



ANNUAL REPORT

2015-2016

FREE PROFESSIONAL PALLIATIVE CARE
FOR ADVANCED STAGE CANCER PATIENTS

ABODE OF COMPASSION

www.karunashraya.org

CANCER IS JUST A PART OF THEIR JOURNEY

ANNUAL REPORT

2015-2016



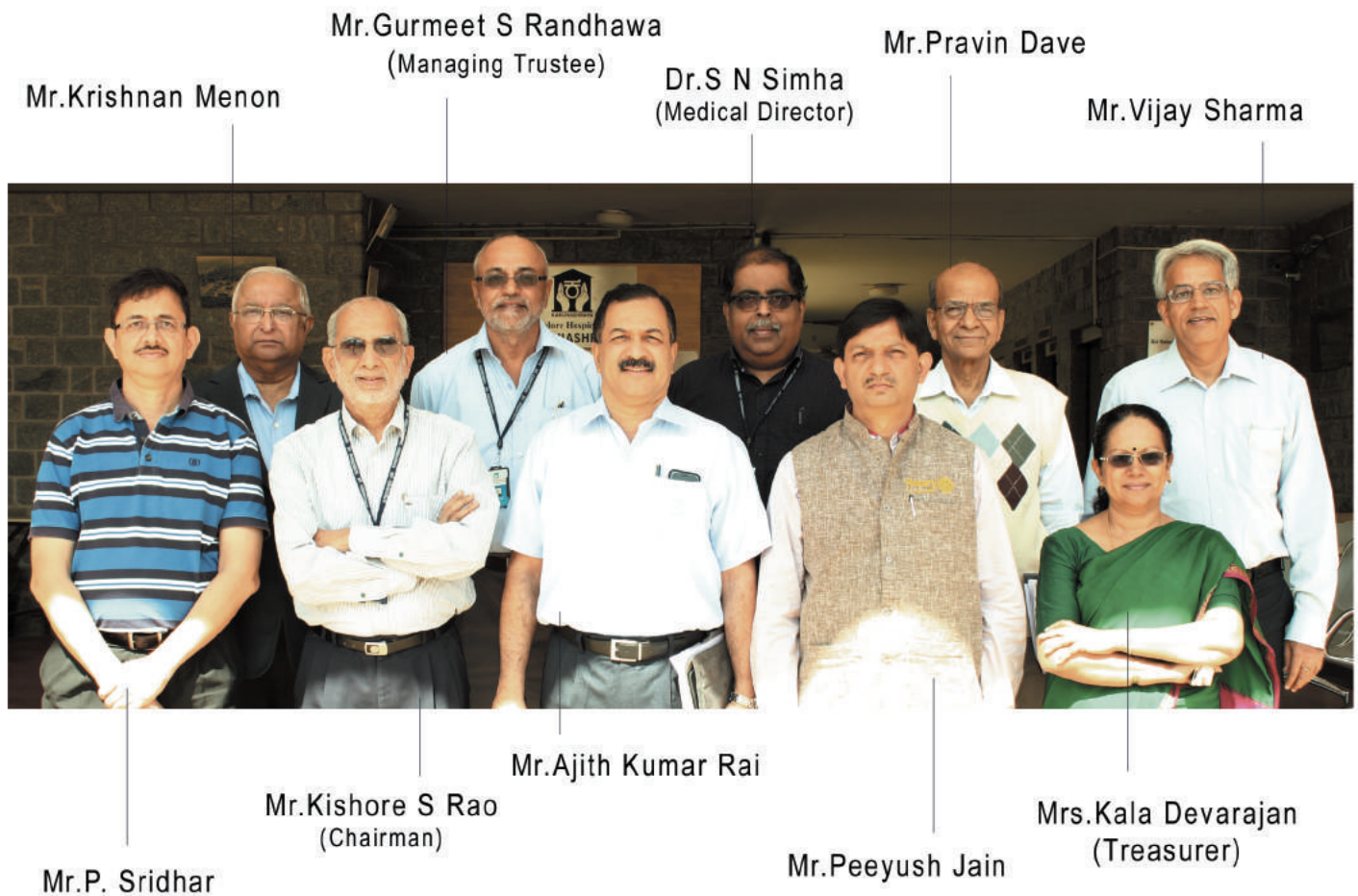
An
Abode of
Compassion

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Board of Trustees

**A Joint Project of
The Indian Cancer
Society (Karnataka
Chapter) and Rotary
Bangalore Indiranagar**



"There is a greater need for care
when there is no hope for cure"



17 Years of In- Patient Service
20 Years of Home Care Service
Around 17,300 lives touched

Message

from our Managing Trustee



The year that went by (2015-2016) was full of activities and exciting developments at BHT-Karunashraya. There has been an increase in the number of patients to the hospice and to accommodate this we are looking forward to the completion and commissioning of additional 24 beds in the new ward block.

In November, 2015 our Trustees gathered for an offsite meeting to discuss strategic planning for the next five years. This exercise was very ably modulated by Mr. Subroto Bagchi, co-founder and former chairman, Mind Tree. It was an opportunity to take stock of the progress made so far at the hospice and plan our future strategy. At the meeting, new mission and vision statements for BHT-Karunashraya were finalised as well as plans for expanding our various programmes.

Dr. Jeremy Johnson joined us as the Director of Education and Research on 5th of October, 2015. His vast experience and expertise will enable us to make progress in education and research as well as set standards for palliative and hospice care.

On 19th September 2015 we signed a Memorandum of Understanding (MoU) with National Institute of Mental Health and Neurosciences (NIMHANS) for collaboration in psychological, educational and research activities and other areas of mutual interest.

BHT-Karunashraya is thankful to Mrs Usha Aroor who helped us put together the book "Karunashraya- the defining decades", encapsulating 20 years of the Trust's existence. I am extremely grateful to all our staff at BHT-Karunashraya who relentlessly work hard to provide the best palliative care to our patients. I am also thankful to my fellow Trustees for their support and contribution during the year.

Our donors are the backbone of all that we do. I would like to specially thank Hans Foundation for their continued support and many other corporates as well as individual donors who supported us during the year. I express my gratitude to all our patients and their families who bestowed their faith in us and gave us an opportunity to serve them.

Karunashraya Overview

**"Our journey
begins where the
road ends"**



At Karunashraya, we welcome advanced stage cancer patients with compassion to help them spend their remaining days in the idyllic surroundings of our hospice. To make their lives pain free, comfortable and peaceful we are involved in a range of palliative care activities that include Home Care, In-patient Care, Education and Training.

Our Mission

To provide compassionate palliative care for people with a life-limiting illness, and for those important to them, through quality medical, emotional, spiritual and social support.

Our Vision 2020

We will:

- Provide the highest quality in-patient and home-based palliative care, free of cost, to people with a life-limiting illness
- Continuously improve the quality of palliative care provided through research, training and innovation
- Play a leading role in advocacy of palliative care

Our Objectives

- To alleviate pain and related symptoms
- To alleviate emotional trauma for both patients and care givers
- To ensure better quality of life at every step
- To counsel the patient's family in order to give them fortitude to accept and deal with the situation and to provide bereavement and post bereavement support
- To enhance awareness about palliative care.



Our SERVICES

IN- PATIENT CARE

The sprawling, green facility at Karunashraya has been designed to provide a conducive atmosphere and help patients feel better. Patients are admitted with the objective of alleviating pain and other distressing symptoms. Our teams (palliative care professionals) are trained to deal with the psychological and spiritual needs of the patients. The nursing team is specially competent in handling their intensive minute-to-minute physical requirements. With the support of our well-trained and competent team of doctors, nurses, family counselors, physiotherapists, volunteers and administrative staff, patients begin to heal spiritually and come to terms with their illness. Together, they form a remarkable support system that is difficult for patients' families to provide at their homes during the last stages of cancer.

The 56-bed In-patient facility has been in operation for over 17 years now, extending care to over 13,800 patients.

HOME CARE

BHT- Karunashraya launched Home Care services in 1995. To increase coverage and respond effectively to the growing demand for our Home Care services, we have deployed two Home Care teams who travel throughout the city to provide our services.

The Home Care teams comprise of multi-disciplinary nurses, a counselor, a physiotherapist, nursing aides and a social worker who provide necessary palliative care (including counseling) and non-curative treatment to patients and their families, in and around Bangalore.

In the last two decades, through our Home Care services we have been able to support 3400 patients. Around 3300 patients have departed peacefully and with less pain. The average number of patients availing our Home Care services at any point in time is around 50.



Education
spread the message,
share the experience

EDUCATION

Since inception, education has been the corner stone of all our activities at BHT- Karunashraya. Our experience and expertise over the years, has enabled us to create opportunities where we can share this knowledge with others.

NURSING AIDE TRAINING PROGRAM

BHT - Karunashraya, besides providing palliative care for advanced stage cancer patients, is also involved in yeomen service to the community. This service involves training young girls between the ages of 18 and 22, mainly from rural / less privileged backgrounds to become Nursing Aides, thus creating employment opportunities for them. This six-month training program provides young girls with specialized vocational skills which are useful for patients, as they are able to avail the much necessary and desired professional help at their residences, at a very moderate and affordable cost. The course is free of charge and includes training – theory and practical as well as food and lodging. A monthly stipend is also paid to each trainee. Once trained, the nursing aides are either employed in the hospice or are deployed as care-givers to families who need such assistance.

We have successfully completed training 23 batches till now. This program is designed in a way that it not only helps in fulfilling a niche need in our society but also empowers these young women to have a career.

**In-house training for
nurses and doctors/
counselors**

**Offering on the job
experience and training to:**

- **Physiotherapy Students**
- **Medical social worker students**
- **Porteas**
- **Nursing students**
- **Volunteers**

POST - GRADUATE PALLIATIVE TRAINING PROGRAM

Since 2007, BHT- Karunashraya has been the base in India for running the highly acclaimed Diploma in Palliative Medicine, issued by Cardiff University. Funded by the Commonwealth Scholarship Commission (UK), over 80 doctors have successfully completed the program and several have gone on to undertake their Masters.

Karunashraya Projects

e-Learning course

A partnership between the Department of Palliative Medicine Cardiff University, Karunashraya, and eCancer has led to the development of an e-learning course. This course is available online and is free of cost. It includes 20 modules (one hour each) covering various aspects of palliative care such as management of different symptoms, communication skills and pediatrics. Palliative care experts from all over India have been involved in designing the course and the modules are set firmly within the Indian context.



Quality and Research

In our quest to continually improve our service, we have introduced clinical audit and evaluators of outcomes in different areas of our work.

Qualitative research has led to several publications. We provide opportunity to interns, post graduate students and PhD scholars in undertaking projects. In this regard, our collaboration with NIMHANS (a MoU signed in September, 2015) has been invaluable.



ASSOCIATED HOSPICES

We believe that our vast knowledge and expertise of looking after a large number of advanced cancer patients, over the years, can help hospices who are engaged in similar work. Towards this goal, BHT-Karunashraya is looking at providing guidance to other charitable bodies and training staff involved in palliative care. We have signed MoUs with hospices in Shimoga, Chennai, Puttur, Nagpur, Kallianpur, Vellore and Mangalore who are all functioning independently now. Doctors, nurses and counselors in these hospices have been trained at Karunashraya. We continue to act as consultants, helping them in their day-to-day issues and activities. BHT-Karunashraya will continue its role as a knowledge incubator by promoting the setting up of more associate hospices as well as conduct "Continuing Medical Education" (CME) for them.

Karunashraya does not derive any financial advantage from this program. It is purely a service oriented initiative

Events at Karunashraya



NEW ADMINISTRATION BLOCK



INAUGURATION OF THE NEW ADMINISTRATION BLOCK

BHT- Karunashraya celebrated its 17th Memorial Day on May 1, 2015. It was on this day in the year 1999 that we commenced our operations. This day is traditionally celebrated with our patients, their families and the families of our ex-patients. At the event, family members of our ex-patients spoke about the importance of hospice care and shared their experiences about the care and support they received at BHT-Karunashraya.

Another key development, on this day, we inaugurated our new administration block. The Chief Guest for the evening was Mrs. Sunanda, who is a 'Friend of Karunashraya' and donated the entire cost for construction of this new building. The evening witnessed a beautiful cultural performance by talented children from The Ramana Maharishi Academy for the Blind followed by dance performances by our nursing staff on Bollywood and Kollywood tracks.

COLLABORATION WITH NIMHANS

Karunashraya and The National Institute of Mental Health and Neurosciences (NIMHANS) signed a Memorandum of Understanding (MOU) on September 19, 2015 to collaborate on research and education. With this new association, we now have access to the vast research resources, medical acumen and proficiency of NIMHANS which will immensely help us to give care to our patients.



NAMMA BENGALURU AWARD



Mr. Kishore Rao, Chairman, BHT- Karunashraya was honored with the 'Namma Bengaluru Award 2015' (in the Individual Citizen of the Year category) for his outstanding contribution, unstinted dedication and continued service in improving the quality of lives of the advanced stage cancer patients, through palliative care.

WORLD HOSPICE DAY



The World Hospice & Palliative Care Day was celebrated on 8, October, 2015. The theme for 2015 was 'Hidden Lives, Hidden Patients'. The event was celebrated at BHT- Karunashraya, in collaboration with Banana Boat as well as Blue Mangoes (event management team). For this occasion, we invited Vasundhara Das, a popular singer for a musical concert. It was a soothing musical evening for patients and everyone at the hospice.



The second edition of Karunashraya's annual fundraiser 'Colorthon' was held on 19th March, 2016. Renamed 'Rang Barse', the fundraiser was an opportunity for our patrons to play with organic colors and savor various delicious food items. A professional DJ was invited to entertain the gathering.

RANG BARSE - 2016

TCS WORLD 10K MARATHON 2015

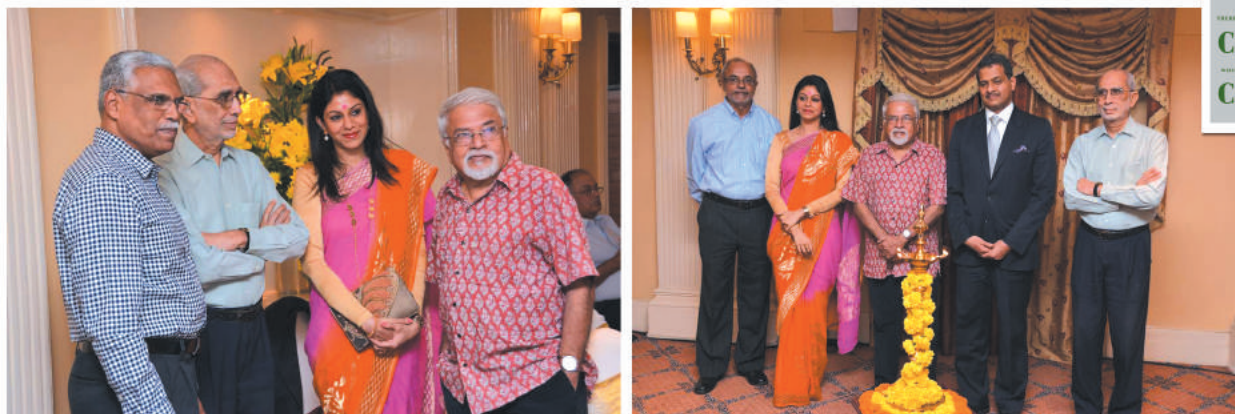
"There's a greater need for care when there's no hope of cure", this powerful message was spread by BHT-Karunashraya's team of 22 high-spirited runners at the TCS World 10K Marathon, held on 10th May, 2015. By participating in the marathon, they not only had the opportunity to spread awareness about our hospice but also had a very exciting time. It also provided us with an opportunity to raise funds through various platforms.



FUNDRAISING EVENT - THE S-E-L EXTRAVAGANZA



The "Harmony with Shankar-Ehsaan-Loy" fundraising extravaganza organized by Blue Mangoes and Banana Boat Entertainment Network, in aid of Karunashraya, on September 11, 2015, at Phoenix Market City, was a runaway success. It was a musical treat to hear Shankar's live rendition of some of the most popular Bollywood hits that the trio have composed in their career spanning 18 years. His spontaneity, his wit and connection with the crowd was amazing. It was an evening to cherish forever.



OUR SUCCESSFUL ART EXHIBITION

"Art is not what you see, but what you make others see."- Edgar Degas. Karunashraya's first ever Art Exhibition was held at ITC Windsor Hotel on 27th May 2015. Renowned artist Mr. S. G. Vasudev and a 'Friend of Karunashraya' displayed his selected art work at the opening night. He also used this opportunity to inform the august gathering, which included prominent literary figures, eminent media professionals and artists, about the services offered by Karunashraya. His paintings were sold at a special price and the collection was donated to our hospice.

DANDIYA BEATS -FUNDRAISER

Karunashraya organized a fundraising event 'Dandiya Beats' during the Navratri festival on 17th October 2015. Corporates, volunteers and well-wishers celebrated dandiya with us. They also savoured the authentic navratri food.



SANTA'S DAY OUT



Early December 2015, BHT- Karunashraya for the first time organized an event to celebrate Christmas. The event was attended by Devith Band Group, Vydehi school children and participants from Laughter club. Participants sang Christmas carols to make the yuletide memorable.

ART FUNDRAISING

Mr. Avinasha, an art promoter and his students from 'In the name of Meera' organized a fundraising event at BHT- Karunashraya. Hundreds of young artists came together at BHT- Karunashraya to exhibit their talent and bring their canvases to life with colors. The objective was to make an impact on society through creativity.



Hundreds of young artists came together at BHT- Karunashraya to exhibit their talent and bring their canvases to life with colors.

COMEDY SHOW AT KARUNASHRAYA



June 23, 2015 was a day of laughter at Karunashraya, courtesy Mr. Dayanand, a well-known figure in the Kannada film industry and theatre scene. The day was remarkable for his rib-tickling comedy and mimicry performance for our patients and staff. His comic timing was perfect and the fact that he made spectators laugh at situations we face in our everyday lives, made him connect better with the gathering. Mrs. Girija Lokesh, a stalwart in the Kannada film industry, was also present at the event. It was a joyful moment for our patients and staff to have her in the hospice and interact with her.



INDEPENDENCE DAY

We celebrated our 69th Independence Day on August 15, 2015 by hoisting the tricolor. Ms. Kavya, a well-known artist from the Kannada theater industry and an acclaimed classical dancer performed Bharatanatyam to entertain our patients and staff on this occasion.



ONAM CELEBRATION 2015

Onam was celebrated at BHT-Karunashraya on the 28th of August, 2015. The traditional 'Onam Sadhya' was enjoyed by patients and staff. It was also an opportunity for our staff to dress-up in traditional attire.

RAKSHABANDHAN

A team from D. S. Research Center visited Karunashraya and celebrated Raksha Bandhan by tying 'rakhis' to patients. Patients were highly moved by this gesture and whole-heartedly wished and blessed the members of D. S. Research team.



NEW YEAR CELEBRATION 2016

The year started on a fresh note with various entertainment programs. The Inner Wheel Club of Bangalore Orchards stitched together a splendid and exhilarating program.



WORLD CANCER DAY

On February 4, Karunashraya celebrated World Cancer Day to salute the spirit of cancer survivors. A cultural event was organized by D.S. Research Centre to celebrate the occasion.

PHOTO GALLERY



INDIAN ASSOCIATION OF PALLIATIVE CARE

Team Karunashraya had a strong representation at the International Conference of Indian Association of Palliative Care (23rd edition), organized by the Indian Association of Palliative Care (IAPC) at Pune in the month of February 2016. Our representatives participated in various discussions, sessions and programs to share experiences as well as to stay abreast with the various developments in palliative care globally. It was also an appropriate platform to create awareness about BHT-Karunashraya and highlight its work in the field of palliative and end-of-life care.



PSYCHODRAMA WORKSHOP

BHT-Karunashraya participated at a Communication Session conducted by Prof. Jochen Becker-Ebelon February 06, 2016. The theme for this session was Psychodrama, a novel approach in Palliative Care Communication. The session witnessed excellent participation from leading hospitals / NGOs in Bangalore.



CLINICAL TALKS, WORKSHOPS AND CAMPS



In today's fast-paced world, due to extensive research and advancements in technology, it is important for our medical team to stay abreast with the latest developments. At Karunashraya, our constant endeavor has been to keep our doctors, nurses and health assistants updated on new developments in medical science, especially in the field of palliative care and cancer. Participation in clinical talks, seminars and workshops form an integral part of our events calendar.

COMMUNITY OUTREACH

The Public Relations and Social Worker teams visit schools, colleges, hospitals and corporates to deliver talks and generate awareness about BHT-Karunashraya. The objective is to spread awareness about cancer, palliative care and about the services rendered at BHT-Karunashraya to garner necessary support.

In the past year, BHT-Karunashraya has put up awareness kiosks at Ferns Paradise (a gated community), New Horizon College and at Deloitte campus. The response was overwhelming at each of these locations. People came forward enthusiastically to know more about our services and for collaboration / volunteering opportunities.

GRADUATION CEREMONY OF NURSING AIDES (21ST BATCH)



Eight young girls, belonging to the 21st batch of The Nursing Aides Training Program, successfully graduated in 2015-2016. The Program provided a platform for them to realize their aspirations related to rendering service to mankind. It was fulfilling to see how these inexperienced and shy young girls, who joined us six months ago, appeared now to be confident enough to make a positive difference and bring (some) relief in the lives of our patients, through their knowledge and skills. For us at BHT-Karunashraya, it was a proud moment to see these young girls transform into confident, independent and spirited young women.

SENSITIZING STUDENTS WHEN THEY ARE YOUNG

Over the last three months, nursing students from Kidwai Memorial Institute of Oncology (KMIO), Indira Gandhi National Open University (IGNOU) and Narayana Health College (NHC) visited BHT-Karunashraya to study the concept of hospice and various nursing practices followed in a palliative care setup and this also creates awareness on Palliative Care and Hospice Care.

An enthusiastic group of MBA students from New Horizon College also visited us to learn about palliative care and put together an entertainment program that our patients and staff appreciated.



JOY OF GIVING CAMPAIGN

BHT-Karunashraya organized the 'Joy of Giving' campaign in the month of October, 2015 in a very unique way. Employees at various corporate houses were greeted with a large wish tree when they walked in to their cafeteria for a quick lunch. The tree had wish cards, each representing a need at our hospice. The blue wish bearing tree turned into a yellow smile-filled tree which denoted wishes that were fulfilled.



BHT-Karunashraya actively conducts various fund-raising initiatives and awareness programs at corporate houses. This gives us a very good platform to spread our message to many people from various socio-economic backgrounds.

CORPORATE SOCIAL RESPONSIBILITY INITIATIVES

BHT-Karunashraya recognizes the active participation of corporate houses (as part of their Corporate Social Responsibility initiatives) in organizing various cultural programs, assisting in cooking meals for patients, helping out with various routine chores at the hospice, putting together games for our patients and staff as well as organizing day-trips for our nursing staff. Our diversion therapy for patients would not have been complete and successful without the involvement of the corporate houses and their employees. We wish to thank each of the companies listed below for their participation through various events at our premises throughout the year - Allstate, Akamai, Adobe, Accenture, Broadcom, Creative Media Plus, Citrix, Cisco, Carlson Wagonlit Travel India, Capgemini, Dell, Deloitte, Dreamworks India, D. S Research Center, Ernst & Young, Fico, Fossil Foundation, Huawei, ITC, Intel, IBM, Incture Technologies, Novo Nordisk Pvt. Ltd, Oracle, Saber, Sales Force, Tecnotree and Tata Coffee.



CHARITY SHOP

The charity shop at BHT-Karunashraya celebrated its 4th anniversary in February 2016. The shop was set up in 2012 by a group of enthusiastic volunteers who set forth the idea. The charity shop has been a key contributor to the fund raising initiatives at our hospice thus supporting our operations.



CAPACITY DEVELOPMENT

Doctors at BHT-Karunashraya also contribute their time towards the development of our nursing staff. Dr. Lipika conducts programs every week to train our nurses and enhance their knowledge on various topics such as patient symptoms, symptoms control, assessment on the emergence basics, basic drugs and basic nursing care.



VOLUNTEER GROUPS



Our volunteer groups, including various individuals and associations deserve special mention and acknowledgement for engaging with us and supporting our cause. Our volunteers are the ones who take time out of their daily schedules to visit us and in their own way assist us in the functioning of the hospice, without expecting anything in return. We are truly indebted to all the volunteers who have associated with BHT-Karunashraya during the last year. We would also like to thank few volunteering groups who have worked closely with us in various areas: SRR, Share a Smile, Sanman and Youth for Seva.

CASE STUDY

Abdul (name changed) was an ambitious 21 year old working as a sales executive in a private company. He studied till 7th std and discontinued his studies as he had lost interest. Everything seemed alright in his life and he had made plans for his future. One day he started to have severe stomach pain and was taken to the hospital. He was initially suspected to be suffering with an inflamed Appendix and was advised to undergo surgery. However after being taken into the OT, the doctors diagnosed him with Carcinoma Colon. He did not know what was happening to him and why the surgery was not performed.

He started to feel very depressed as he was a very active person. He liked to look smart and was very conscious about his dressing. But now with his health taking a turn for the worse and the colostomy bag, was worried that he cannot dress up like before.

He came to Karunashraya as his health worsened. After coming here his family members requested the counsellor not to reveal the truth to their son as they feared that he cannot accept it. The counsellor discussed the case with the medical team and medical director because they noticed during the initial counselling that he was a person with a lot of dreams and ambitions.

The whole team was confused and everybody was in a dilemma of whether to reveal the truth or not. The counsellor, the medical director and the entire medical team decided to counsel the family and they got convinced and agreed to reveal it to their son. The counsellor started to give him hints about his health as it could not be told very abruptly. During these sessions Abdul expressed his desire to meet his ex girlfriend and also his best friend with whom he had not spoken to for quite a while now as they had cheated on him. He also wanted to apologise to his parents for hurting them.

The counsellor made necessary arrangements for him to meet his ex girlfriend and his best friend. He and his family were given space to share his feelings with them.

Recently during a counselling session Abdul insisted to the counsellor that he wanted to know what was happening to him as he could feel that his health was not getting better. The counsellor revealed his diagnosis and prognosis after which he broke down and wept alot. It also took alot of time for him to accept the facts.

Now he has started to accept his health condition and says that "it is in Allah's hands whether to keep me or take me." His family was very supportive, which made him a strong person even at the time of death.

During the counselling they noticed that he was a person with a lot of dreams and ambitions



TESTIMONIALS

May I take this opportunity to bring to your attention, the excellent care my father received as an in-patient, in your hospice. I cannot praise the care and attention he received from all of the staff on the ward, from Health Care Assistants to the Sister, everyone on the ward made his stay exceptional, nothing was a "bother" to them. THANK YOU seems such a small word to convey how we all feel.

- Patient attender

"Your staff helped us as a family to understand the importance of a family – how each member deals with the final months of a loved one and how each has a role to comfort the other. Thank you"

-the Daughter of Karunashraya Patient

Karunashraya, the name that always takes me back to the time I volunteered there and makes me miss it deeply. Whether you're a volunteer or a patient, the place ends up becoming your second home. Not many places have a peaceful and serene environment to work in and being a person who looks for peace at work, I indeed found it here. The staff always carries a beautiful smile, even during the hardest of times, and are friendly, making you feel like you're one of them. Working with them was easy and definitely filled with fun. I carried back an unforgettable and a wonderful experience. This place will always be close to my heart and of course, I'll always be home sick.

-Karunashraya Volunteer

I'm very happy to have worked in Karunashraya because this place made me feel like I am at home and not once did I feel like I'm at an office.

- Karunashraya Office Assistant

We have volunteers working in:

Patient care

Complementary therapies

Creative therapy support

Reception support

Admin support

Gardening

Housekeeping support

Kitchen support

Fundraising

Nursing support

Event support

Awareness support

Donations of 2,00,000/- and above in 2015-2016

Sl.No	DONOR NAME	AMOUNT
01	THE HANS FOUNDATION	1,32,97,790
02	MS. SUNANDA SEETHARAM	18,27,322
03	M/S. CITRIX R&D INDIA PVT. LTD.	9,12,000
04	M/S. TTK PRESTIGE LIMITED	9,00,000
05	MR. ANTHONY DA COSTA	8,40,000
06	M/S. UNITED WAY BENGALURU	7,18,336
07	DR. SYED AHMED MEMORIAL CHARITABLE TRUST	5,50,000
08	SMT. RAJESHWARI BAI. V	5,06,000
09	MRS. UJWALA KISHORE	5,00,000
10	M/S. GLAXOSMITHKLINE PHARMACEUTICALS LTD.	5,00,000
11	M/S. INFINERA INDIA PVT LTD.	5,00,000
12	M/S. ASHIRVAD PIPES PVT. LTD.	4,75,000
13	M/S. NET RESOURCES INVESTMENTS PVT. LTD.	4,50,000
14	MR. RAGHUVeer S. SIMHA	3,10,500
15	MR. VIVEK NAGARKATTI	3,00,000
16	MR. M.S. RAKSHA RAMAIAH & MR. M.S. SUNDER RAM	3,00,000
17	M/S. NOVO NORDISK SERVICE CENTRE INDIA PRIVATE LTD.	2,79,169
18	MR. SUNNY ANTONY PADACHERIL	2,52,000
19	MR. JAYARAJ MICHAEL	2,20,000
20	CANCER INTELLIGENCE	2,17,120
21	DR. V.V. CHALLAM	2,00,000
22	MR. GOPINATH VISWANATHAN	2,00,000
23	MR. AMIT AJMANI	2,00,000
24	DR. ILLANA CARIAPA	2,00,000
25	MR. VENUGOPAL NALLAMALLI	2,00,000
26	MRS. SHASHI ARORA	2,00,000
27	M/S. R. JHUNJHUNWALA FOUNDATION	2,00,000
28	M/S. ANITHA AGENCIES	2,00,000
29	MS. MEENA REDDY	2,00,000
30	MR. BHASKAR REDDY BYREDDY	2,00,000
31	Mr. BHARAT TACKER	2,00,000
32	SRI SUBRAMANYASWAMY TEMPLE TRUST	2,00,000
33	M/S. TOTAL ENVIRONMENT CONSTRUCTIONS PVT LTD.	2,00,000

SALARY

SALARY

Slab of gross salary (in INR) plus benefits paid to staff (per month)	Male Staff	Female Staff	Total Staff
Less than 5000	0	0	0
5,000 - 10,000	3	59	62
10,000 - 25,000	10	28	38
25,000 - 50,000	3	5	8
50,000 - 1,00,000	1	2	3
Greater than 1,00,000	2	0	2
TOTAL	19	94	113

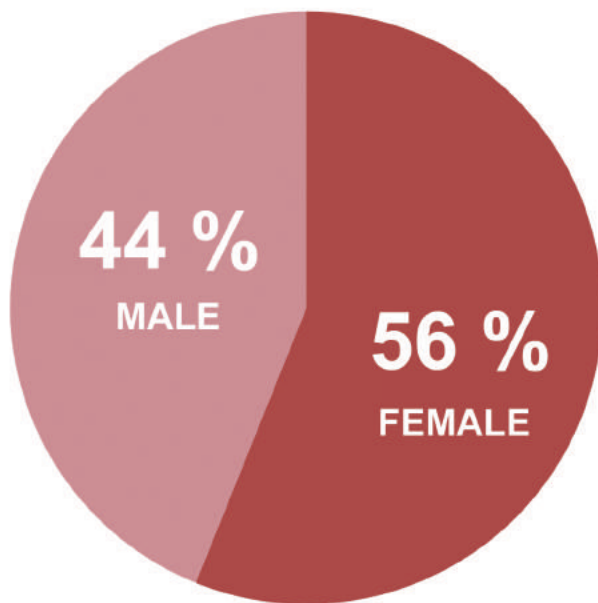
- Highest paid staff salary during the year Rs.17,35,258/-
- Lowest paid staff salary during the year Rs. 80,841/-



The board of Trustees offers their services on honorary basis. Total amount paid to the Trustees for the year ending 31st March, 2016 stands at Rs. 0/- (Rupees Zero)

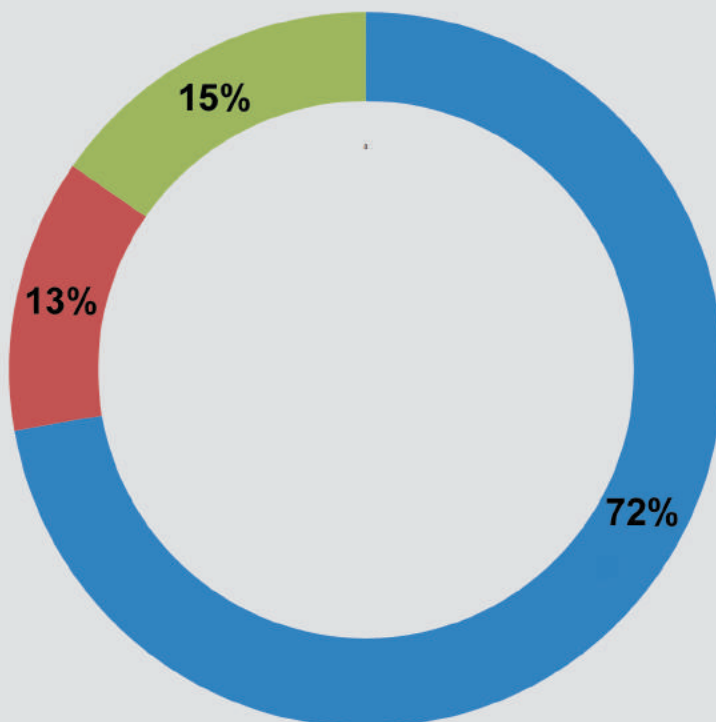


GENDER



MALE - 608

FEMALE - 773



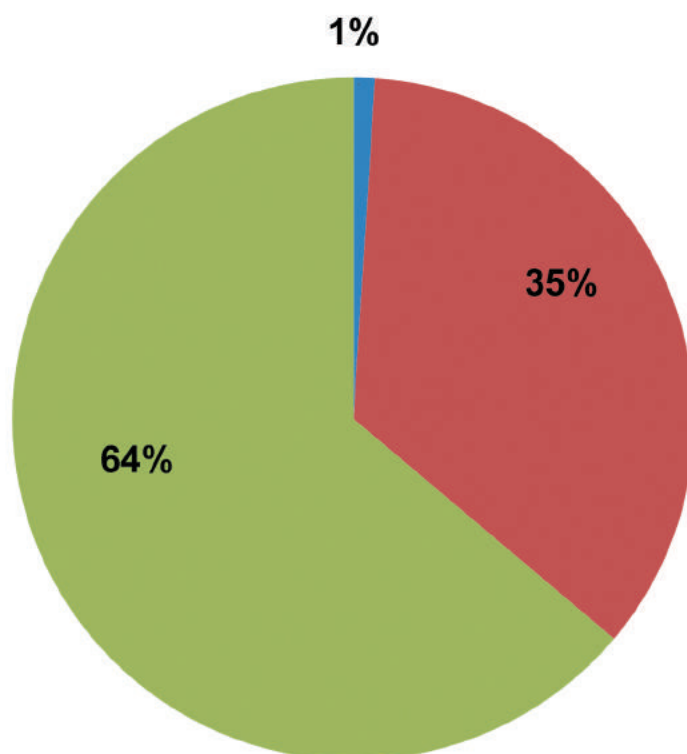
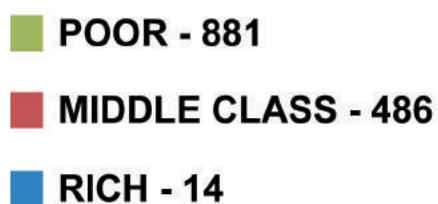
- CHRISTIANS - 212
- HINDUS - 998
- MUSLIMS - 171

RELIGION

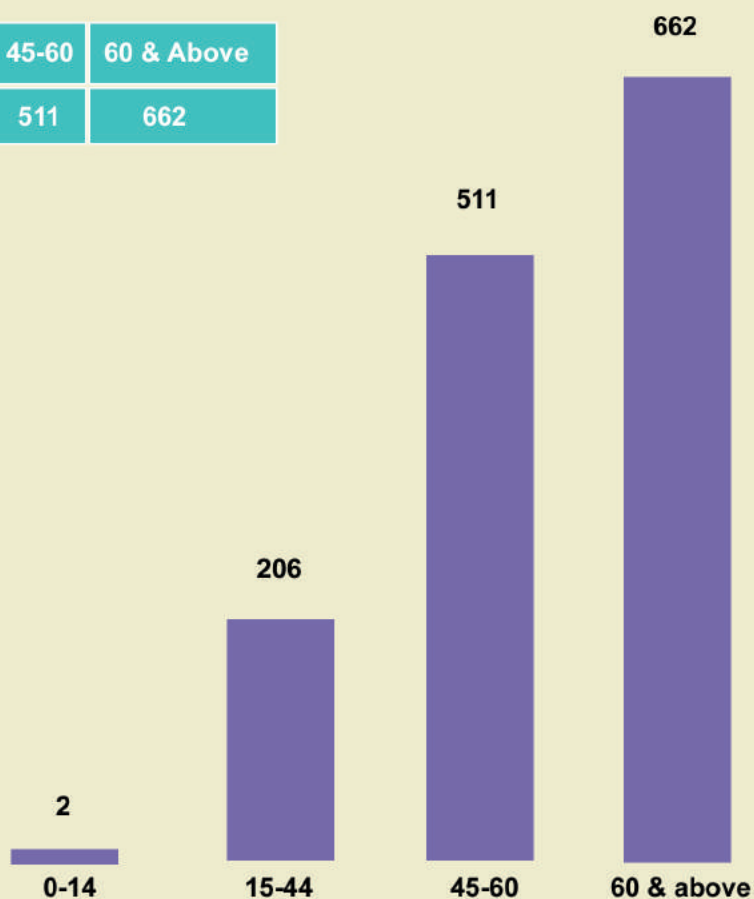
IN-PATIENT

ECONOMIC PROFILE

IN-PATIENT



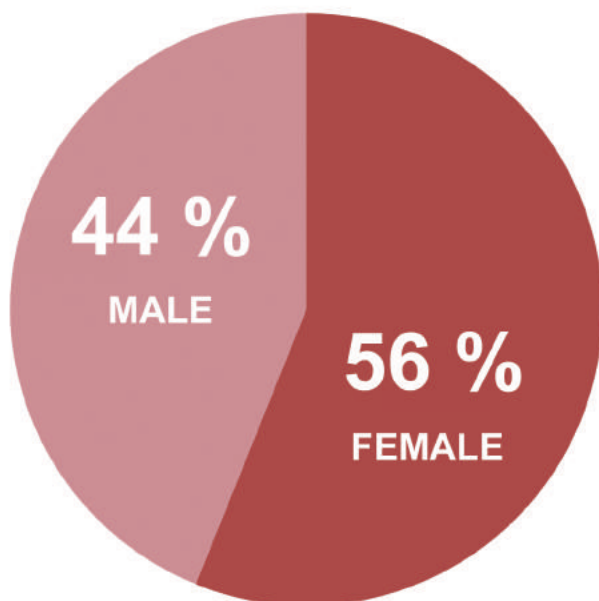
Age Group	0-14	15- 44	45-60	60 & Above
No. of Patients	2	206	511	662



AGE GROUP



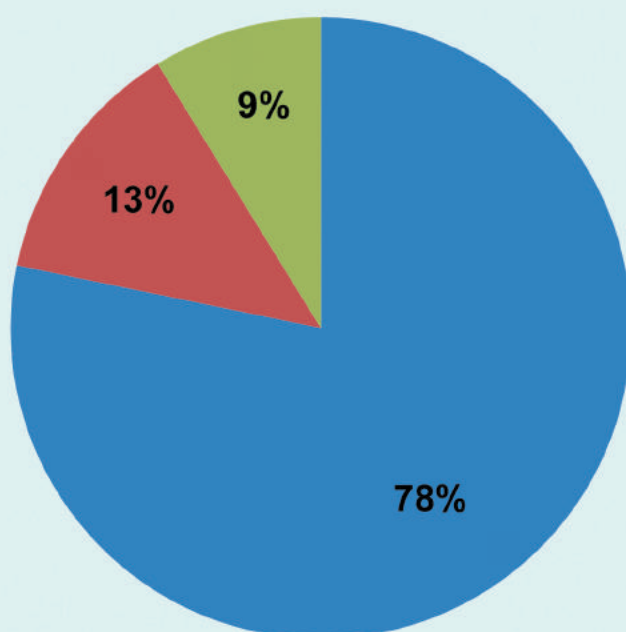
GENDER



MALE - 84

FEMALE - 109

CARE



HINDUS - 151

MUSLIMS- 25

CHRISTIANS - 17

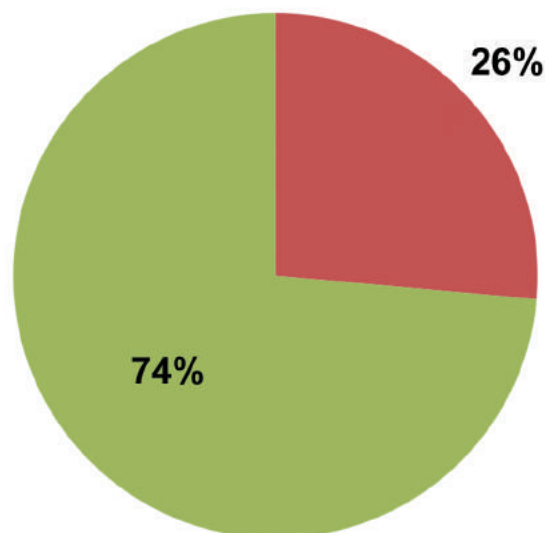
HOME

RELIGION

ECONOMIC PROFILE

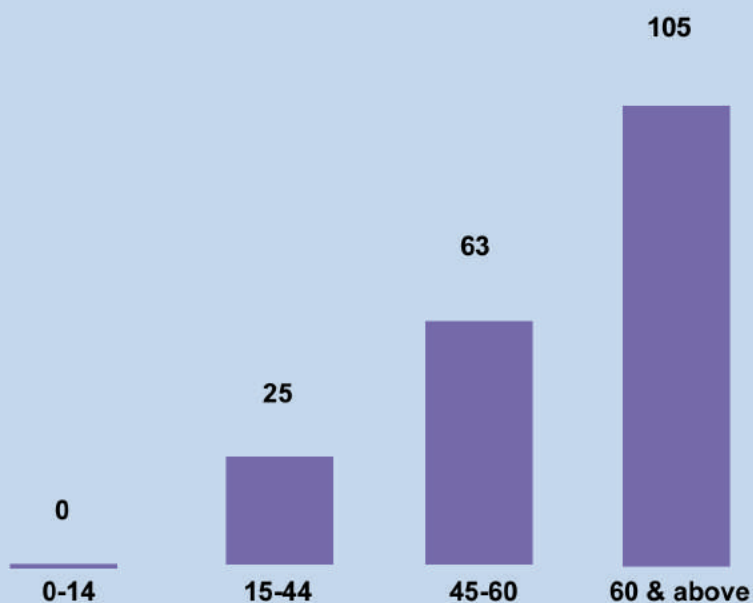
CARE

- POOR - 142
- MIDDLE CLASS - 51
- RICH - 0



HOME

Age Group	0-14	15- 44	45-60	60 & Above
No. of Patients	0	25	63	105



AGE GROUP

25

Audited Accounts

BANGALORE HOSPICE TRUST

Balance Sheet as at 31st March

(All amounts in INR)			
Particulars	Note No.	2016	2015
Sources of Funds			
Capital Funds	1	31,52,89,678	27,71,36,423
Current Liabilities	2	31,45,819	15,13,910
		31,84,35,497	27,86,50,333
Application of Funds			
Non Current Assets			
Fixed Assets	3	1,65,13,398	1,25,96,227
Capital Work-In-Progress		1,70,83,130	72,35,339
Non-Current Investments	4	13,81,59,000	6,21,00,000
Long-term Loans & Advances	5	5,16,625	10,01,437
Current Assets			
Current Investment	6	1,80,00,000	85,00,000
Cash & Cash Equivalents	7	11,40,19,490	17,71,60,101
Short term Loan & Advances	8	53,80,895	56,63,267
Other Current Assets	9	87,62,959	43,93,962
Total		31,84,35,497	27,86,50,333

Significant Accounting Policies and Notes to Accounts - Note 15

As per our report of even date attached

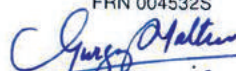


GURMEET SINGH RANDHAWA
Managing Trustee
Managing Trustee



DR. S. N. SIMHA
Trustee
Authorised Signatory

For **VARMA & VARMA**
Chartered Accountants
FRN 004532S



GEORGY MATHEW
Partner
M. No. 209645

Place: Bangalore
Date: 15/10/2016



Place: Bangalore
Date: 15/10/2016

Audited Accounts

BANGALORE HOSPICE TRUST

Income and Expenditure Account for the year ended 31st March

(All amounts in INR)			
Particulars	Note No.	2016	2015
Income			
Donations Received	10	2,99,11,064	4,39,10,445
Interest Received	11	2,37,24,738	2,02,66,385
Other Receipts	12	19,24,336	18,72,307
Total Income		5,55,60,138	6,60,49,137
Expenditure			
Employee Benefits Expenses	13	1,84,17,157	1,24,57,958
Other Expenses	14	2,08,77,961	1,69,48,248
Depreciation Expense	3	21,30,325	15,99,376
Total Expenditure		4,14,25,443	3,10,05,582
Balance of Income over Expenditure / (Expenditure over Income) for the year transferred to general fund		1,41,34,695	3,50,43,555

Significant accounting policies and Notes to Accounts - Note 15

As per our report of even date attached

For VARMA & VARMA
Chartered Accountants
FRN 004532S



GURMEET SINGH RANDHAWA
Managing Trustee
Managing Trustee



DR. S. N. SIMHA
Trustee
Authorised Signatory



GEORGY MATHEW
Partner
M. No. 209645

Place: Bangalore
Date: 15/10/2016

Place: Bangalore
Date: 15/10/2016



Receipts and Payments Account for the year ended 31st March

Audited Accounts

BANGALORE HOSPICE TRUST

Receipts and Payments Account for the year ended 31st March


						(All amounts in INR)	
Receipts	2016	2015	Payments	2016	2015		
			Closing Balance				
			Cash in Hand	M	42,944	1,68,708	
			Balances with Banks				
			- in Savings Bank Accounts				
			FCRA 35010250267	23,62,160	-		
			FCRA Fund SBI 10447354583	-	17,59,077		
			GSK Fund SBI 32346710045	-	5,95,550		
			NRTT Fund BOI 843410110009358	4,845	8,10,241		
			Axis Bank 4671	-	2,84,357		
			Axis Bank 6811	43,238	63,219		
			Axis Bank SB 779	-	2,49,411		
			ICICI Bank 4122	704	3,70,704		
			IDBI 1004102000005548	23,85,380	-		
			Indusind Bank 100026150834	1,69,052	2,90,321		
			State Bank of India 34918990800	1,60,06,222	-		
			State Bank of India 10002441224	-	1,75,69,152		
			Hdfc A/c No 50100063531501 New	-	40,76,169		
			- in Deposit Accounts				
			Fixed Deposits - IDBI	55,00,000	-		
			Fixed Deposits - SBI	59,44,848	1,31,53,622		
			HDFC Fixed Deposit	10,57,00,000	12,31,00,000		
			ICICI FD 016914050951	13,687	13,687		
			Punjab & Sind Bk Fixed Deposit	50,37,046	82,87,519		
			SBI Indiranagar Deposit	30,00,000	30,00,000		
			SBI-Jayanagar Fixed Deposit	27,68,364	27,68,364		
			HDFC Deposit Indira Shivashankar	6,00,000	6,00,000		
			N	14,95,35,546	17,69,91,393		
A+B+C+D	25,67,89,545	24,57,13,487	E+F+G+H+I+J+K+L+M+N	25,67,89,545	24,57,13,487		

As per our report of even date attached


GURMEET SINGH RANDHAWA
Managing Trustee


DR. S. N. SIMHA
Trustee

Place: Bangalore
Date: 15/10/2016

For VARMA & VARMA
Chartered Accountants
FRN 004532S

GEORGE MATHÉW
Partner
M. No. 209645

Place: Bangalore
Date: 15/10/2016



Audited Accounts

BANGALORE HOSPICE TRUST

Notes forming part of the financial statements for the year ended 31st March 2016

Notes – 15

Significant accounting policies and Notes to Accounts

Significant accounting policies

- Basis of preparation of financial statements**
Financial statements have been prepared under the historical cost convention on mercantile basis in accordance with the applicable accounting standards and other generally accepted accounting practices as adopted and consistently followed by the Trust.
- Investments**
Investments are carried at lower of cost of acquisition and face value. Provision is made if in the opinion of the management, there is permanent decline in value of these investments.
- Fixed Assets**
Fixed assets are valued at cost of acquisition less accumulated depreciation.
- Depreciation**
Depreciation on fixed assets is charged at written down value (WDV) at the rates prescribed in the Income Tax rules, 1962.

Notes to Accounts

- The Bangalore Hospice Trust was set up in October 1994 by the Indian Cancer Society, Karnataka Branch and the Rotary Bangalore Indira Nagar. The Trust is approved under sections 35 AC and section 80G of the Income Tax Act, 1961 and has a valid registration under the Foreign (Contribution) Regulation Act, 1976 (FCRA)
The trust provides:
- Hospice Care, also called Palliative Care at its Fifty Six bed facility "Karanashraya"
- Home Care and
- Palliative Care Education
The main source of funds is the collection of donations for the object of the trust.
- The value of Land on lease from Government of Karnataka is not included in the Fixed Assets. The annual lease rent is charged in the accounts each year against advance lease rent paid.
- Donation domestic includes anonymous donations collected through boxes amounting to Rs. 82,399/- which is well within the 5% limit prescribed for taxing these donation u/s 115 BBC of the Income Tax Act.
- Donation in kind such as provisions and durables estimated at Rs.39,70,918/- (PY Rs. 31,58,320/-) have not been reckoned in the accounts.
- Previous Year figures have been regrouped and rearranged wherever necessary so as to make them comparable with those of the current Year.

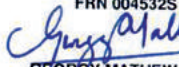
(Signatures to Note 1 to 15)

As per our report of even date attached


GURMEET SINGH RANDHAWA
Managing Trustee
Managing Trustee

Place: Bangalore
Date: 15/10/2016


DR. S. N. SIMHA
Trustee
Authorised Signatory

For VARMA & VARMA
Chartered Accountants
FRN 004532S

GEORGE MATHEW
Partner
M. No. 209645

Place: Bangalore
Date: 15/10/2016



OUR SUPPORTERS



THE HANS FOUNDATION



Mindspace Architects



CITRIX R&D INDIA PVT. LTD



Glaxo Smith Kline



Novo Nordisk India



TTK PRESTIGE LIMITED



AXA TECHNOLOGY SERVICES



INTEL



Infinera India Pvt. Ltd



Deloitte

Acknowledgements

We would like to thank all our patrons, well-wishers, volunteers and everyone who has been associated with us for their continued support.



ANNUAL REPORT 2015-2016

www.karunashraya.org

FREE PROFESSIONAL PALLIATIVE CARE FOR ADVANCED STAGE CANCER PATIENTS

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info@karunashraya.org