opportunity for the employees to sport their traditional attire. The girls made beautiful Pookalam at the entrance of each ward.



CSR / VOLUNTEERING

BHT-Karunashraya values active engagement of CSR teams from various organizations. They support us by organizing fun-filled entertainment for our patients which helps to run the diversion therapy successfully. Their assistance in various other areas such as kitchen and gardening are also worth mentioning. We thank each of the companies listed below for their time and involvement.

Sanman group, Cisco, Intel, GE, Dell, Accenture, Citrix, Google, LM Wind Pvt. Ltd, Wipro, Royal Enfield, Bosch, Treebo, J P Morgan, Infomatica, Arctren, MFX Infotech. UTC Aerospace System, Moody's, Waters India Pvt. Ltd, NextGen, Common Purpose Team & Philips



YOUTH IN PALLIATIVE CARE: SUPPORT & AWARENESS

Students from diverse disciplines, including medical/nursing students, visit Karunashraya to learn about our activities at the hospice. They also assist us by organizing engaging programs for our patients as well as by participating in other volunteering activities. We thank all the students and the institutions they come from (listed below) for offering us their time and services.

B.Sc Nursing & Physiotherapy students - Garden City College, Dr. Samala Reddy Nursing College, NIMHANS, Sreedevi Nursing College, MBBS -St. John's Medical College D.Y. Patil College of Engineering & Technology - Kolhapur, Counselling & Psychology students - Sampurna Montfort College, B.M.S. College of Engineering, St Joseph Evening College, MTB Jnana Jyothi Vidyanikethan School, Philomina Nursing, Special children - Association of People with Disability, Army Public School, Human Development students - College of Home Science, Mount Carmel College and Architecture students - Dehradun.

VOLUNTEER NETWORKING

The PR team at Karunashraya arranged a Volunteers Meet on April 09, 2016 and July 30, 2016 to explain various volunteering opportunities at the hospice. These informal sessions provided opportunities to participants to share their perspectives on volunteering and how volunteering at Karunashraya can be optimized for efficient practices. The participants were briefed about palliative care followed by theoretical and practical sessions on patient care.



CASE STORY

Anniyamma (name changed), aged 70, was widowed at a very young age. Extreme poverty had resulted in her children dying of malnutrition. She had no family to call her own. At the age of 35, she made her way from her native Kolar, to Bangalore, in search of a living. She started working as a house maid in a residential locality in the city.

She was diagnosed with Carcinoma Cervix 2years ago, as she had continuous white discharge with foul smell and even bleeding. She was diagnosed with the illness at a very advanced stage, thereby eliminating the possibility of any curative treatment.

As she lived alone, and in her weak condition, it became very difficult for her to manage things by herself. Her neighbors, seeing her suffering condition, arranged for her to be taken to the old age home and they brought her to Karunashraya.

When Anniyamma arrived at Karunashraya, she was unconscious. With good medical administration and all round care, she regained consciousness and was able to respond. She was aware of her health condition and knew that she had to suffer the illness till she was alive.

During a counseling session, she stated her wish to meet her employer, as she was the only person whom she knew and the only support she had. The counselor collected the address from her and went in search of the person, but due to the vast area and lack of clarity in the address, the counselor was unable to locate the house.

However, being determined to help the patient fulfill her wish, the counselor decided to take Anniyamma along with her, to find the place and help her meet her friends. With Anniyamma's help, they located the residence and she was able to meet her employer and her few friends who were very pleased to see her. They were quite overjoyed to see her alive and with reduced suffering. The employer's family expressed their gratitude to the Hospice and promised their support in case of any need. Her kind neighbors and friends made sure they visited her as often as possible, till she was alive, fulfilling yet another wish of Anniyamma.

TESTIMONIALS



B M Mahadev Murthy

A unique organization which nurses the acute cancer patients in their last days with utmost hospitality. My brother breathed his last here peacefully. Thank you Karunashraya.



Jitendra Sarohi

Magnificent environment & building. Above all the whole team is working to create a homely feeling for terminally ill patients. Great job.



Aasma Grover

Its one of the greatest way to serve the suffering humanity...amazed by your dedication, compassion. I appreciate the staff and management for such a novel service.

I encourage patients and families to continually look for the MIRACLE but don't try to define it. In other words, if the only miracle we are looking for is the big one, the one, where there is a miraculous cure -- then we will most likely miss the other miracles that are unfolding before our very eyes, each and every day.

Hats off to the nurses and the whole team of Karunashraya

- Usha Ranganath

Donations of 2,00,000/- and above in 2016-2017

Sl.No	DONOR NAME	AMOUNT
1	THE HANS FOUNDATION	1,07,19,867
2	STATE BANK OF INDIA	94,95,000
3	M/S. CITRIX R&D INDIA PVT. LTD.	22,45,975
4	M/S. NAGEL SPECIAL MACHINES PVT. LTD.	20,00,000
5	CHARITIES AID FOUNDATION AMERICA	16,38,925
6	MR. GIRISH SARAN AGARWAL & M.R. ANJALI AGARWAL	10,00,000
7	M/S. WATERS INDIA PVT. LTD.	10,00,000
8	GLOBAL EDUCATIONAL CONSULTANCY SERVICES PVT. LTD.	10,00,000
9	M/S. AXA TECHNOLOGIES SHARED SERVICES	10,00,000
10	THE AMMADO FOUNDATION	7,77,493
11	THE JILOO GUSTASP IRANI AND SILLA BOMANJEE JEEBHOY TRUST	5,00,000
12	M/S. INFINERA INDIA PVT. LTD.	5,00,000
13	M/S. ARCTERN CONSULTING PVT. LTD.	5,00,000
14	CAE SIMULATION TECHNOLOGIES PVT.LTD.	5,00,000
15	M/S. SUN PHARMA LABORATORIES LIMITED	5,00,000
16	M/S. SLING MEDIA PVT. LTD.	4,00,000
17	M/S. GOODRICH CORPORATION FINANCIAL SHARED SERVICES US	3,60,000
18	MR. R.V. RAVEENDRAN	3,54,997
19	MR. SUNNY ANTONY PADACHERIL	3,30,000
20	MS. HEMA HATTANGADY	3,30,000
21	M/S. SOROPTIMIST INTERNATIONAL OF BANGALORE	3,10,000
22	M/S. TDN POWER SOLUTIONS	3,00,001
23	M/S. NAYATI HEALTHCARE & RESEARCH PVT. LTD.	3,00,000
24	MR. S.K. ASWATHANARAYANA	3,00,000
25	MR. V. R. SRIDHARAN	2,50,000
26	MS. BHARGAVI ANAND	2,50,000
27	M/S. TATA COFFEE LIMITED	2,50,000
28	MS. ANJALI NALKUR	2,50,000
29	MR. MOHIT MALHOTRA	2,50,000
30	MS. VANDANA & MR. PRASAN KUMAR	2,00,000
31	M/S. R. JHUNJHUNWALA FOUNDATION	2,00,000
32	DR. ILLANA CARIAPA	2,00,000
33	BANGALORE INDIRANAGAR ROTARY TRUST	2,00,000
34	MR. GOPINATH VISWANATHAN	2,00,000
35	STATE BANK OF MYSORE EMPLOYEES' UNION	2,00,000

SALARY

SL.NO	Slab of gross salary (in INR) plus benefits paid to staff (per month)	Male Staff	Female Staff	Total Staff
1	Less than 5000	0	0	0
2	5,000 -10,000	5	45	50
3	10,000 - 25,000	10	47	57
4	25,000 - 50,000	4	5	9
5	50,000 To 1 Lac	2	5	7
6	1 Lac & above	2	0	2
	GRAND TOTAL	23	102	125

* Highest paid staff salary during the year Rs. 3,00,000/-

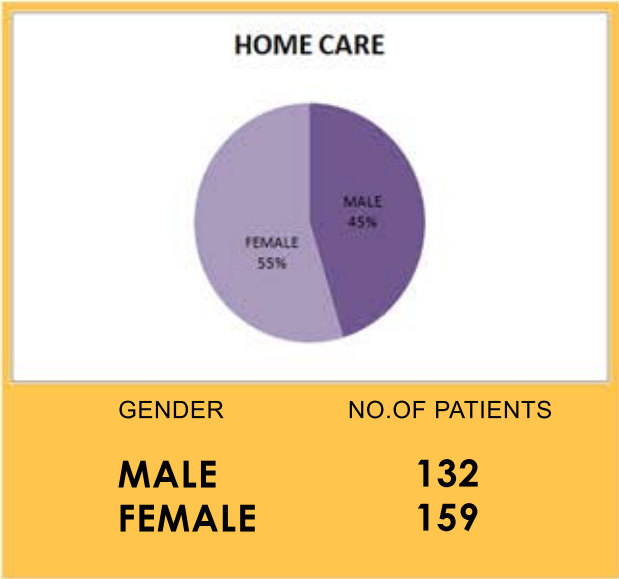
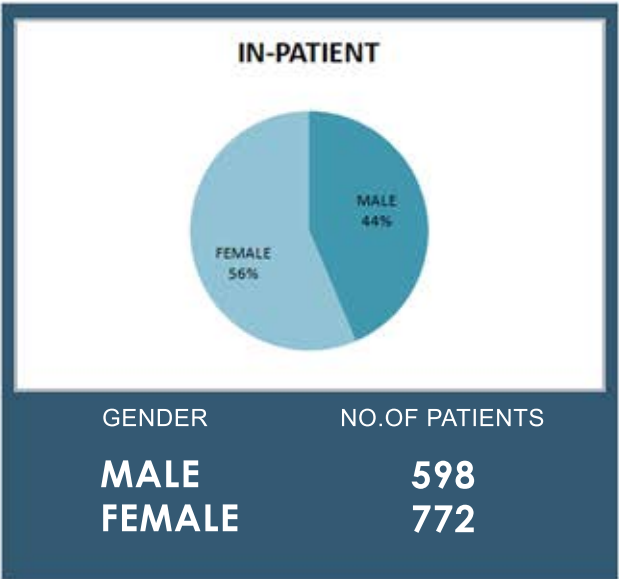
* Lowest paid staff salary during the year Rs. 7,500/-

The board of trustees offers their services on honorary basis. Total amount paid to the Trustees for the year ending 31st March, 2017 stands at Rs.0/- (Rupees Zero)

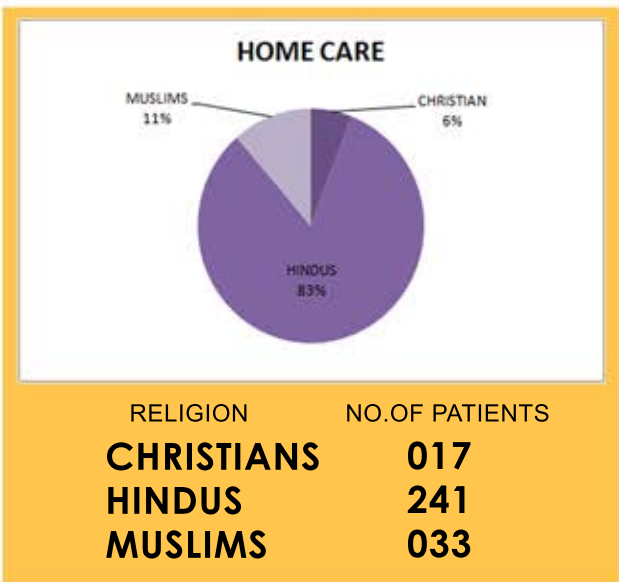
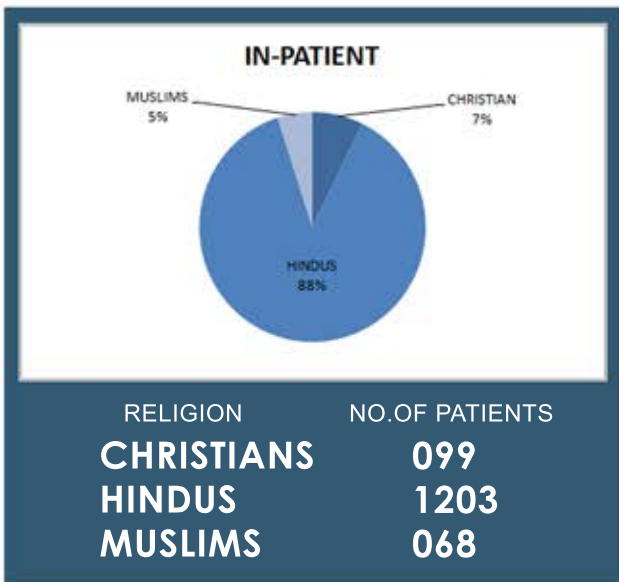
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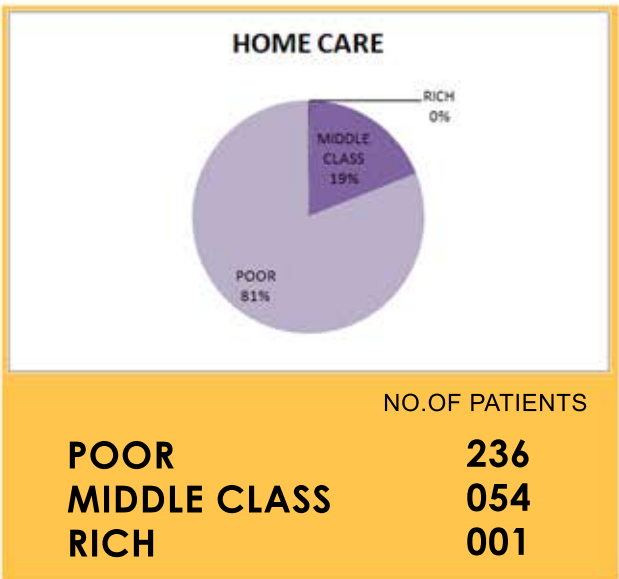
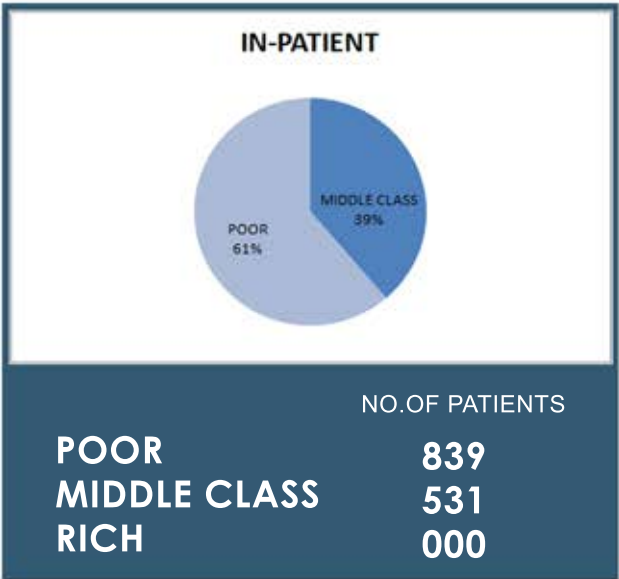
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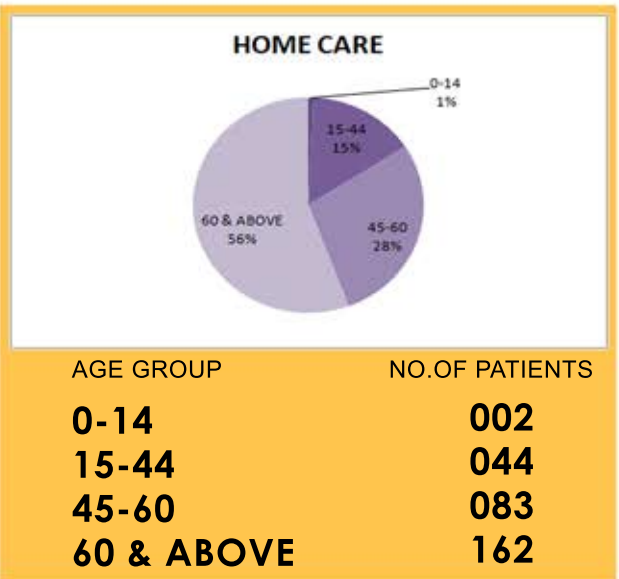
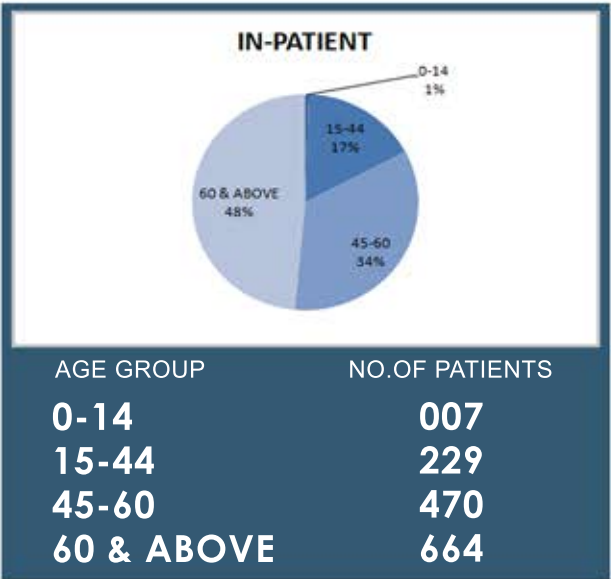
RELIGION



ECONOMIC PROFILE



AGE GROUP



Audited Accounts

BANGALORE HOSPICE TRUST

Balance Sheet as at 31st March 2017

		(All amounts in INR)	
Particulars	Note No.	2017	2016
Sources of Funds			
Capital Funds	1	34,74,88,901	31,52,89,678
Current Liabilities	2	26,51,162	31,45,819
		35,01,40,063	31,84,35,497
Application of Funds			
Non Current Assets			
Property, Plant & Equipment	3	5,09,21,374	1,65,13,398
Capital Work-In-Progress		70,11,000	1,70,83,130
Non-Current Investments	4	15,55,62,877	13,81,59,000
Long-term Loans & Advances	5	16,20,625	5,16,625
Current Assets			
Current Investment	6	2,65,00,000	1,80,00,000
Cash & Cash Equivalents	7	8,83,49,058	11,40,19,490
Short term Loan & Advances	8	64,17,445	53,80,895
Other Current Assets	9	1,37,57,684	87,62,959
Total		35,01,40,063	31,84,35,497

Significant Accounting Policies and Notes to Accounts - Note 15

As per our report of even date attached


GURMEET SINGH RANDHAWA
Managing Trustee


KALA DEVARAJAN
Trustee & Treasurer

For VARMA & VARMA
Chartered Accountants
FRN 004532S

GEORGY MATHEW
Partner
M. No. 209645

Place: Bangalore
Date: 30/10/2017

Place: Bangalore
Date: 30/10/2017



Audited Accounts

BANGALORE HOSPICE TRUST

Income and Expenditure Account for the year ended 31st March 2017

(All amounts in INR)

Particulars	Note No.	2017	2016
Income			
Donations Received	10	4,12,60,746	2,99,11,064
Interest Received	11	2,44,97,832	2,37,24,738
Other Receipts	12	7,55,713	19,24,336
Total Income		6,65,14,291	5,55,60,138
Expenditure			
Employee Benefits Expenses	13	2,85,27,099	1,84,17,157
Other Expenses	14	2,53,00,223	2,08,77,961
Depreciation Expense	3	47,16,920	21,30,325
Total Expenditure		5,85,44,242	4,14,25,443
Balance of Income over Expenditure / (Expenditure over Income) for the year transferred to general fund		79,70,049	1,41,34,695

Significant accounting policies and Notes to Accounts - Note 15

As per our report of even date attached


GURMEET SINGH RANDHAWA
 Managing Trustee


KALA DEVARAJAN
 Trustee & Treasurer

For VARMA & VARMA
 Chartered Accountants
 FRN 004532S

GEORGY MATHEW
 Partner
 M. No. 209645

Place: Bangalore
 Date: 30/10/2017

Place: Bangalore
 Date: 30/10/2017




OUR SUPPORTERS





Acknowledgements

*We would like to thank
all our patrons, well-wishers,
volunteers and everyone
who has been associated
with us for their continued
support*



Miss Me But Let Me Go

*When I come to the end of the road
and the sun has set on me,
I want no rites in a gloom filled room,
why cry for a soul set free.
Miss me a little--but not too long,
and not with your head bowed low,
Remember the love that we once shared,
miss me--but let me go.
For this is a journey that we all must take,
and each must go alone.
It's all a part of the Master's plan,
a step on the road to home.
When you are lonely and sick of heart,
go to the friends we know.
And bury your sorrows in doing good deeds,
miss me--but let me go.*

- Unknown

PROVIDING FREE PROFESSIONAL PALLIATIVE
CARE FOR ADVANCED STAGE CANCER
PATIENTS



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Email: info@karunashraya.org

www.karunashraya.org